



THE BRAINWASHING OF AMERICA

How Americans Have Been Led Into Socialism



THE BRAINWASHING OF AMERICA

How Americans Have Been Led Into Socialism

“There are two major political parties in America today: Republicans (Fascists) and Democrats (Communists). The Fascists are National Socialists—NAZIs. The Communists are Global Socialists—Marxists. Each is leading America into Socialism under orders from their masters. After reading this essay, you will understand why neither is worth having.”

Former Intelligence Officer

How does the technique work? It may, for instance, be applied to some easily discoverable public concern. To answer the need, a piece of "enabling legislation" is suggested, carrying no authority, expressed or implied. It sets up an "agency." The agency, once established, follows normal agency behavior. The need becomes more precisely defined. A modicum of authority is requested. Pressures are organized, artificial and real, from "above" and from "below." The requested authority is voted, and pressures wane. In due course, further authority is suggested, and new coalitions of pressure appear. All in good time an Authority is there, self-contained; a new instrument of power has arisen, sufficient unto itself. This instrument may be local, regional or nationwide. Its key word is Authority. In the beginning, this word is seldom employed.

By such parliamentary means a democratic and representative government can be made authoritative, legally, and piece by piece. The form remains, an empty shell. Its philosophy and its content are gone. The person, the individual, who one year is free and independent, is next year just a little more restricted. Then a little more, and a little more. ***Suddenly, overnight, he no longer is a person. He is a cog, being moved inexorably by the monolithic machinery of the State.***



THE BRAINWASHING OF AMERICA

THE BRAINWASHING OF AMERICA

"Brainwashing is a system of befogging the brain so a person can be seduced into acceptance of what otherwise would be abhorrent to him. He loses touch with reality. Facts and fancy whirl round and change places.... However, in order to prevent people from recognizing the inherent evils in brainwashing, the Reds pretend that it is only another name for something already very familiar and of unquestioned respect, such as education or reform."

Edward Hunter, *Brainwashing* (New York: Pyramid Books, 1956), pages 185-186)

If you have read our articles on Brave New Schools or followed the implementation of Goals 2000 -- the massive education program signed into law by President Clinton in 1994 -- you would know that "education reform" has turned our education system upside-down. Our master plan comes from UNESCO, which published the blueprint for "lifelong learning" in 1973. The six goals announced by UNESCO at its World Conference on Education for All in 1990 became the original six goals for the American version of the global education system (See "Zero Tolerance for Non-Compliance").

Back in 1985, President Reagan and Soviet President Gorbachev signed the U.S. - USSR Education Exchange Agreement. It put American technology into the hands of Communist strategists and, in return, gave us all the psycho-social strategies used in Communist nations to indoctrinate Soviet children with Communist ideology and to monitor compliance for the rest of their lives.

The parallels between the Soviet education system and our Goals 2000 have been well documented by researchers such as James Patrick.¹ But few have recorded the practical horrors of Communist brainwashing more thoroughly than did Edward Hunter in his book, *Brainwashing*.

²

It's time to take a closer look at the well-tested tactics used by Communist regimes to alter minds and create "the new Soviet man," for it's happening here. Once the international system is fully in place, neither we nor our children will remain free from socialist indoctrination and unthinkable controls. It's all part of Goals 2000, the school-to-work legislation, and the process of "lifelong learning" which is essential for building the planned "sustainable communities"

THE BRAINWASHING OF AMERICA

around the world.

Edward Hunter based most of the following observations on personal interviews with victims of the Chinese "education reform". These survivors include Western missionaries, prisoners of war, teachers, and business men who were trained through cruel but sophisticated "brainwashing" tactics to betray their nation, embrace dialectic materialism, "confess" lies, and serve the Communist propaganda machine. Later, we will show how some were able to resist the process.

Compare Mr. Hunter's findings with present-day realities. Notice the references to words such as "democratic" and "discussion." Both point to the quest for social solidarity through the Hegelian dialectic or consensus process now used to mold minds through group facilitators in our schools, government, and workplaces from coast to coast.

A NEW KIND OF WAR!

"This was war! Some called it psychological warfare. A better name would be brain warfare. The only difference was that formerly weapons were aimed principally at bodies, to incapacitate and destroy them, whereas now they were aimed mainly at minds, so subvert and control them. In brain warfare ultimate victory lay in the conquest of attitudes and feelings." (p. 47)

"The Reds wanted people to believe that it could be described by some familiar expression such as education, public relations, persuasion - or by some misleading term like mind reform and re-education." (p. 5)

GROUP LEARNING, EMPHASIS ON SHARING FEELINGS

"...classes had virtually stopped. Varieties of 'learning' meetings were taking up all the time. The students were working on confessions, as were many of the faculty members." (p. 50)

"Meetings were being held in vacant rooms and open spaces wherever a group could gather to discuss, self-criticize, and confess." (51)

DIALOGUE, CONSENSUS PROCESS, DESTROY FACTUAL BASIS FOR RESISTANCE

"They went about this in the 'democratic discussion' manner this was the new principle of unanimity. He felt so tired that his minds did tricks on him. he kept him so dreadfully tired all the time. God knows how little sleep he got." (43)

"What was truth anyway? Nobody knew. What was false. Others had confessed the same as he. Everyone couldn't be wrong. Could they? Weren't they all one team A collectivity." (44-45)

PURGE MINDS OF TRADITIONAL VALUES

"They work then on persuading the prisoner to rid his mind of the 'bourgeois poison' he had been carrying about of seeing good on all sides! That is patently ridiculous, they point out to this weary mind. Their patient then is taught that there is good only on one side, that the other is 'all bad' and the enemy. When an individual reaches this upside-down stage in his theorizing, he can then be freed." (198)

TRAIN EVERYONE FOR VOLUNTARY COMPLIANCE

"The long-range objective of brainwashing is to win converts who can be depended on to react as desired at any time anywhere. This is the inside-out meaning they give the word voluntary and is why they condemn free will with such ferocity, for its existence is basically inconsistent with communism.

"Even when he stands by himself, the truly indoctrinated communist must be part of the collectively. He must be incapable of hearing opposing ideas and facts, no matter how convincing or how forcibly they bombard his senses. A trustworthy communist must react in an automatic manner without any force being applied. Only then is he the 'new Soviet man' that Lenin foresaw." (184)

"Brainwashing was made up of two processes.

THE BRAINWASHING OF AMERICA

* One is the conditioning, or softening-up, process primarily for control purposes.

* The other is an indoctrination or persuasion process for conversion purposes." (182)

"[Conditioning and indoctrination] operate strictly within the 'practical' framework of dialectical materialism, which recognizes only power. They want to make sure that their followers will not grab the first opportunity to turn against them. That is the dilemma they have been unable to solve short of creating a 'new Soviet man' with the instinctive obedience of the termite instead of a free will which is subject to reasoning faculties and is therefore never 'reliable'." (183)

SCIENCE, ZEAL, and PSYCHIATRY:

"The methods used to make 'learning' and confession palatable and workable are borrowed freely from ... evangelism, psychiatry and science. The language and ideals of each other these fields were taken over and given new meanings and new interpretations in accordance with communist need. Brainwashing is a combination of this fake evangelism and quack psychiatry in a setting of false science." (202)

EARLY CHILDHOOD TRAINING -- Infant and preschool conditioning

"The only real guarantee for this was to grab a baby from its cradle and then to keep it all its life from the slightest contact with outside ideas or places, so a subversive word can never enter its ego." (184)

PURGE BIBLICAL HOPE & ABSOLUTES

(Today, China continues to outlaw certain biblical truths dealing with our eternal hope)

"The achievement of this submission is the immediate short-range objective of brainwashing. The man does not have to be a true believer so long as he is convinced that he has no alternative to following Red instructions. Hope -- the prospect of any alternative in life, no matter how slim -- must be wiped out of his mind entirely before communism can feel safe with him." (184)

"The hopelessness-inevitability line permeates communist strategy everywhere." (196)

DOUBLE-TALK and NOBEL EUPHEMISMS

"The Party's own name is one of its most striking examples of double-talk. Communism is sheer power system, gang rule with modern appliances. So long as the individual submits unquestioningly, he is what is referred to as a "disciplined Party member." (184)

Individual Education Plan (IEP):

"Brainwashing is a very intricate manipulation, more like a treatment than a formula. Each of the two processes are composed of a number of different elements found in every case though the proportions differ according to the patient's resistance and the purpose for which the Reds are treating him, and range from a very mild and disarmingly subtle application to crude force polished over with Marxist lingo. These can be easily catalogued." (184-5)

"LIFELONG LEARNING": Everyone -- young and old -- MUST participate

"'Learning' and 'confession' are inseparable from brainwashing. Everyone has to participate in them, whether a party member or not. Learning means only political teaching from the communist standpoint. Confession is an integral part of the rites. In China there are no exceptions from it for anyone, any more than for attendance at "learning" classes. The retention of his own individuality by a single person is recognized as a deadly menace by the whole monolithic structure." (184)

Communist PARTNERSHIP WITH THE MEDIA

"There had been a big change in journalism since the Reds had taken over. News was now a weapon. The reporters knew... that the new authorities didn't hesitate to alter details according to what they wanted to prove, and even to cut the news out of a whole cloth when it suited their purpose." (44)

THE BRAINWASHING OF AMERICA

"The Red officials appealed to a man's common sense. Seeing was believing, wasn't it?" (45)

"He felt high, from smoking marijuana. The reds had told him not to, but he did. He foxed them; the stuff was growing all over the place. Funny, if they were so anxious to keep it out of his hands, why didn't they uproot it?" (48) [DARE and other values clarification programs]

DISSEMINATION OF POLITICALLY CORRECT INFORMATION:

"Now they had the final proof that America had engaged in cowardly and loathsome germ warfare against the poor peoples of Korea and China. They had the details from the mouth of a man who had done so. What a story! Every newspaper... ran the story. They were copied by hand.... Posted on countless house fronts... Farmers were approached in wet paddies where they worked by 'able Party members' who told them the news." (48-9)

FACILITATED GROUP DIALOGUES are used to confirm the new Information:

"The radio, with an emphasis all its own, repeated every detail. The routine discussion meetings, held daily in every school, office, or factory, were given over to this news by order of the authorities. The interviews were read out loud, during lunch or after work, by group chairmen who asked in the 'democratic manner,' for each person present to express his frank opinion about this 'unspeakable barbarity perpetrated by the imperialist Americans.' The repressed burdens each man carried within himself could find vent here. "

ALL MUST PARTICIPATE IN "REAL-LIFE" EXPERIENCE:

"Everyone in China... heard.... Every person was given the feeling of being an eyewitness. Everyone in all of China was called on to swat flies and squash bugs. The authorities explained that there was no telling how many innocent people had been infected with the 'American plague.' ... A minimum quota was set for insect slayings.... Schoolchildren had to deliver their quota to their teachers. ... Nobody could evade his responsibility to the state." (49)

"Yet in all these things we are more than conquerors through Him who loved us. For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord." (Romans 8:37-39)

For a more complete report on this topic, see COMMUNIST PSYCHOLOGICAL WARFARE, a Congressional interview with Edward Hunter

Footnotes

1. James R. Patrick, America 2000/Goals 2000 (Moline, IL: Citizens for Academic Excellence, 1994).

2. Two editions of this book may still be found today. Brainwashing: From Pavlov to Powers (1960), is available through public libraries. Copies of pages from this book were sent to me by a California friend, Sally Bowman. A friend from Washington, Barbara Whitt, found two 1956 paperback editions of the same book with a different subtitle: Brainwashing: The story of the men who defied it (New York: Pyramid Books, 1956), in a used book store. The above quotes are from this earlier edition. I suggest you try to find a copy for yourself.

COMMUNIST PSYCHOLOGICAL WARFARE (BRAINWASHING)

Consultation with

EDWARD HUNTER

AUTHOR AND FOREIGN CORRESPONDENT

COMMITTEE ON UN-AMERICAN ACTIVITIES

HOUSE OF REPRESENTATIVES, EIGHTY-FIFTH CONGRESS

SECOND SESSION

THE BRAINWASHING OF AMERICA

MARCH 13, 1958

Printed for the use of the Committee on Un-American Activities

United States Government Printing Office

Washington 1958

This document is copied from the Congressional record. The introductory information about the Congressional Committee has been placed at the end of this page.

See also Brainwashing and "Education Reform"

MR. HUNTER: "The Communist inquisitors in the POW camps depended first of all on a screening process to provide them with the men most likely to succumb to brainwashing. They picked the ones they figured would be most useful to them from among these. Cunning was all that was needed, along with a complete disregard for ethics; no special intelligence.... They have based their technique primarily on the complete abandonment of morality."

SYNOPSIS

Communist psychological warfare is now winning such extensive victories in the United States that the Red bloc will not need to employ direct military force against us in order to win the total war which they are waging, with this country the principal target. Edward Hunter, American expert on Communist brainwashing, warned in a consultation with the staff of the Committee on Un-American Activities.

Mr. Hunter, whose career as a foreign correspondent, author, editor, world traveler, and specialist in propaganda warfare, qualifies him as an authority on Communist propaganda techniques, stated:

"I spent 30 years, a little bit more perhaps, in countries under various forms of Communist pressure and attack. What I am witnessing in America is no different from what I saw in those other countries. I am often referred to as someone who has made phenomenal predictions that proved correct on things to come. Actually, I have never made a prediction as such in my life. I have only predicted in the manner that one predicts the total of 4 after seeing the figures 2 plus 2.

"I have been watching developments under communism in other parts of the world, and now I see exactly the same developments here in America."

These developments, he continued, "include, first of all, the penetration of our leadership circles by a softening up and creating a defeatist state of mind. This includes penetration of our educational circles by a similar state of mind, in addition to one other thing—the long-range perspective of the professor who is above anything that is happening here and now, and considers himself as an objective spectator in a long, long vista of history.

"I see, primarily, as part of this softening up process in America, the liquidation of our attitudes on what we used to recognize as right and wrong, what we used to accept as absolute moral standards. We now confuse moral standards with the sophistication of dialectical materialism, with a Communist crackpot Communist crackpot theology which teaches that everything changes, and that what is right or wrong, good or bad, changes as well. So nothing they say is really good or bad. There is no such thing as truth or a lie; and any belief we actually held was simply your being unsophisticated. They don't say this in so many words, except to those who are already indoctrinated in communism.

"What they do say to the rest of us is to be objective; and then they twist that word 'objective' into meaning what they mean by dialectical materialism."

"War has changed its form," Mr. Hunter declared. "The Communists have discovered that a

THE BRAINWASHING OF AMERICA

man killed by a bullet is useless. He can dig no coal. They have discovered that a demolished city is useless. Its mills produce no cloth. The objective of Communist warfare is to capture intact the minds of the people and their possessions, so they can be put to use. This is the modern conception of slavery that puts all the others in the kindergarten age.

“The United States is the main battlefield in this Red war. I mean specifically the people and the soil and the resources of the United States.

“It should be obvious to anyone who has observed the so-called cold war that the United States is its principal target. We need only read what the Communists themselves say, but we refuse to do so, exactly as we could not believe that Hitler meant what he said in *Mein Kampf*.

“The first battles in this total war have already been won by the forces of international communism in the United States. These victories are identical to those they have won in every country which they have ultimately taken over. They have succeeded in softening up a large element of the American population, particularly among those to whom we look for guidance, our so-called intellectuals and our so-called liberal circles. They have succeeded in making the United States think and talk of a coexistence period, as if that were an end in itself; while in other parts of the world, as in India, the Reds frankly explain that this coexistence is merely intended to give the Americans an easy way to choose their road toward communism.

“This is strategy. The Kremlin is merely giving the United States a choice in surrendering by voluntary change of attitude, to avoid more destructive ways of surrender. Unfortunately, in the United States, large elements, mainly among our non-Communist population, have been softened up into believing that if we can just stall on this situation, it will take care of itself. The Reds have succeeded in inducing business communities to look to Soviet trade as a means of restoring prosperity. Large business elements, with all their financial and other resources, are now being used to help the Communist objective of softening up America for recognition and acceptance of Red China, for instance.”

The Communists are being abetted in their brainwashing program in the United States, Mr. Hunter declared, by the collapse of traditional American ideals of self-reliance and individual integrity.

“The Communists have been in operation for a full generation, taking strategic advantage of the American principles, exploiting the best sides in our characters as vulnerabilities, and succeeding for a generation in changing the characteristics of Americans. I remember when I was a young man, every personnel department was looking for leadership qualities. What was sought was a man’s capacity as an individual to achieve new things. Today that is not even considered by personnel departments in their employment policies. They ask, instead, if the man ‘gets along’ with everybody. They do not ask what is his individuality; they ask how he conforms. When we raise a young man to believe that at all costs he must get on with everyone, we have put him into a state of mind that almost guarantees, if he falls into the hands of an enemy such as the Communists, that he will react as he had been raised, to try ‘to get on,’ because he must not be ‘antisocial.’

“Being ‘antisocial’ has become the cardinal sin in our society. We have to again go back to characteristics of ours which made us, as individuals, say that what is right is right, and whether or not it is antisocial, makes no difference. The young man who broadcast for the Red Chinese was simply ‘getting along’ as he had been taught to do by our educators.”

As an example of the success the Communists are achieving, Mr. Hunter cited statistics on American prisoners of war in Korea.

“Never before in history had so many captured Americans gone to the aid of the enemy.

“For 2 years the services studied the records of the prisoners. What they found was not

THE BRAINWASHING OF AMERICA

pretty.

“A total of 7,190 Americans were captured. Of these, 6,656 were Army troops, 263 were air-men, 231 Marines, 40 Navy men.

“In every war in American history some men have managed to escape. Korea was the exception.

“Roughly 1 of every 3 American prisoners collaborated with the Communists in some way, either as informants or as propagandists.

“In the 20 prison camps, 2,730 of the 7,190 Americans died, the highest mortality rate among prisoners in United States history. Many of them died unnecessarily. They either did not know how to take care of themselves or they just lay down and quit. Some sick or wounded died of malnutrition abandoned by their comrades.

“Discipline among Americans was almost nonexistent. It was a case of dog eat dog for food, cigarettes, blankets, clothes.

“For the first time in history, Americans -- 21 of them -- swallowed the enemy's propaganda line and declined to return to their own people.”

Mr. Hunter declared that in the struggle with the Soviet Union, “we are losing so fast that unless we put a very drastic end to it, the question of who is winning will be academic in a decade.”

“People at lectures and elsewhere,” he declared, “frequently ask that of me, as if begging me to say that we are winning. I wish I could, but one only has to think of the position of the United States at the end of the war and compare it to now. We only have to look at the map of the world as it was when signed the peace on the battleship Missouri and compare it to the map now. Great areas with enormous populations have fallen into the hands of the Reds, not through any approximation to the democratic process, but through sheer power pressures, by psychological warfare.”

Even an ultimate superiority in military weapons may not be sufficient to guarantee the survival of the United States, Mr. Hunter cautioned.

“In Korea, we had atomic weapons, but lost the war and were unable to use those weapons because of a political and psychological climate created by the Communists. The Kremlin today is fighting total war, and this means *total*, not with weapons of physical destruction alone, but mental destruction, too. The new weapons are for conquest intact, of peoples and cities. The future Pearl Harbor sputnik will be used if the situation demands it. But not unless the Kremlin has first succeeded in conquering the character and minds of a large enough element of the American people so that it will be fitting itself into the desires and needs of the Communist apparatus, no matter whether they think of themselves as Red or anti-Communist.”

Mr. Hunter continued: “The most deadly misconception of all, that requires a softening up in our thinking before we can make it, is the idea that there are different kinds of communism, and that besides international communism there is something called national communism, which fundamentally differs. There is nothing of the sort. We are again interpreting, on the basis of wishful thinking, what the Communists themselves are plainly saying. We base this national communism conception on Titoism. Tito at no time disowned or expressed doubt in any of the fundamental tenets of communism, and he is today expending all the time he can in trying to tell the world that he believes in communism, intends Communist objectives to win out in the long run all over the world. Communism in this, too, has been able, as always, to get the help it needs from the non-Communist and principally the anti-Communist world.

“Each time there has been a crisis in Soviet Russia, it could depend on the outside world for help. Today, under the theory that there are different forms of communism, and some Commu-

THE BRAINWASHING OF AMERICA

nist forms are not really Communist, or are less Communist than others, we are giving through aid programs and such propaganda assists as so-called exchange scholarships, the help and sustenance that these Communist countries require to survive. I have heard that under certain technical requirements of the law, completely fantastic statements have come from the White House and the State Department that communism in Yugoslavia really isn't communism any more, and that communism in Poland is not real communism. I thought we had learned our lesson in China. We said that the communism of China, the communism of Mao Tse-tung was not really communism. We said it was not the communism of Moscow. Mao Tse-tung was saying it was the same communism, exactly as Tito says that the Communist ideology is basically the same everywhere, and that the objective for a Communist world is identical."

CONSULTATION

The following consultation with Edward Hunter, author and foreign correspondent, was held at 10 a.m., March 13, 1958, in room 226, Old House Office Building, Washington, D. C., pursuant to the authorization of the Committee on Un-American Activities composed of:

Francis E. Walter, Pennsylvania, Chairman

Morgan M. Moulder, Missouri

Clyde Doyle, California

Edwin E. Willis, Louisiana

William M. Tuck, Virginia

Bernard W. Kearney, New York

Donald L. Jackson, California

Gordon H. Scherer, Ohio

Robert J. McIntosh, Michigan

Staff members present: Richard Arens, staff director, and William F. Heimlich, consultant.

MR. ARENS: The session today is the first in a series of consultations on the subject of the Communist psychological warfare which the Committee on Un-American Activities has inaugurated.

We are pleased to welcome to the consultation today Mr. Edward Hunter, whose distinguished career as foreign correspondent, author, editor, world traveler, and specialist in psychological warfare eminently qualifies him to speak authoritatively on the subject at hand.

STATEMENT OF EDWARD HUNTER

MR. ARENS: Mr. Hunter, may I ask you if you would kindly give us for the purpose of this record a thumbnail sketch of your own personal history?

MR. HUNTER: I am a journalist whose career began on a newspaper in New Jersey, the Newark Ledger, where I became news editor, then went to Europe and joined the Chicago Tribune in Paris. After an interlude on newspapers in America, I went to Japan to join the Japan advertiser, becoming its news editor.

A year later, I went to China and took over the Hankow Herald from the Communists. The Reds had just left, and shopkeepers still were talking of boxes of American dollars brought in by Moscow.

COLONEL HEIMLICH: What year was that, Mr. Hunter?

MR. HUNTER: Between 1926 and 1928. I remember events well, but not their years.

Next I went to Peking to become managing editor of the Peking Leader. I joined the Hearst newspaper syndicates in 1931, when the "Manchuria Incident" began. I witnessed the creation of the puppet state of Manchukuo. I accompanied the League of Nations mission of inquiry in Manchuria and saw the coronation of Emperor Pu-yi, now a prisoner of the Reds.

THE BRAINWASHING OF AMERICA

Hearst International News Service then sent me to Europe about the time of the Reichstag fire and its fake trial. I covered the conquest of Ethiopia by the Italian Fascists, which took modern psychological warfare one step beyond Manchukuo. I also saw two civil wars in Spain, the outbreak in the Basque territory and the big fight, which was a rehearsal for World War II.

Back to Europe, I witnessed the intrigue in the various foreign offices preceding the outbreak of hostilities. I saw the Nazis take back the Rhineland, and how the German Army expected the French government under Premier Flandin to exhibit determination and show up Hitler as a failure. Instead, it provided Hitler with a new demonstration of seemingly inevitable victory, and World War II, of course, followed.

I returned to America just before World War II, joining the foreign news desk of the New York Post. The Newspaper Guild then was Communist-dominated. I set up a national committee to coordinate the efforts of the various anti-Communist factions. For the first time in the history of trade unionism in America, the entire executive committee of the union was voted out, although all I did was simply communicate with these anti-Communist units and let them know they were not alone. This election restored the Newspaper Guild to American instead of Moscow-orientated newspapermen.

COLONEL HEIMLICH: When the war came along, Mr. Hunter, you went into OSS, I understand.

MR. HUNTER: Yes; as a propaganda specialist. I call that my sabbatical year -- really 2 years -- away from journalism.

COLONEL HEIMLICH: You covered a very broad area of Asia during the war years, didn't you?

MR. HUNTER: I was in what is generally known as the CBI THEATER: China, Burma, and India.

COLONEL HEIMLICH: Do you find a measurable difference between the attitudes of the people during that period and the present?

MR. HUNTER: During that period, America still had its old meaning to the peoples of Asia as a symbol of hope that could be relied on to help on a realistic basis.

Back on the New York Post after the war, I found myself in the midst of a little cold war that perfectly reflected the big one. The Post helped Wallace for president, and I got up a petition which almost everybody on the staff signed, pointing out that this did not represent our true feelings. The result was a thunderbolt to the lady who owned the newspaper. She fired the executives and divorced her husband, the publisher. He went out and started the pro-Red Compass.

I stayed on a while as foreign news editor, then returned to Asia as roving correspondent for the Cox newspapers. I interviewed Chinese who had escaped from the Red holocaust, witnessed the jungle warfare in Malaya, and the war by terror in Indochina. I traveled between Japan, Indonesia, and Burma. Recently I returned after a year in Afghanistan.

MR. ARENS: Mr. Hunter, how would you characterize the struggle between the East and the West?

MR. HUNTER: We do not have a war between the East and West. Certainly the Filipinos are not in the West. They are mostly Asians, like the peoples of Thailand, Iran, and Japan.

This expression, "the war between the East and the West," has become a part of our thinking processes, an example of how a phrase can put great masses of people in a camp where they do not belong. What we really have is a total war in which a pattern for conquest by the Communist hierarchy is set up against the peoples of all countries outside the Red orbit -- no matter whether they call themselves anti-Communist or neutralists.

THE BRAINWASHING OF AMERICA

MR. ARENS: Who are the antagonists in this total war?

MR. HUNTER: They are the Communists on the one side and all the other peoples of the world on the other. The Reds have a very practical setup. The antagonists, in their view, are the two strongest elements: on the one side the Kremlin, on the other side the United States.

MR. ARENS: When you say there is a total war, what do you mean? It is obvious that there is very little shooting going on in the world today. What are the devices of this total war?

MR. HUNTER: War has changed its form. The Communists have discovered that a man killed by a bullet is useless. He can dig no coal. They have discovered that demolished city is useless. Its mills produce no cloth. The objective of Communist warfare is to capture intact the minds of the people and their possessions, so they can be put to use. This is the modern conception of slavery that puts all others in the kindergarten age.

MR. ARENS: Where is this war being waged? Where are the battlefields? What are its geographical locations?

MR. HUNTER: The battlefield is wherever there is no Red "peace." Peace, in the Communist vocabulary is the period when all have accepted, in a so-called voluntary manner, the inevitability of a Communist world. The battlefields are all the countries, which have not yet fallen into this Red orbit. The weapons used in this war are adjusted to the practical situation in each of those countries.

MR. ARENS: What are those weapons?

MR. HUNTER: They range from a smile and a "discussion meeting" to a leaflet and a booklet.

MR. ARENS: Is the United States part of this battlefield?

MR. HUNTER: The United States is the main battlefield in this Red war. I mean specifically the people and the soil and the resources of the United States.

It should be obvious to anyone who has observed the so-called cold war that the United States is the principal target. We need only read what the Communists themselves say, but we refuse to do so, exactly as we could not believe that Hitler meant what he said in Mein Kampf.

MR. ARENS: Does this mean that the principal objective is to convert the people of the United States to communism? Is their objective conversion, or subversion and conquest?

MR. HUNTER: Since Hungary, the world should know that communism is not an ideology except as a weapon for conquest. The Red objective against the United States is not the conversion of the American people to communism any more than it was to make true Communists out of the American prisoners of war in Korea. The Communist system is a power system, just as was that of Genghis Khan. We now have the same invading armies, given a new, pious political phraseology, making them hypocritical in a manner that the original hordes never were. The objective of all Communist conquest is simply use for power. They seek to conquer the United States in a manner so that it "voluntarily" falls into the Red orbit. If we have to be conquered by destructive nuclear-age weapons, it will be considered a setback by the Kremlin. Their objective is to make the same use of the American people as they make of the Czechs in the uranium mines in Czechoslovakia, and as they make of the Chinese in the mills of China. We are to become subjects of a "New World Order" for the benefit of a mad little knot of despots in the Kremlin.

MR. ARENS: On the basis of your background and experience, and as an intimate observer of this total war, Mr. Hunter, please express to us now your best appraisal of who is winning and who is losing this total war?

MR. HUNTER: I am always surprised to hear that question. People at lectures and elsewhere frequently ask that of me, as if begging me to say that we are winning. I wish I could, but one only has to think of the position of the United States at the end of the war and compare it to now.

THE BRAINWASHING OF AMERICA

We only have to look at the map of the world as it was when we signed the peace on the battleship Missouri and compare it to the map now. Great areas with enormous populations have fallen into the hands of the Reds, not through any approximation of the democratic process, but through sheer power pressures, by psychological warfare. We are losing so fast that unless we put a very drastic end to it, the question of who is winning will be academic in a decade. People today also like to say, "This is a hundred-year war." Human beings cannot remain in that sort of tenseness for a hundred years, and the Soviet Russia regime knows it. We are being lulled into feeling that although we are losing, we don't have to do anything about it because by the time the situation reaches a climax we will be dead. We may be dead, but it won't be the result of a natural death. I try to avoid phrases such as "the clock is nearly striking 12," but there are times when they are the best descriptions of a reality, and this is one such time.

MR. ARENS: Some may ask how you can say that, Mr. Hunter, when we here in the United States are separated by thousands of miles of ocean from any potential military aggressor, when we have such military might and such apparent alertness to the potential threat of an attack by guided missiles?

MR. HUNTER: I wish we had alertness. We have everything except alertness to the way the Kremlin is fighting this war. We are being tremendously alert to the ways it is not fighting this war.

MR. ARENS: What do you mean by that?

MR. HUNTER: In Korea, we had atomic weapons, but lost the war and were unable to use those weapons because of a political and psychological climate created by the Communists. The Kremlin today is fighting total war, and this means total, not with weapons of physical destruction alone, but mental destruction, too. The future Pearl Harbor sputnik will be used if the situation demands it. But not unless the Kremlin has first succeeded in conquering the character and minds of a large enough element of the American people so that it will be fitting itself into the desire and needs of the Communist apparatus, no matter whether they think of themselves as Red or anti-Communist.

MR. ARENS: What is the nature of victories which are being won by the international Communist apparatus in the United States?

MR. HUNTER: The first battles in this total war have already been won by the forces of international communism in the United States. These victories are identical to those they have won in every country which they have ultimately taken over. They have succeeded in softening up a large element of the American population, particularly among those to whom we look for guidance, our so-called intellectuals and our so-called liberal circles. They have succeeded in making the United States think and talk of a coexistence period as if that were an end in itself; while in other parts of the world, as in India, the Reds frankly explain that this coexistence is merely intended to give the Americans an easy way to choose their road toward communism.

This is strategy. The Kremlin is merely giving the United States a choice of surrendering by voluntary change of attitude, to avoid more destructive ways of surrender. Unfortunately, in the United States, large elements, mainly among our non-Communist population, have been softened up into believing that we can just stall on this situation, it will take care of itself. The Reds have succeeded in inducing business communities to look to Soviet trade as a means of restoring prosperity. Large business elements, with all their financial and other resources, are now being used to help the Communist objective of softening up America for recognition and acceptance of Red China, for instance.

This Communist offensive has a double objective. One is the softening up, first stage of this total war. The other is to convince the peoples in their own Red-dominated countries that there

THE BRAINWASHING OF AMERICA

is no hope. Since the Hungarian revolt, nobody in a Communist country thinks any longer of Red ideology, but only of Red power. The overwhelming mass of people is against communism in each Red country, including Red China and Red Russia. The only means by which these people can be discouraged from overthrowing their despots is by convincing them that they stand all alone; that the free world has accepted communism as inevitable.

American students, professors, and businessmen who wander through Red countries, in the eyes of the people there, confirm the Communist propagandist line that there is no hope; that the free world, especially America, the symbol of the free world, has given in to the Reds. That was the Communist purpose at the much-publicized Bandung Conference, when the Asian and African countries met. The broadcasts to the people of China by the Peking regime stressed that all this proved that the outside world had recognized that Red China is here to stay. Any time an American student walks down a street in Red China, he is conveying one message to the silenced people who see him, and that is, "Don't look to the outside world, don't look to America, for help in your hour of need. We have let you down. We are betraying you." There is no hate so fierce as the hate of a friend who feels he has been betrayed, and that is the theme of the whole world Communist propagandist program today; to convince the people inside communism, who hate it, that we have betrayed them, while convincing the people outside of the Communist world, principally in America, that there is a future for what they call, in their doubletalk, coexistence.

MR. ARENS: What is your reaction to the suggestions which we now hear from many quarters that the United States of America through its leaders sit down at a conference table with Khrushchev and his associates and work out an agreement or agreements or some kind to solve this impasse?

MR. HUNTER; You can always sit down around a green table with the Communists and negotiate anything you wish, so long as it does not require actual concessions by the Communist world, but requires only concessions by ourselves. That has been the uninterrupted record of such negotiations with the Reds.

MR. ARENS: What, in your judgment, would be the result of another summit meeting?

MR. HUNTER: The same as with all such meetings in the past, only on an aggravated scale. We had a Geneva Conference. The results were broadcast throughout Asia as a stunning defeat for the free world. The results in actual conquest, the taking over of non-Communist areas by the Communists, were visible to anyone who compared maps. The Geneva Conference was a surrender. Its "spirit of Geneva," which Prime Minister Nehru holds forth as the pattern to be followed by us in the future, meant no more than piecemeal surrender. The Reds will always give up something that is a paper promise, no matter what, in exchange for something tangible. We still accept paper promises as equivalent to what is tangible. So long as we continue in that delusion, such conferences serve only the purpose of continued chiseling away of parts of the free world.

MR. ARENS: Let us return to what you have characterized as the battleground in the United States in this total war, Mr. Hunter. It is quite obvious that there is no shooting going on in the United States. What is going on here that you can characterize or describe?

MR. HUNTER: I spent 30 years, a little bit more perhaps, in countries under various forms of Communist pressure and attack. What I am witnessing in America is no different from what I saw in those other countries. I am often referred to as someone who has made phenomenal predictions that proved correct on things to come. Actually, I have never made a prediction in my life. I have only predicted in the manner that one predicts the total of 4 after seeing the figures 2 plus 2.

THE BRAINWASHING OF AMERICA

I have been watching developments under communism in other parts of the world, and now I see exactly the same developments here in America.

MR. ARENS: What are those developments?

MR. HUNTER: They include, first of all, the penetration of our leadership circles by softening up and creating a defeatist state of mind. This includes penetration of our educational circles by a similar state of mind, in addition to one other thing – the long-range perspective of the professor who is above anything that is happening here and now, and considers himself as an objective spectator in a long, long vista of history. I see primarily, as part of this softening up process in America, the liquidation of our attitudes on what we used to recognize as right and wrong, what we used to accept as absolute moral standards. We now confuse moral standards with the sophistication of dialectical materialism, with a Communist crackpot theology which teaches that everything changes, and that what is right or wrong, good or bad, changes as well. So nothing they say is really good or bad. There is no such thing as truth or a lie; and any belief we actually held was simply our being unsophisticated. They don't say this in so many words, except to those who are already indoctrinated in communism. What they do say to the rest of us is to be objective; and then they twist that word "objective" into meaning what they mean by dialectical materialism.

MR. ARENS: Is this weakening in America coincidental with the Communist drive, or in your opinion, is it concocted and deliberate?

MR. HUNTER: Even the most naïve among us can no longer believe that Communist international policy is set up for all the world except the United States. We have ample evidence in every country that has fallen under communism or which is under attack by communism, such as Malaya today, that the stages in this softening up process, which is part of their total war, did not just happen. They were planned by a political and military strategy board. They have their same strategy, with the same planning, in the United States as they had in China, and as they are doing in Malaya, and as they have done everywhere else they have conquered.

MR. ARENS: What is the mechanism in the United States?

MR. HUNTER: We are again talking of the obvious, except that it is obvious on so bold and broad a scale that we "just can't believe it." How often I hear that soporific phrase. The mechanism in the United States operates in exactly the same way as elsewhere.

In Korea, we persisted in talking of just a Korean war. The Communists never talked of just a Korean war; they talked of an all-Asia war. The advantage they derived from this was decisive. Whereas the British were dealing simply with a Malaya war, and the French with an Indochina war, and the Americans with a Korean war, the Communists were dealing with one front and one war, and moved their propaganda and fighting forces around according to the need. The United States has a Communist Party, and those who say that this is a weak party simply because it doesn't have millions of members are deceiving themselves. This committee has produced volumes and volumes which prove the existence of fifteen or twenty thousand hardshell Communists in the United States, with a knot of hard-core Communist leaders. A huge, bulky party would not achieve the results they can. A small, powerfully knit element that can manipulate the non-Communist elements in the population is located in our nerve centers, where they can first paralyze us, and then defeat us.

MR. ARENS: How would you characterize the Communist Party in the United States?

MR. HUNTER: It is superficially a joke; but behind the façade are the real Communist operators. They know exactly what they are doing, and they adapt exactly what they are doing to the requirements and strategy of world communism. The Communist Party of America is simply one of the fingers on the two hands of world communism, and operates just as obediently to the

THE BRAINWASHING OF AMERICA

mind of communism.

We are again engaging in doubletalk when we talk of the Communist "Party." There is no such thing as a Communist Party, if by party we mean what our dictionaries call a party. It is a communist conspiracy, a Communist psychological warfare organization. The Communists derive their strength in America from their unity with world communism, and from their ability both in clandestine and overt circles to pull the strings for the non-Communists alone. Communists have never been able to achieve anything without a front. The communism that wins is always the communism that makes the non-Communist its ally; by non-Communist I don't necessarily mean fellow travelers. I mean non-Communists who allow themselves to be trapped by Communist strategy. We see that operating today in official and business circles, which are essentially anti-Communist.

The business circles that do so have the false hope that there will be tremendous trade available, that the entire automobile industry of America will find great new markets in Red China, and that two families of nations, Communist and non-communist, can work together. That is merely a restoration under different terminology of what was so disastrous to us at the end of World War II when we were told that Mao Tse-tung and the Communists of China were not really Communists, but only agrarian reformers, sort of Chinese New Dealers, who thought and reacted the same as we.

MR. ARENS: On the basis of your background and experience, please tell us what part of this total warfare is psychological?

MR. HUNTER: Since man began, he has tried to influence other men or women to his way of thinking. There have always been these forms of pressure to change attitudes. Atrocities were the simplest changes through which people were forced in the old days to change their minds. Often they didn't change their minds, but acted as if they did, which had the same result, and, as time went on, the new thoughts often actually came to be believed. There has been a remarkable difference developing in the last 30 years or so, which makes this as different from modern psychological warfare as the airplane is from the cannon; it merely brings a shell a longer distance before dropping it somewhere. That is sheer sophism. The moment we discovered how to rise and remain above the earth, we had achieved something fundamentally new. It was no longer a cannon. It was an airplane. The same is true with modern psychological warfare. We discovered in the past 30 years a technique to influence, by clinical, hospital procedures, the thinking processes of human beings.

The basis for the modern psychological warfare, which makes it different from whatever was done in the past, are the findings of the Russian physiologist, Pavlov. He is not a Communist. He had completed his most important discoveries before the Communists took power. His first discovery was the effectiveness of using a living animal in experiments, rather than a dead animal. His second great discovery was that the instincts of an animal, that we call reflexes, were of two kinds. One was the reflexes which the animal was born with, its unconditioned reflexes. The other was its conditioned reflexes, which man can train into the animal. Most of us have heard of Pavlov's experiments with dogs and lights. He first provided a bowl of food and turned on a light of a certain color, then an empty bowl and turned on a different colored light. After he had done this a number of times, he turned on the light that accompanied the food, but presented an empty bowl to the animal, and the dog deposited just as much saliva as when the bowl was full. When he presented a bowlful of food with the wrong light, the animal did not eat. After he switched the lights and bowls of food, the animal became neurotic, barked, was driven into a state which among human beings we can insanity.

When the Communist hierarchy in Moscow discovered that it was unable to persuade people

THE BRAINWASHING OF AMERICA

willingly to follow communism, when they found that they could not create what they wanted, the “new Soviet man” in which human nature would be changed, they turned to Pavlov and his experiments. They considered people the same as animals anyway, and refused to recognize the role of reason or divinity in a human being. They took over the Pavlovian experiments on animals and extended them to people. They did so with the objective of changing human nature and creating a “new Soviet man.” People, they anticipated, would react voluntarily under Pavlovian pressures, in the way the dog does, to Communist orders, exactly as ants do in their collectivized society.

MR. ARENS: What were the results of their application of these techniques to people?

MR. HUNTER: We have been witnessing the results without knowing how they came about for 30 years and more. We saw the first results in the Moscow trials, when the Old Bolsheviks, who had dedicated their lives to Communist ideology and had successfully captured the Russian Revolution away from the democratic elements, appeared in open court and beat their breast and pleaded for execution as traitors to the Bolshevism they had set up. We heard confessions that came from the mouths of these people, but which no sense to us because they fit into no logical framework that we could as true. We saw such developments go on, not only with a small group of people picked for trial, but in a curiously similar fashion with large parts of the population in Communist areas, in their schools and in their villages. We saw the fine brain of Cardinal Mindszenty cracked in open court, and heard him brand himself everything we all knew the cardinal was not.

Against all this background that I had obtained as a foreign correspondent abroad, when I returned to Asia after World War II, I began to observe an unmistakable pattern in these strange, Communist psychological victories. These successes were being obtained not only with individuals, but in a very peculiar fashion, with masses of people. I came upon the pattern itself as a result of the use of this strategy in a careless manner by the Chinese Communist Government against the conquered people of China. I later saw it used in similarly crude fashion against American prisoners of war in Korea.

MR. ARENS: Would you then kindly give us the benefit of your observations, first, in the use of this technique by the Chinese Communist Government against its people; and then, secondly, in the use against the American prisoners of war?

MR. HUNTER: I am very glad you asked me first to talk about what I saw being done to the people of China, because that puts it in its proper context. While I was in Hong Kong, soon after the fall of the mainland, I interviewed Chinese who had fled from the mainland, all of whom expressed themselves in a strange but very similar fashion. I was stunned to hear them telling me things I had heard before. I had that weird feeling once, while interviewing a schoolteacher who had fled from the interior of China, after welcoming the Red Army into his city and facilitating its capture of the city. He had found out in time how different the Reds are to how they picture themselves, and he had escaped. As I was taking notes, I felt that I had written all this before, and yet how could I have done so? I had only recently returned to Hong Kong. Then it suddenly struck me. Some years before, I had interviewed one of the heads of the faculty of Leningrad University, who had escaped from Russia. This schoolteacher from the interior of China was telling me exactly what I had heard from the Russian professor of a different culture, many tens of thousands of miles away. I had that same eerie feeling often during that period, of different stories being related in some strange manner. In the jungles of Malaya, I came across the diaries taken from the bodies of slain Chinese guerrilla fighters. I had a number translated. To my amazement, I read exactly what I had heard from these people who had fled from China. The same “discussion meetings” that were held in the schools and factories of Red China,

THE BRAINWASHING OF AMERICA

I now read about in these diaries as being held beneath a knot of tall trees inside the jungle.

In Indochina, I covered the trials of some of the terrorists who had engaged in such propaganda warfare pressures as rolling a hand grenade down the aisle of a children's cinema when a Walt Disney movie was being shown. Those on trial spoke the same language, with the same expressions and the same explanations as I had heard from Red China, and had read in the diaries kept by the guerrillas in Malaya. A set of Soviet Chinese textbooks were smuggled out of China for me. They were being used in every school from Dairen in Manchuria to Canton in the south. I came across the same teachings as I heard in the interviews, read in the diaries and listened to at the trials. One day I interviewed secretly a young man who had come out of Red China on a mission. I had known his family. During the interview, he used the phrase "hsi nao" or "wash brain." I immediately stopped him, asking what he meant. He laughed and said, "Oh, that's nothing; it's only something we say when close relatives or friends get together." When somebody said something the Peiping Government wouldn't like, a relative or friend was liable to say to him, "Watch out, you'll get your brains washed." That was the first time I heard the word "brainwashing." I was the first to use the word in writing in any language, and the first to use it in a speech in any language except for that small group of Chinese. That and its connotation, against this background that I had been weaving ever since I started in journalism, especially during the years since the civil war in China became acute, was like a streak of lightning, clarifying the pattern of which I had already discerned its shadows. Brainwashing was the new procedure, built up out of all earlier processes of persuasion, using the Pavlovian approach to make people react in a way determined by a central authority, exactly as bees in a hive.

MR. ARENS: And now will you kindly recount your experiences and observations of brainwashing in Korea?

MR. HUNTER: The Korean war began after my discovery of brainwashing. That is very significant. Before I went to Korea, I had engaged in intensive research directly related to this word "brainwashing," because I wanted to know exactly the content of the word. I found it was a strategy for the conquest of the world by communism, that it was not merely another tactic, but was the framework for the entire activity of the Communist hierarchy. I was so impressed with the importance of this discovery that I wrote a book on it called *Brain-Washing in Red China*, in which I made no effort to do any special interpreting, but merely outlined as plainly as I could the various elements that went into brainwashing. For the first time, our side now had the pattern through which the international communist movement had made its advance throughout the world. I wrote about brainwashing in newspaper articles and for a magazine before I did the book. Then I went to Korea, where I found that the same pattern that I had seen everywhere else was being followed by the Communists. I heard of American captured personnel broadcasting denunciations of their own country and confessing to a non-existent germ warfare in a manner and in a language that fit exactly into the brainwashing pattern that I had found in China and the rest of Asia.

MR. ARENS: Exactly what is this brainwashing?

MR. HUNTER: A more exact term in the military lexicon would be "mind attack." We are accustomed to such terms as infantry attack, naval attack, air attack. Mind attack simply recognizes a new dimension to the kinds of war used against armies on the field or against peaceful populations.

Brainwashing consists of two processes, a softening up and an indoctrination process. Each of these is formed out of a set of different elements. I listed them in my second book, *Brainwashing: The Story of Men Who Defied It*—as hunger, fatigue, tenseness, threats, violence,

THE BRAINWASHING OF AMERICA

and in more intense cases where the Reds have specialists available on their brainwashing panels, drugs and hypnotism. No one of these elements alone can be regarded as brainwashing, any more than an apple can be called an apple pie. Other ingredients have to be added, and a cooking process gone through. So it is in brainwashing with indoctrination or atrocities, or any other single ingredient.

The moment we think of brainwashing as only one of the elements of which it is composed, we no longer have brainwashing, any more than we have a pumpkin pie from pumpkin alone.

MR. ARENS: Now, specifically, what happened to the American prisoners in Korea?

MR. HUNTER: Let me quote from a newspaper dispatch from the New York Times of January 6, 1957, sent out from Washington by the Associated Press 2 days before. The subject was out new troop indoctrination program, based on the Code of Honor that President Eisenhower proclaimed on August 17, 1955. The figures were taken from official accounts. Here is what the article says:

"Never before in history had so many captured Americans gone to the aid of the enemy. For 2 years the services studied the records of the prisoners. What they found was not pretty.

"A total of 7,190 Americans were captured. Of these, 6,656 were Army troops, 263 were airmen, 231 Marines, 40 Navy men. In every war in American history some men have managed to escape. Korea was the exception. Roughly 1 of every 3 American prisoners collaborated with the Communists in some way, either as informers or propagandists.

"In the 20 prison camps, 2, 730 of the 7,190 Americans died, the highest mortality rate among prisoners in United States history. Many of them died unnecessarily. They either did not know how to take care of themselves or they just lay down and quit. Some sick or wounded died of malnutrition, abandoned by their comrades.

"Discipline among Americans was almost nonexistent. It was a case of dog eat dog for food, cigarettes, blankets, clothes. For the first time in history Americans -- 21 of them -- swallowed the enemy's propaganda line and declined to return to their own people."

This is only part of the picture. A glimpse.

MR. ARENS: What were the techniques used?

MR. HUNTER: The Communist inquisitors in the POW camps depended first of all on a screening process to provide them with the men most likely to succumb to brainwashing. They picked the ones they figured would be most useful to them from among these. Cunning was all that was needed, along with a complete disregard for ethics; no special intelligence. This should be stressed. They have based their technique primarily on the complete abandonment of morality. That is their contribution to world thought.

There can be no doubt that they had Communist underground guidance in this work in the United States, through the party and Red agents. They were well prepared ahead for all phases of the Korean war, while we allowed ourselves to be caught unawares, as if by intent.

They sized up each prisoner's character to find out whether he carried a grudge against his superiors, his neighbors, or society in general, or whether he made an intellectual fetish out of objectivity, indoctrinated by his own side in concentrating on the good points on every side, so he could "get along" with everybody and not be "antisocial." The most effective trick in the Communist indoctrination process was to exploit this quack liberal and make-believe tolerant approach by equating what was the exception on the one side with what was typical on the other, and reaching the conclusion from that basis that both were alike. If the prisoner was the quite usual type we had been developing, who had been brought up to as, "What's in it for me?" he was considered particularly a fine prospect.

The Communist interrogators, as the brainwashers called themselves, sought to remove a

THE BRAINWASHING OF AMERICA

man's trust in his own side, and to convince him that he was being let down and even betrayed by his own country and relatives, especially by his wife or girl friend. The Reds sought to deprive him of all hope. Once they could accomplish this, they presented themselves to him as his new friends, as "Big Brother," who would always stand by him through thick and thin, who would always love him. The cruelties they had perpetrated on him they now interpreted the discipline of a kind father.

They took sly advantage of our shocking failure even to make an attempt to communicate with our captured men, or to try to free any of them. Even a failure would have been better for morale than utter silence which, under the circumstances, looked as if we didn't care. The Red indoctrinators built up this impression and fit it into their patten of selfish, imperialist American led by bloated Wall Street financiers who were using our people as cannon fodder.

They had a Roman holiday over our failure even to tell our men why they were being sent to Korea to fight. When I was in Korea as a foreign correspondent, a high Army officer once came to me and pleaded with me to tell him what he was doing in Korea. He knew that the Red propagandists were spreading their reasons for him to be there, even among his own men, and he had no answers to their questions. "Nobody tells me anything," he said. This man had a heroic fighting record in the Normandy landings and was a career officer. There was no question of his sincerity and patriotism. Yet how could he have been expected to stand up against brainwashing? He was typical of those who were captured, who had not been told why they were fighting in Korea, or anything about the nature of communism. The Red inquisitors filled the gap for these men, as possibly their most effective work.

The Reds presented their version of why the Americans had come and in default of any other information it upset many of the men. Even when they kept quiet, they couldn't stop worrying over what the Reds said. Half-truth and even entire lies sounded convincing to men who had no knowledge of the situation at all. The inquisitors gave our men nothing to think of except communism. How were our boys to know that this was one of the Red techniques to break them down?

The Reds selected Americans who had fine intelligence quotients, but with poor education. Their heads were like a good, solid but empty bucket, only waiting to be filled. The Reds did so with their own slanted material. They deprived all these men of reading matter except what was pro-Red, and gave them plenty of that, and lots of time in which to read it. They especially fed the boys the writings of pro-Communist Americans. One of the most corrosive publications was a magazine called *The China Monthly Review*, published by American pro-Communists at Shanghai. The men couldn't get over the shock of an American-edited magazine being put out in Red China. They read it out of indignation or curiosity, and because they had nothing else to do. The smoothly written poisons caught them by utter surprise, leaving a deep impression on their minds. In a number of cases, it was the decisive factor in their softening up.

The enemy didn't neglect the indoctrination process, but used it simultaneously. The one thing the prisoners least expected was to come into a classroom atmosphere. Yet this was what the Communists endeavored to create. Americans respect learning and have been taught to gather it everywhere they can, and also to see all sides of every question. Unfortunately, they have been taught this objectivity in a salesmanship context in which the principal axiom is "The customer is always right." They were first seduced into accepting something superficial about communism with which they agreed, which they would admit was good. They had no way of checking up. The indoctrinators depended on their one-sided control of information and their doctrinal skill in subterfuge and doubletalk to soon have these men admitting that white was black, and war was peace, in the semantics of the Newspeak language described with such

THE BRAINWASHING OF AMERICA

genius by George Orwell in his book, 1984.

Perhaps the best illustration of the pressures put on our troops was given to me by an Air Force officer named Capt. Zach W. Dean. He was taken on a "death march" and put in a Korean hut and left to hunger and freeze while the Reds harassed him with threats and propaganda and what they called "learning," until he became so weak and sick that he felt he was going to die. At once the Communists changed their tactic, providing him with vitamin tablets and injections, good enough food, and kindly words, until they saved his life. A few weeks passed and the cat-and-mouse game switched back once more. He was again put under the brainwashing pressures. He became sick again, catching pneumonia on top of another case of freezing. Deprived of all attention, he was positive he was going to die this time. Then once more they switched moods, and he was given the best available of everything, and again his life was saved. Zach knew what a deep study I had made of all this. I can never forget the look he gave me when he told me about it, saying, "Mr. Hunter, I don't believe you'll be able to understand what I'm going to tell you now. After the Reds do that to you a few times, you are grateful to them for saving your life. You forget that they are the people who almost killed you."

That is the Red technique used on all occasions under every sort of circumstance, from a POW camp to a United Nations session or a Geneva conference.

No man has ever been brainwashed whose mind has not first been put into a fog. That is the objective of all the Red pressures from group hunter to a "study group." The patient first has to be deprived of his bearings, to be shaken loose from whatever belief and convictions he formerly held, until he loses faith in them entirely. We contributed to the enemy's success by bringing up our young men and women without real convictions except to "get ahead." The obvious way to "get ahead" in POW camp was to play along with the Communists. Hungry, tired, sick, worried, and hopeless, the prisoner's mind could not be expected to work well. He was caught off guard. The Reds first lured the individual into believing the Red tenet in the pseudoscientific Marxian philosophy which teaches constant change, even in such basic conceptions as truth and falsity, good and bad. The Reds were helped in putting this across by comparing it to our tolerance and liberalism. Where convictions were already worn thin by their upbringing, the line became blurred until these noble traits were twisted out of shape by becoming tolerance for evil and the inability to distinguish between a college huddle back home and a brainwashing session in a POW camp.

Note that I use the word "patient" in referring to the prisoner. I do so deliberately, because brainwashing can only be properly understood from the clinical viewpoint; it is a treatment, as evil as a black mass.

Brain-Washing in Red China had been published in sufficient time to warn our troops about this procedure. It was recommended for the book kits and approved by all concerned. Somehow, influences from the woodwork prevented it from being distributed to the men. After the release of the POW's, I felt sick at heart to hear them tell me how much suffering it could have saved them, and how many could have preserved themselves from falling into a treasonable situation, if they had only read that book. "Why wasn't I told?" was their agonizing question to me.

MR. ARENS: What significance do you attach to the brainwashing episodes in Korea?

MR. HUNTER: We have been so overwhelmed by the shock of what took place in those brainwashing cells in Korea that we forget that this was not the first time it was used in a concentrated way. Remember, I had started writing a book about it even before the Korean war started.

The Reds always operate with an immediate as well as a long-range objective. They have a worldwide objective for brainwashing, just as they had a local objective in the POW camps; the

THE BRAINWASHING OF AMERICA

same as they have a global operation going on all the time in brainwashing, adjusted in Communist countries to the non-Communist peoples, as in the United States. In the POW camps, they put their emphasis on the softening up process, exactly as they are doing now in America, because that was what gave them what they wanted at once for the immediate needs of the war. A great proportion of people in the POW camps, as in any Communist country, did not believe the Red line, and never did believe it. We should not regard this as proof that the Communists failed, which some of us are doing, but as indication of the Communist technique. They never expected the mass of soldiers to be Communists. They didn't them as true believers. It wasn't necessary.

Hungary has shown an example of a population which appeared satisfied with the Red control, seeming to believe in its doctrines. In Hungary, we saw overnight the people who acted and talked as if they were Communists reveal themselves as unbelievers, furiously fighting to the death with their bare hands against communism. Yet, such a population is pointed out as pro-Red. What is important to the Communist hierarchy from its power standpoint is that others act and talk as pro-Reds. That is what happened inside the POW camps. Very few people in any Communist country are Red. We should never forget this. The Reds believe basically in power, in what individuals say and what they do. So long as people do what they are told, and go through the verbalisms and motions attached to belief, that is satisfactory to a power faction such as the Kremlin constitutes. This is the immediate short-range objective.

A certain element must become deeply indoctrinated, especially those who have thrown their interests irrevocably into the Red camp, and these constitute the activists, the hard core of the party. They are a small minority, and the constant purges even in their ranks shows how untrustworthy even these are.

In any area under communism, so long as the Reds are able to maintain a controlled environment, and are indisputably in power, the population comes to talk and act as pro-Communist. The people follow orders, even to the expression of the Communist point of view. That is how it is in any Communist country, and how it was in the POW environment. After all, a nation under communism is a prison state, and its people do not live under any essentially different conditions.

The Communist hierarchy well knows that its brainwashing is only skin deep in the overwhelming number of cases, and can be depended on only so long as the individual can be kept isolated from outside information or influence. That is the significance of the Iron Curtain, as true for a Red satellite as for a POW enclosure. Once the POW reached the fresh air of the free world, of course, the poisons usually began to leave his system. So it is with anyone from a Communist country, and is why the normal individual is not allowed out of his native land except when he leaves his loved ones behind as hostages, or his return is otherwise assured. Indoctrination in the majority of cases does not bring about true belief, but only submission.

We shouldn't allow ourselves to be misled or lured into inaction by this, for it makes little difference to the issue at the time whether the man who is lecturing on how he dropped germs on a peaceful population believes he or doesn't. When the desired effect on the audience is achieved, the result is the same. That is what the Communists mean by power politics. By the time the audience learns differently, the Reds will have achieved their end.

If we deal with such Red-dominated populations as our enemy, refusing to recognize our secret allies, we will be defeating ourselves, making our collapse sure in this sleepy, coexistence era, with or without the need for a sputnik Pearl Harbor.

MR. ARENS: Is this technique used by the Communists applicable to areas and circumstances other as between a captor and prisoner?

THE BRAINWASHING OF AMERICA

MR. HUNTER: Unfortunately for the Korean POW's, and unhappily for civilian foreigners and especially the inhabitants of Red countries, knowledge of brainwashing was kept quite secret until near the end of the Korean war. Only the determined efforts of the released POW's succeeded in breaking through that partly concocted, partly bureaucratic curtain. Brainwashing was being successfully hushed up the same way as information about the tremendous slave labor camps in the U.S.S.R.

This delay in revealing brainwashing left the public with a twisted conception of it. People still think it has something to do only with prisoners of war, and possibly foreigners put under arrest. They still don't conceive of it as having to do with the populations of Communist countries. I've told that in my two books on brainwashing, but try to find them in your bookshops or even in most public libraries. They are high up on recommended lists for libraries and schools, as has been read into the Congressional Record. Brainwashing only incidentally concerns military prisoners or foreigners. This strategy of mind attack is aimed principally at the inhabitants of Communist countries, and has as its objective a forced change in their nature to make them over into "new Soviet men."

This is the true character of mind attack, which the Reds have succeeded in hiding. Those who pretend that American prisoners were not submitted to brainwashing either have to deny that the people under communism were put under these pressures, or else hush up the details. My original brainwashing findings were based on what was happening to civilians on the Chinese mainland. I wrote about the brainwashing of Chinese officials, teachers, and merchants – all ordinary folk. What they underwent, the American and British troops did later on in Korea. I will never forget the amazement that spread over the faces of released POW's when they first saw this book, and the relief it gave many who still felt sick over their experience. As the liberal book reviewer, Sterling North wrote:

"Why do the books revealing these truths get so little notice in the New York press and so modest a play in the bookstores? Terror is terror, no matter who perpetrates it. Unless we are to be known as a nation of hypocrites, the time has come to drop our blinders."

He wrote this in 1952, and the hush-hush continues in 1958. Those blinders are still over our eyes. Persistence in bringing out such facts, as this committee is doing, is the main obstacle to the success of the Communist psychological warfare techniques. You are doing a work which if left undone would leave our country helpless and betrayed before a new nuclear age sneak attack. The wonder is not that you are the butt of a subtle campaign to put you out of existence, but that it isn't even more intensified. Take pride in it.

We should not lose sight of the significant fact that the pressures used between captor and prisoner in the POW camps were identical to those utilized in Red China between Communist Party interrogators and the people. The Red Chinese population, the Russian populace, the Hungarians, and the inhabitants of the other satellite countries are all under the same treatment, and are our secret allies. The major objective of the Red network is to make us betray them. The issued, for instance, is not representation in the U.N. and at Washington, for 600 million Chinese by Peking, but their misrepresentation. That is what is being urged, and the stakes are high; either their help in overthrowing our common foe, or their blind fury against us for letting them down when they needed us most.

The similarity between the treatment given to military prisoners and to their own people by the Red hierarchy is perhaps the most convincing evidence we find of the callousness and inhumanity with which a Communist regime regards its own people.

The routine in the so-called "learning" classes for the faculty of any Chinese Communist school or government bureau, factory or business establishment, was identical to that in the

THE BRAINWASHING OF AMERICA

POW camps, with the identical stages that progressed through the writing of biographies and self-criticisms, along with diaries that had to be made available to the indoctrinators, to intermittent confessions and the ultimate indecent and humiliating disrobing of minds in an enforced mental orgy called "thought conclusions."

These were all the same in essence, the only difference being in the greater or less stress put on the various elements that constitute brainwashing, according to the needs of the particular environment. In a Red community, such pressures as hunger and fatigue, threats and violence, are enforced as a way of life through the manipulation of an artificially maintained low standard of living. Exactly as they dare not do away with the conditioned environment, popularly known as the Iron Curtain, the Red governments dare not permit their people to sleep well, and to have unimpeded leisure, any more than in POW camps. The people of a Red country are considered just as much as enemies by the Communist hierarchy as were the American and British POW's in Korea.

Incalculable tens of millions of Chinese people have been arrested by the Mao Tse-tung regime on political charges since the fall of the mainland, and a horrible percentage of them killed. They all had to attend "learning" classes the same as the POW's. All the Chinese people who have not been imprisoned also have had to undergo this clinical form of "learning," which is obligatory for every human being on the Chinese mainland.

The word "learning" should be in quotation marks, because it is a bizarre example of Red semantics. The word is written in Chinese with a different character than the ordinary word "learning," although pronounced the same, and means only political learning from the Communist point of view. Those who translate the word without revealing this are abetting the Communist propaganda intent. We're almost trapped into doing it whether we like it or not. That is Red semantics, the most effective of the tools utilized in brainwashing.

MR. ARENS: Do you have a specific illustration of the way in which the leadership in our Nation has been duped or brainwashed with reference to the international Communist conspiracy?

MR. HUNTER: The most deadly misconception of all, that requires a softening up in our thinking before we can make it, is the idea that there are different kinds of communism, and that besides international communism there is something called national communism, which fundamentally differs. There is nothing of the sort. We are again interpreting, on the basis of wishful thinking, what the Communists themselves are plainly saying. We base this national communism conception on Titoism. Tito at no time disowned or expressed doubt in any of the fundamental tenets of communism, and he is today expending all the time he can in trying to tell the world that he believes in communism, intends Communist objectives to win out in the long run all over the world. Communism in this, too, has been able, as always, to get the help it needs from the non-Communist and principally the anti-Communist world.

Each time there has been a crisis in Soviet Russia, it could depend on the outside world for help. Today, under the theory that there are different forms of communism, and some Communist forms are not really Communist, or are less Communist than others, we are giving through aid programs and such propaganda assists as so-called exchange scholarships, the help and sustenance that these Communist countries require to survive. I have heard that under certain technical requirements of the law, completely fantastic statements have come from the White House and the State Department that communism in Yugoslavia really isn't communism any more, and that communism in Poland is not real communism. I thought we had learned our lesson in China. We said that the communism of China, the communism of Mao Tse-tung, was not really communism. We said it was not the communism of Moscow. Mao Tse-tung was say-

THE BRAINWASHING OF AMERICA

ing it was the same communism, exactly as Tito says that the Communist ideology is basically the same everywhere, and that the objective for a Communist world identical. Yet we insist on saying that Tito and Mao Tse-tung, just as Hitler, did not mean what they were doing their best to say they did mean.

MR. ARENS: What can we do about it?

MR. HUNTER: First of all, we have to begin by realizing that we are very, very late. The Communists have been operating for a full generation, taking strategic advantage of the American principles, exploiting the best sides in our characters as vulnerabilities, and succeeding for a generation in changing the characteristics of Americans. I remember when I was a young man, every personnel department was looking for leadership qualities. What was sought was a man's capacity as an individual to achieve new things. Today that is not even considered by personnel departments in their "employment policies. They ask, instead, if the man "gets along" with everybody. They do not ask what is his individuality; they ask how he conforms. When we raise a young man to believe that at all costs he must get on with everyone, we have put him into a state of mind that almost guarantees, if he falls into the hands of an enemy such as the Communists, that he will react as he had been raised, to try "to get on," because he must not be "antisocial." Being "antisocial" has become the cardinal sin in our society. We have to again go back to characteristics of ours which made us, as individuals, say that what is right is right, and whether or not it is antisocial makes no difference. The young man who broadcast for the Red Chinese was simply "getting along" as he had been taught to do by our educators.

What we can do in defense against brainwashing is very difficult now, because we have lost a generation. We should begin by scotching a type of mentality that is both defeatist and unrealistic and which repeats the so-called sophisticated observation, "Every man has a breaking point," with the inference that brainwashing is hence unbeatable and we might as well not do anything about it. That seems to be the preferred conclusion in certain circles. Anyone who comes forth with that finding is welcomed by them, and has no difficulty having his writings displayed in the bookshops and learnedly reviewed. A psychiatrist would be needed to analyze that masochistic trait in some of us.

Pavlov's experiments do have significance for the human being, so we are destined to become ants through the medium of a collectivist society, is the blasé deduction in these sadistically inclined, fake intellectual circles.

But this is loose thinking. Of course every man has a breaking point, has always had, and will always have. Even granite can be crushed into power. What does that signify? The huskiest wrestler in the world can stand only a certain amount of weight on his arm before it cracks. The healthiest man in the world can be killed in a moment by a bullet that penetrates a vital organ. So what? They simply avoid such situations wherever normally possible. They narrow down the times when they can be trapped that way, or they make it too costly for the assailant.

The basic point is that this breaking point varies constantly with the same individual. Exercise, training, determination, and a host of other elements all enter into it. There isn't a single human being so weak or so strong, so stupid or so clever, that he cannot be improved. His mental resistance can be strengthened just as much as his physical.

The type of mentality I have been outlining is the result of the softening up that has been taking place in our society during the past few decades under Communist encouragement. Our first task is to correct that sloppy way of thinking, especially when coated with a veneer of the professional.

The world situation has created the need for a conscious extension of the sort of training we give Boy Scouts, for example. They are taught what to do when lost in the woods. Our pilots

THE BRAINWASHING OF AMERICA

are taught the same survival methods, so they know what berries can poison them or keep them alive. We simply have to extend that nowadays to teaching a man what to do when lost in an ideological jungle, giving him what I call "mental survivalstamina." No longer is it sufficient for him to just enjoy the privileges of a free society. He must learn what constitutes freedom, and the pitfalls that destroy it. We have always had camp crafts in the military. This merely extends them farther. That was the simple basis on which the services presumably are adopting a program to resist brainwashing.

The experiences of those who have undergone brainwashing tell us what traits are effective in providing mental survival stamina. In my second book, *Brainwashing: The Story of Men Who Defied It*, I list them the same way as I do the pressures that break a mind. They are given as follows:

"Faith, convictions, clarity of mind, a closed mind, purpose, keeping one's mind busy, confidence, deceit, high jinks, adaptability, crusading spirit, group feelings, being yourself."

Some of these are readily understandable, others can be misinterpreted and require explanation, as the closed mind, deceit, and possibly high jinks. A closed mind does not mean narrowmindedness of fanaticism. What it does mean is that you have already reached a conclusion on a specific matter in question and under the circumstances there is no earthly use in discussing it. One doesn't discuss, for instance, whether it isn't all right to slap one's mother in the face, or to slap one's country in the face with a propaganda talk while under the enemy. One doesn't have to prove himself objective or fairminded by discussing those matters. There are innumerable others. The difference between a closed mind and fanaticism is that one shuts the door in the former case, locks it, and puts the key in one's pocket. You can open the door if you wish, but there's no logical reason to do so. The fanatic cements the door in place so it never can be opened again. A balanced mind reaches conclusions on basic subjects, then passes on to others. He doesn't return to the earlier ones unless some drastic reason impels him to. A POW camp is certainly not the locale, with all the dice loaded and in the hands of the brainwasher.

Anyone who wouldn't use deceit on a crazy man advancing toward him with a dagger would be extremely stupid. A madman is humored, and that is another way of saying deceived. The Communist ideology, like the Fascist, has a streak of insanity in it. Stalin had it the same as Hitler. Prisoners of war still are soldiers, and it surely is no more wrong to deceive an enemy than to kill him. Deceit is a recognized part of military tactics. As told me by the Reverend Olin Stockwell, an American missionary who was intensively brainwashed by the Reds, "I lied like a trooper." He had sense. The Reds were at war with his church as well as his country, and he would have been silly to make believe not.

The Reds extracted confessions from practically anyone, no matter on how trivial a matter, even when they knew it was a fake from beginning to end. This mystified the prisoners, but there was a psychological reason. Confession is a form of submission, and was so recognized in early language. Confession accustoms the individual to surrender his integrity as well as his body.

Quite a bit of controversy has arisen over the way to counteract the confession tactic. While some insist on not replying to the Communists, giving no answers to their questions, other urge total confessions of everything imaginable, except the truth, by everybody. There are serious drawbacks to both of these as an exclusive approach, but there is no reason why we have to choose any single defense tactic. Let us use them all, according to the situation and how we're organized at that time. That's adaptability. We already know the utter falsity of Communist-obtained confessions, and that much, at least, should be proclaimed to all the world. We seem

THE BRAINWASHING OF AMERICA

to feel that we mustn't hurt the feelings of the Reds by stressing any such ugly trick of theirs.

We can also acquaint the world at once with this Pavlovian approach that equates a man with beasts of the field. Strangely, we are hushing up that aspect of it. I tell in *Brainwashing: The Story of Men Who Defied It*, about a film I saw, made in the U.S.S.R. for training purposes, that shows experiments on a human being as if he were a dog. I can imagine no more effective anti-Communist movie, and we didn't make it; Moscow did. The film is available, yet we are careful not to offend the Reds by showing it. I cannot conceive of anyone in Hindu India or Moslem Egypt seeing that film and retaining anything except disgust for the Reds.

The most important elements of mental survival stamina are faith and convictions. I never expected this to be questioned. After all, my information came out of the experiences of the brainwashed themselves. Yet there has been a most peculiar resentment of that finding. I believe this is the most significant of my discoveries for Americans, for it reveals a national vulnerability that has crept into our character, which it is the responsibility of every one of our citizens to help remove.

I had gathered the material for my first book by the old-fashioned way of going to news sources for it. I kept extensive notebooks. I decided to retain that method in all my writing. I built up *Brain-Washing in Red China* out of the material in my notebooks, giving each interview and each experience the way it happened, so the reader would obtain each picture as I saw it originally. Only after I had finished it and read it in published form did I realize the full extent of what I had brought out. My faith in the bare truth, in the manner in which I had been taught to believe in it as a cub reporter in a generation now past, was completely justified. The brainwashing secret that the Kremlin had been able to keep bottled up in the Lubyanka and the other dungeons of its secret police had slipped out through its back door in China.

I made many lasting friendships through my first book. One was with Dr. Leon Freedom, a Baltimore brain specialist and psychiatrist, and also his keen-minded wife, Virginia. Before I ever heard of him, he was giving talks based on my book. After we met, I began going to him after some especially important interview, and we would discuss it for hours after his busy day at the clinic. He would analyze it from the medical point of view. He clarified the connection between brainwashing and Pavlov's conditioning of dogs. He opened that vista for me.

One day, I was jotting down notes during an interview with a brainwashed man from Eastern Europe, when I recognized once more that these words were alike others I had been recording, told me by persons who had undergone this mental torture in China. The subject of the particular paragraph was how he had managed to survive to the extent he had under those horrible pressures. The significance of this dawned on me. That night I went over my notebooks and found the second patten, this time for the preservation of a man's mind, not merely for its destruction. Our survival depends on us understanding that.

Each time a man told me how he had come out of the hands of his Red inquisitors, to the extent that he had retained his integrity, he had explained how he had defeated it. I found these details always the same, no matter whether the individual came from Siberia or China, the Soviet Union or Czechoslovakia, or whether he was American or German, Chinese or Japanese, irrespective of his profession, whether military or missionary or merchant. I realized then that I had in my notebooks the patten for the defeat of brainwashing, for the preservation of men's minds against the most vicious and sly attacks ever made on the human brain, in which all of our great contributions of science and civilization were being focused on the upside-down task of making healthy minds sick. When I came upon this patten for what I called mental survival stamina, I now know I had the material for a second book, and the responsibility to write it. That was how *Brainwashing: The Story of Men Who Defied It* came into existence.

THE BRAINWASHING OF AMERICA

To complete the record, I have written a third book, *The Story of Mary Liu*. I am told it reads like a novel, although every name and detail are true. There is a Mary Liu. The story deals with this same human problem of the preservation of man's integrity under tremendous odds. *The Story of Mary Liu* gives the experience of a single individual, and deals primarily with the religious field. Because of her very special condition, she was able to witness from behind the scenes what foreigners were not allowed to see in Red China, even those who were pro-Communist.

MR. ARENS: Thank you very much, Mr. Hunter.

(Thereupon, at 1:30 p.m., Thursday, March 13, 1958, the consultation was concluded.)

COMMITTEE ON UN-AMERICAN ACTIVITIES UNITED STATES HOUSE OF REPRESENTATIVES

Francis E. Walter, Pennsylvania, Chairman

Morgan M. Moulder, Missouri

Clyde Doyle, California

Edwin E. Willis, Louisiana

William M. Tuck, Virginia

Bernard W. Kearney, New York

Donald L. Jackson, California

Gordon H. Scherer, Ohio

Robert J. McIntosh, Michigan

Richard Arens, Staff Director

Public Law 601, 79th Congress

The legislation under which the House Committee on Un-American Activities operates is Public Law 601, 79th Congress [1946], chapter 753, 2d session, which provides:

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

Part 2--RULES OF THE HOUSE OF REPRESENTATIVES

Rule X

Sec. 121 Standing Committees

17. Committee on Un-American Activities, to consist of nine members. Rule XII

Powers and Duties of Committees

(q) (1) Committee on Un-American Activities.

(A) Un-American activities.

(2) The Committee on Un-American Activities, as a whole or by subcommittee is authorized to make from time to time investigations of (i) the extent, character, and objects of un-American propaganda activities in the United States, (ii) the diffusion within the United States of subversive and un-American propaganda that is instigated from foreign countries or of a domestic origin and attacks the principle of the form of government as guaranteed by our Constitution, and (iii) all other questions in relation thereto that would aid Congress in any necessary remedial legislation shall report to the House (or to the Clerk of the House if the House is not in session) the results of any such investigation, together with such recommendations as it deems advisable.

For the purpose of any such investigation, the Committee on Un-American Activities, or any subcommittee thereof, is authorized to sit and act at such times and places within the United States, whether or not the House is sitting, has recessed, or has adjourned, to hold such hear-

THE BRAINWASHING OF AMERICA

ings, to require the attendance of such witnesses and the production of such books, papers, and documents, and to take such testimony, as it deems necessary. Subpenas may be issued under the signature of the chairman of the committee or any subcommittee, or by any member designated by any such chairman of the committee or any subcommittee, or by any member designated by any such chairman, and may be served by any person designated by any such chairman or member.

Rule XII

Sec. 136. To assist the Congress in Appraising the administration of the laws and in developing such amendments or related legislation as it may deem necessary, each standing committee of the Senate and the House of Representatives shall exercise continuous watchfulness of the execution by the administrative agencies concerned of any laws, the subject matter of which is within the jurisdiction of such committee; and, for that purpose, shall study all pertinent reports and data submitted to the Congress by the agencies in the executive branch of the Government.

RULES ADOPTED BY THE 86TH CONGRESS

House Resolution 8, January 3, 1951

Rule X

1. There shall be elected by the House, at the commencement of each Congress,
(q) Committee on Un-American Activities to consist of nine Members.

Rule XI

Powers and Duties of Committees

17. Committee on Un-American Activities.
(a) Un-American activities

The Committee on Un-American Activities, as a whole or by subcommittee, is authorized to make from time to time investigations of (1) the extent, character, and objects of un-American propaganda activities in the United States, (2) the diffusion within the United States of subversive and un-American propaganda that is instigated from foreign countries of a domestic origin and attacks the principle of the form of government as guaranteed by our Constitution, and (3) all other questions in relation thereto that would aid Congress in any necessary remedial legislation.

The Committee on Un-American Activities shall report to the House (or to the Clerk of the House if the House Is not In session) the results of any such investigation, together with such recommendations as It deems advisable.

For the purpose of any such investigation, the Committee on Un-American Activities, or any subcommittee thereof, is authorized to sit and act at such times and places within the United States, whether or not the House is sitting, has recessed, or has adjourned, to hold such hearings, to require the attendance of such witnesses and the production of such books, papers, and documents, and to take such testimony as It deems necessary. Subpoenas may be issued under the signature of the chairman al the committee or any subcommittee, or by any member designated by any such chairman, and may be served by any person designated by any such chairman or member.

26. To assist the House in appraising the administration of the laws and in developing such amendments or related legislation as it may deem necessary each standing committee of the House shall exercise continuous watchfulness of the execution by the administrative agencies concerned of any laws, the subject matter of which is within the jurisdiction of such committee; and, for that purpose, shall study all pertinent reports and data submitted to the House by the agencies in the executive branch of the Government.

THE BRAINWASHING OF AMERICA

PART TWO

'Man does not have the right to develop his own mind. This kind of liberal orientation has great appeal. We must electrically control the brain. Some day armies and generals will be controlled by electric stimulation of the brain.'

- U.S. government mind manipulator, Dr. Jose Delgado, Congressional Record, No. 262E, Vol. 118, 1974.

Summary Of Contents

Introduction

The Birth of Conversion: Brainwashing in Christian Revivalism in 1735.

The Three Brain Phases: The Pavlovian Explanation

How Revivalist Preachers Work

The "Voice Roll" Technique

The Build-up Process.: Inducing Altered States

Assured Continuation: Fleecing the Flock

Bonding by Fear and Suggestion

Testimony: Creating Community Spirit

Miracles

The Grey Area of Legitimacy

A Game in Which the Rules Keep Changing

Six Conversion Techniques

Isolation Intimidation, Deprivation and Indoctrination.

The "Sell It By Zealot" Technique.

Wearing Down Resistance

Increasing Tension

Introducing Uncertainty About Identity

Jargon

Lack of Humor: No Release, No Resistance

Not Always a Bad Thing

Cults: A Captive Course in Stockholm Syndrome

The Only Hope of Immunity

THE BRAINWASHING OF AMERICA

The US Marines as a Brainwashing Cult

Steps in the Decognition Process

Alertness reduction

Programmed Confusion

Thought Stopping

Thought Stopping Techniques.

Marching

Meditation

Chanting

True believers and mass movements.

Persuasion techniques:

"Yes Set"

Embedded Commands

The Power of NLP

Interspersal Technique

Practical Examples

Shock and Confusion

Subliminal Programming

Does Subliminal Programming Work?

Mass Misuse of Subliminal Programming

Vibrato

Extra-low Frequency Vibrations (ELFs)

The Neurophone

Technological Tools for Mass Manipulation

In Closing...

Introduction

I'm Dick Sutphen and this tape is a studio-recorded, expanded version of a talk I delivered at the World Congress of Professional Hypnotists Convention in Las Vegas, Nevada. Although the tape carries a copyright to protect it from unlawful duplication for sale by other companies, in this case, I invite individuals to make copies and give them to friends or anyone in a position to communicate this information.

Although I've been interviewed about the subject on many local and regional radio and TV talk shows, large-scale mass communication appears to be blocked, since it could result in suspicion or investigation of the very media presenting it or the sponsors that support the media. Some government agencies do not want this information generally known. Nor do the Born-Again Christian movement, cults, and many human-potential trainings.

Everything I will relate only exposes the surface of the problem. I don't know how the misuse of these techniques can be stopped. I don't think it is possible to legislate against that which often cannot be detected; and if those who legislate are using these techniques, there is little hope of affecting laws to govern usage. I do know that the first step to initiate change is to generate interest. In this case, that will probably only result from an underground effort.

In talking about this subject, I am talking about my own business. I know it, and I know how effective it can be. I produce hypnosis and subliminal tapes and, in some of my seminars, I use conversion tactics to assist participants to become independent and self-sufficient. But, anytime I use these techniques, I point out that I am using them, and those attending have a choice to participate or not. They also know what the desired result of participation will be.

THE BRAINWASHING OF AMERICA

So, to begin, I want to state the most basic of all facts about brainwashing: In the entire history of man, no one has ever been brainwashed and realized, or believed, that he had been brainwashed. Those who have been brainwashed will usually passionately defend their manipulators, claiming they have simply been "shown the light" ...or have been transformed in miraculous ways.

The Birth of Conversion:

Brainwashing in Christian Revivalism in 1735.

Conversion is a "nice" word for brainwashing...and any study of brainwashing has to begin with a study of Christian revivalism in eighteenth century America. Apparently, Jonathan Edwards accidentally discovered the techniques during a religious crusade in 1735 in Northampton, Massachusetts. By inducing guilt and acute apprehension and by increasing the tension, the "sinners" attending his revival meetings would break down and completely submit. Technically, what Edwards was doing was creating conditions that wipe the brain slate clean so that the mind accepts new programming. The problem was that the new input was negative. He would tell them, "You're a sinner! You're destined for hell!"

As a result, one person committed suicide and another attempted suicide. And the neighbors of the suicidal converts related that they, too, were affected so deeply that, although they had found "eternal salvation," they were obsessed with a diabolical temptation to end their own lives.

Once a preacher, cult leader, manipulator or authority figure creates the brain phase to wipe the brain-slate clean, his subjects are wide open. New input, in the form of suggestion, can be substituted for their previous ideas. Because Edwards didn't turn his message positive until the end of the revival, many accepted the negative suggestions and acted, or desired to act, upon them.

Charles J. Finney was another Christian revivalist who used the same techniques four years later in mass religious conversions in New York. The techniques are still being used today by Christian revivalists, cults, human-potential trainings, some business rallies, and the United States Armed services...to name just a few.

Let me point out here that I don't think most revivalist preachers realize or know they are using brainwashing techniques. Edwards simply stumbled upon a technique that really worked, and others copied it and have continued to copy it for over two hundred years. And the more sophisticated our knowledge and technology become, the more effective the conversion. I feel strongly that this is one of the major reasons for the increasing rise in Christian fundamentalism, especially the televised variety, while most of the orthodox religions are declining.

The Three Brain Phases: The Pavlovian Explanation

The Christians may have been the first to successfully formulate brainwashing, but we have to look to Pavlov, the Russian scientist, for a technical explanation. In the early 1900s, his work with animals opened the door to further investigations with humans. After the revolution in Russia, Lenin was quick to see the potential of applying Pavlov's research to his own ends.

Three distinct and progressive states of transmarginal inhibition were identified by Pavlov. The first is the equivalent phase, in which the brain gives the same response to both strong and weak stimuli. The second is the paradoxical phase, in which the brain responds more actively to weak stimuli than to strong. And the third is the ultra-paradoxical phase, in which conditioned responses and behavior patterns turn from positive to negative or from negative to positive.

With the progression through each phase, the degree of conversion becomes more effective and complete. The way to achieve conversion are many and varied, but the usual first step

THE BRAINWASHING OF AMERICA

in religious or political brainwashing is to work on the emotions of an individual or group until they reach an abnormal level of anger, fear, excitement, or nervous tension.

The progressive result of this mental condition is to impair judgement and increase suggestibility. The more this condition can be maintained or intensified, the more it compounds. Once catharsis, or the first brain phase, is reached, the complete mental takeover becomes easier. Existing mental programming can be replaced with new patterns of thinking and behavior.

Other often-used physiological weapons to modify normal brain functions are fasting, radical or high sugar diets, physical discomforts, regulation of breathing, mantra chanting in meditation, the disclosure of awesome mysteries, special lighting and sound effects, programmed response to incense, or intoxicating drugs.

The same results can be obtained in contemporary psychiatric treatment by electric shock treatments and even by purposely lowering a person's blood sugar level with insulin injections.

Before I talk about exactly how some of the techniques are applied, I want to point out that hypnosis and conversion tactics are two distinctly different things--and that conversion techniques are far more powerful. However, the two are often mixed...with powerful results.

How Revivalist Preachers Work

If you'd like to see a revivalist preacher at work, there are probably several in your city. Go to the church or tent early and sit in the rear, about three-quarters of the way back. Most likely repetitive music will be played while the people come in for the service. A repetitive beat, ideally ranging from 45 to 72 beats per minute (a rhythm close to the beat of the human heart), is very hypnotic and can generate an eyes-open altered state of consciousness in a very high percentage of people. And, once you are in an alpha state, you are at least 25 times as suggestible as you would be in full beta consciousness. The music is probably the same for every service, or incorporates the same beat, and many of the people will go into an altered state almost immediately upon entering the sanctuary. Subconsciously, they recall their state of mind from previous services and respond according to the post-hypnotic programming.

Watch the people waiting for the service to begin. Many will exhibit external signs of trance--body relaxation and slightly dilated eyes. Often, they begin swaying back and forth with their hands in the air while sitting in their chairs. Next, the assistant pastor will probably come out. He usually speaks with a pretty good "voice roll."

The "Voice Roll" Technique

A "voice roll" is a patterned, paced style used by hypnotists when inducing a trance. It is also used by many lawyers, several of whom are highly trained hypnotists, when they desire to entrench a point firmly in the minds of the jurors. A voice roll can sound as if the speaker were talking to the beat of a metronome or it may sound as though he were emphasizing every word in a monotonous, patterned style. The words will usually be delivered at the rate of 45 to 60 beats per minute, maximizing the hypnotic effect.

The Build-up Process: Inducing Altered States

Now the assistant pastor begins the "build-up" process. He induces an altered state of consciousness and/or begins to generate the excitement and the expectations of the audience. Next, a group of young women in "sweet and pure" chiffon dresses might come out to sing a song. Gospel songs are great for building excitement and involvement. In the middle of the song, one of the girls might be "smitten by the spirit" and fall down or react as if possessed by the Holy Spirit. This very effectively increases the intensity in the room. At this point, hypnosis and conversion tactics are being mixed. And the result is the audience's attention span is now totally focused upon the communication while the environment becomes more exciting or tense.

THE BRAINWASHING OF AMERICA

Assured Continuation: Fleecing the Flock

Right about this time, when an eyes-open mass-induced alpha mental state has been achieved, they will usually pass the collection plate or basket. In the background, a 45-beat-per-minute voice roll from the assistant preacher might exhort, "Give to God...Give to God...Give to God..." And the audience does give. God may not get the money, but his already-wealthy representative will.

Bonding by Fear and Suggestion

Next, the fire-and-brimstone preacher will come out. He induces fear and increases the tension by talking about "the devil," "going to hell," or the forthcoming Armageddon.

In the last such rally I attended, the preacher talked about the blood that would soon be running out of every faucet in the land. He was also obsessed with a "bloody axe of God," which everyone had seen hanging above the pulpit the previous week. I have no doubt that everyone saw it--the power of suggestion given to hundreds of people in hypnosis assures that at least 10 to 25 percent would see whatever he suggested they see.

Testimony: Creating Community Spirit

In most revivalist gatherings, "testifying" or "witnessing" usually follows the fear-based sermon. People from the audience come up on stage and relate their stories. "I was crippled and now I can walk!" "I had arthritis and now it's gone!" It is a psychological manipulation that works. After listening to numerous case histories of miraculous healings, the average guy in the audience with a minor problem is sure he can be healed. The room is charged with fear, guilt, intense excitement, and expectations.

Miracles

Now those who want to be healed are frequently lined up around the edge of the room, or they are told to come down to the front. The preacher might touch them on the head firmly and scream, "Be healed!" This releases the psychic energy and, for many, catharsis results. Catharsis is a purging of repressed emotions. Individuals might cry, fall down or even go into spasms. And if catharsis is effected, they stand a chance of being healed. In catharsis (one of the three brain phases mentioned earlier), the brain-slate is temporarily wiped clean and the new suggestion is accepted.

For some, the healing may be permanent. For many, it will last four days to a week, which is, incidentally, how long a hypnotic suggestion given to a somnambulistic subject will usually last. Even if the healing doesn't last, if they come back every week, the power of suggestion may continually override the problem...or sometimes, sadly, it can mask a physical problem which could prove to be very detrimental to the individual in the long run.

The Grey Area of Legitimacy

I'm not saying that legitimate healings do not take place. They do. Maybe the individual was ready to let go of the negativity that caused the problem in the first place; maybe it was the work of God. Yet I contend that it can be explained with existing knowledge of brain/mind function.

A Game in Which the Rules Keep Changing

The techniques and staging will vary from church to church. Many use "speaking in tongues" to generate catharsis in some while the spectacle creates intense excitement in the observers.

The use of hypnotic techniques by religions is sophisticated, and professionals are assuring that they become even more effective. A man in Los Angeles is designing, building, and reworking a lot of churches around the country. He tells ministers what they need and how to use it. This man's track record indicates that the congregation and the monetary income will double if the minister follows his instructions. He admits that about 80 percent of his efforts are in the

THE BRAINWASHING OF AMERICA

sound system and lighting.

Powerful sound and the proper use of lighting are of primary importance in inducing an altered state of consciousness--I've been using them for years in my own seminars. However, my participants are fully aware of the process and what they can expect as a result of their participation.

Six Conversion Techniques

Cults and human-potential organizations are always looking for new converts. To attain them, they must also create a brain-phase. And they often need to do it within a short space of time--a weekend, or maybe even a day. The following are the six primary techniques used to generate the conversion.

Isolation Intimidation, Deprivation and Indoctrination

The meeting or training takes place in an area where participants are cut off from the outside world. This may be any place: a private home, a remote or rural setting, or even a hotel ballroom where the participants are allowed only limited bathroom usage. In human-potential trainings, the controllers will give a lengthy talk about the importance of "keeping agreements" in life. The participants are told that if they don't keep agreements, their life will never work. It's a good idea to keep agreements, but the controllers are subverting a positive human value for selfish purposes. The participants vow to themselves and their trainer that they will keep their agreements. Anyone who does not will be intimidated into agreement or forced to leave. The next step is to agree to complete training, thus assuring a high percentage of conversions for the organizations.

They will usually have to agree not to take drugs, smoke, and sometimes not to eat...or they are given such short meal breaks that it creates tension. The real reason for the agreements is to alter internal chemistry, which generates anxiety and hopefully causes at least a slight malfunction of the nervous system, which in turn increases the conversion potential.

The "Sell It By Zealot" Technique.

Before the gathering is complete, the agreements will be used to ensure that the new converts go out and find new participants. They are intimidated into agreeing to do so before they leave. Since the importance of keeping agreements is so high on their priority list, the converts will twist the arms of everyone they know, attempting to talk them into attending a free introductory session offered at a future date by the organization. The new converts are zealots. In fact, the inside term for merchandising the largest and most successful human-potential training is, "sell it by zealot!"

At least a million people are graduates and a good percentage have been left with a mental activation button that assures their future loyalty and assistance if the guru figure or organization calls. Think about the potential political implications of hundreds of thousands of zealots programmed to campaign for their guru.

Be wary of an organization of this type that offers follow-up sessions after the seminar. Follow-up sessions might be weekly meetings or inexpensive seminars given on a regular basis which the organization will attempt to talk you into taking--or any regularly scheduled event used to maintain control. As the early Christian revivalists found, long-term control is dependent upon a good follow-up system.

Wearing Down Resistance

Alright. Now, let's look at the second tip-off that indicates conversion tactics are being used. A schedule is maintained that causes physical and mental fatigue. This is primarily accomplished by long hours in which the participants are given no opportunity for relaxation or reflection.

Increasing Tension

THE BRAINWASHING OF AMERICA

The third tip-off: techniques used to increase the tension in the room or environment.

Introducing Uncertainty About Identity

Number four: Uncertainty.

I could spend hours relating various techniques to increase tension and generate uncertainty. Basically, the participants are concerned about being "put on the spot" or encountered by the trainers, guilt feelings are played upon, participants are tempted to verbally relate their innermost secrets to the other participants or forced to take part in activities that emphasize removing their masks. One of the most successful human-potential seminars forces the participants to stand on a stage in front of the entire audience while being verbally attacked by the trainers. A public opinion poll, conducted a few years ago, showed that the number one most-fearful situation an individual could encounter is to speak to an audience. It ranked above window washing outside the 85th floor of an office building.

So you can imagine the fear and tension this situation generates within the participants. Many faint, but most cope with the stress by mentally going away. They literally go into an alpha state, which automatically makes them many times as suggestible as they normally are. And another loop of the downward spiral into conversion is successfully effected.

Jargon

The fifth clue that conversion tactics are being used is the introduction of jargon--new terms that have meaning only to the "insiders" who participate. Vicious language is also frequently used, purposely, to make participants uncomfortable.

Lack of Humor: No Release, No Resistance

The final tip-off is that there is no humor in the communications...at least until the participants are converted. Then, merry-making and humor are highly desirable as symbols of the new joy the participants have supposedly "found."

Not Always a Bad Thing

I'm not saying that good does not result from participation in such gatherings. It can and does. But I contend it is important for people to know what has happened and to be aware that continual involvement may not be in their best interest.

Over the years, I've conducted professional seminars to teach people to be hypnotists, trainers, and counselors. I've had many of those who conduct trainings and rallies come to me and say, "I'm here because I know that what I'm doing works, but I don't know why." After showing them how and why, many have gotten out of the business or have decided to approach it differently or in a much more loving and supportive manner.

Many of these trainers have become personal friends, and it scares us all to have experienced the power of one person with a microphone and a room full of people. Add a little charisma and you can count on a high percentage of conversions. The sad truth is that a high percentage of people want to give away their power--they are true "believers"!

Cults: A Captive Course in Stockholm Syndrome

Cult gatherings or human-potential trainings are an ideal environment to observe first-hand what is technically called the "Stockholm Syndrome." This is a situation in which those who are intimidated, controlled, or made to suffer, begin to love, admire, and even sometimes sexually desire their controllers or captors.

But let me inject a word of warning here: If you think you can attend such gatherings and not be affected, you are probably wrong. A perfect example is the case of a woman who went to Haiti on a Guggenheim Fellowship to study Haitian Voodoo. In her report, she related how the music eventually induced uncontrollable bodily movement and an altered state of consciousness. Although she understood the process and thought herself above it, when she began to

THE BRAINWASHING OF AMERICA

feel herself become vulnerable to the music, she attempted to fight it and turned away. Anger or resistance almost always assures conversion. A few moments later she was possessed by the music and began dancing in a trance around the Voodoo meeting house. A brain phase had been induced by the music and excitement, and she awoke feeling reborn.

The Only Hope of Immunity

The only hope of attending such gatherings without being affected is to be a Buddha and allow no positive or negative emotions to surface. Few people are capable of such detachment.

The US Marines as a Brainwashing Cult

Before I go on, let's go back to the six tip-offs to conversion. I want to mention the United States Government and military boot camp. The Marine Corps talks about breaking men down before "rebuilding" them as new men--as marines! Well, that is exactly what they do, the same way a cult breaks its people down and rebuilds them as happy flower sellers on your local street corner. Every one of the six conversion techniques are used in boot camp. Considering the needs of the military, I'm not making a judgement as to whether that is good or bad. IT IS A fact that the men are effectively brainwashed. Those who won't submit must be discharged or spend much of their time in the brig.

Steps in the Decognition Process

Once the initial conversion is effected, cults, armed services, and similar groups cannot have cynicism among their members. Members must respond to commands and do as they are told, otherwise they are dangerous to the organizational control. This is normally accomplished as a three-step ~ Decognition Process.

Alertness reduction

Step One is alertness reduction: The controllers cause the nervous system to malfunction, making it difficult to distinguish between fantasy and reality. This can be accomplished in several ways. poor diet is one; watch out for Brownies and Koolaid. The sugar throws the nervous system off. More subtle is the "spiritual diet" used by many cults. They eat only vegetables and fruits; without the grounding of grains, nuts, seeds, dairy products, fish or meat, an individual becomes mentally "spacey." Inadequate sleep is another primary way to reduce alertness, especially when combined with long hours of work or intense physical activity. Also, being bombarded with intense and unique experiences achieves the same result.

Programmed Confusion

Step Two is programmed confusion: You are mentally assaulted while your alertness is being reduced as in Step One. This is accomplished with a deluge of new information, lectures, discussion groups, encounters or one-to-one processing, which usually amounts to the controller bombarding the individual with questions. During this phase of decognition, reality and illusion often merge and perverted logic is likely to be accepted.

Thought Stopping

Step Three is thought stopping: Techniques are used to cause the mind to go "flat." These are altered-state-of-consciousness techniques that initially induce calmness by giving the mind something simple to deal with and focusing awareness. The continued use brings on a feeling of elation and eventually hallucination. The result is the reduction of thought and eventually, if used long enough, the cessation of all thought and withdrawal from everyone and everything except that which the controllers direct. The takeover is then complete. It is important to be aware that when members or participants are instructed to use "thought-stopping" techniques, they are told that they will benefit by so doing: they will become "better soldiers" or "find enlightenment."

THE BRAINWASHING OF AMERICA

Thought Stopping Techniques

Marching

There are three primary techniques used for thought stopping. The first is marching: the thump, thump, thump beat literally generates self-hypnosis and thus great susceptibility to suggestion.

Meditation

The second thought stopping technique is meditation. If you spend an hour to an hour and a half a day in meditation, after a few weeks, there is a great probability that you will not return to full beta consciousness. You will remain in a fixed state of alpha for as long as you continue to meditate. I'm not saying this is bad--if you do it yourself. It may be very beneficial. But it is a fact that you are causing your mind to go flat. I've worked with meditators on an EEG machine and the results are conclusive: the more you meditate, the flatter your mind becomes until, eventually and especially if used to excess or in combination with decognition, all thought ceases. Some spiritual groups see this as nirvana--which is bullshit. It is simply a predictable physiological result. And if heaven on earth is non-thinking and non-involvement, I really question why we are here.

Chanting

The third thought-stopping technique is chanting, and often chanting in meditation. "Speaking in tongues" could also be included in this category.

All three-stopping techniques produce an altered state of consciousness. This may be very good if you are controlling the process, for you also control the input. I personally use at least one self-hypnosis programming session every day and I know how beneficial it is for me. But you need to know if you use these techniques to the degree of remaining continually in alpha that, although you'll be very mellow, you'll also be more suggestible.

True Believers and Mass Movements

Before ending this section on conversion, I want to talk about the people who are most susceptible to it and about Mass Movements. I am convinced that at least a third of the population is what Eric Hoffer calls "true believers." They are joiners and followers...people who want to give away their power. They look for answers, meaning, and enlightenment outside themselves.

Hoffer, who wrote "The True Believer", a classic on mass movements, says, "true believers are not intent on bolstering and advancing a cherished self, but are those craving to be rid of unwanted self. They are followers, not because of a desire for self-advancement, but because it can satisfy their passion for self-renunciation!" Hoffer also says that true believers "are eternally incomplete and eternally insecure"!

I know this from my own experience. In my years of communicating concepts and conducting trainings, I have run into them again and again. All I can do is attempt to show them that the only thing to seek is the True Self within. Their personal answers are to be found there and there alone. I communicate that the basics of spirituality are self-responsibility and self-actualization. But most of the true believers just tell me that I'm not spiritual and go looking for someone who will give them the dogma and structure they desire.

Never underestimate the potential danger of these people. They can easily be molded into fanatics who will gladly work and die for their holy cause. It is a substitute for their lost faith in themselves and offers them as a substitute for individual hope. The Moral Majority is made up of true believers. All cults are composed of true believers. You'll find them in politics, churches, businesses, and social cause groups. They are the fanatics in these organizations.

Mass Movements will usually have a charismatic leader. The followers want to convert others to their way of living or impose a new way of life--if necessary, by legislating laws forcing

THE BRAINWASHING OF AMERICA

others to their view, as evidenced by the activities of the Moral Majority. This means enforcement by guns or punishment, for that is the bottomline in law enforcement.

A common hatred, enemy, or devil is essential to the success of a mass movement. The Born-Again Christians have Satan himself, but that isn't enough--they've added the occult, the New Age thinkers and, lately, all those who oppose their integration of church and politics, as evidenced in their political reelection campaigns against those who oppose their views. In revolutions, the devil is usually the ruling power or aristocracy. Some human-potential movements are far too clever to ask their graduates to join anything, thus labeling themselves as a cult--but, if you look closely, you'll find that their devil is anyone and everyone who hasn't taken their training.

There are mass movements without devils but they seldom attain major status. The True Believers are mentally unbalanced or insecure people, or those without hope or friends. People don't look for allies when they love, but they do when they hate or become obsessed with a cause. And those who desire a new life and a new order feel the old ways must be eliminated before the new order can be built.

Persuasion Techniques

Persuasion isn't technically brainwashing but it is the manipulation of the human mind by another individual, without the manipulated party being aware what caused his opinion shift. I only have time to very basically introduce you to a few of the thousands of techniques in use today, but the basis of persuasion is always to access your right brain. The left half of your brain is analytical and rational. The right side is creative and imaginative. That is overly simplified but it makes my point. So, the idea is to distract the left brain and keep it busy. Ideally, the persuader generates an eyes-open altered state of consciousness, causing you to shift from beta awareness into alpha; this can be measured on an EEG machine.

"Yes Set"

First, let me give you an example of distracting the left brain. Politicians use these powerful techniques all the time; lawyers use many variations which, I've been told, they call "tightening the noose."

Assume for a moment that you are watching a politician give a speech. First, he might generate what is called a "yes set." These are statements that will cause listeners to agree; they might even unknowingly nod their heads in agreement. Next come the truisms. These are usually facts that could be debated but, once the politician has his audience agreeing, the odds are in the politician's favor that the audience won't stop to think for themselves, thus continuing to agree. Last comes the suggestion. This is what the politician wants you to do and, since you have been agreeing all along, you could be persuaded to accept the suggestion. Now, if you'll listen closely to my political speech, you'll find that the first three are the "yes set," the next three are truisms and the last is the suggestion.

"Ladies and gentlemen: are you angry about high food prices? Are you tired of astronomical gas prices? Are you sick of out-of-control inflation? Well, you know the Other Party allowed 18 percent inflation last year; you know crime has increased 50 percent nationwide in the last 12 months, and you know your paycheck hardly covers your expenses any more. Well, the answer to resolving these problems is to elect me, John Jones, to the U.S. Senate."

Embedded Commands

And I think you've heard all that before. But you might also watch for what are called embedded commands. As an example: On key words, the speaker would make a gesture with his left hand, which research has shown is more apt to access your right brain. Today's media-oriented politicians and spellbinders are often carefully trained by a whole new breed of specialist who

THE BRAINWASHING OF AMERICA

are using every trick in the book--both old and new--to manipulate you into accepting their candidate.

The Power of NLP

The concepts and techniques of Neuro-Linguistics are so heavily protected that I found out the hard way that to even talk about them publicly or in print results in threatened legal action. Yet Neuro-Linguistic training is readily available to anyone willing to devote the time and pay the price. It is some of the most subtle and powerful manipulation I have yet been exposed to. A good friend who recently attended a two-week seminar on Neuro-Linguistics found that many of those she talked to during the breaks were government people.

Interspersal Technique

Another technique that I'm just learning about is unbelievably slippery; it is called an interspersal technique and the idea is to say one thing with words but plant a subconscious impression of something else in the minds of the listeners and/or watchers.

Practical Examples

Let me give you an example: Assume you are watching a television commentator make the following statement: "Senator Johnson is assisting local authorities to clear up the stupid mistakes of companies contributing to the nuclear waste problems." It sounds like a statement of fact, but, if the speaker emphasizes the right word, and especially if he makes the proper hand gestures on the key words, you could be left with the subconscious impression that Senator Johnson is stupid. That was the subliminal goal of the statement and the speaker cannot be called to account for anything.

Persuasion techniques are also frequently used on a much smaller scale with just as much effectiveness. The insurance salesman knows his pitch is likely to be much more effective if he can get you to visualize something in your mind. This is right-brain communication. For instance, he might pause in his conversation, look slowly around your livingroom and say, "Can you just imagine this beautiful home burning to the ground?" Of course you can! It is one of your unconscious fears and, when he forces you to visualize it, you are more likely to be manipulated into signing his insurance policy.

Shock and Confusion

The Hare Krishnas, operating in every airport, use what I call shock and confusion techniques to distract the left brain and communicate directly with the right brain. While waiting for a plane, I once watched one operate for over an hour. He had a technique of almost jumping in front of someone. Initially, his voice was loud then dropped as he made his pitch to take a book and contribute money to the cause. Usually, when people are shocked, they immediately withdraw. In this case they were shocked by the strange appearance, sudden materialization and loud voice of the Hare Krishna devotee. In other words, the people went into an alpha state for security because they didn't want to confront the reality before them.

In alpha, they were highly suggestible so they responded to the suggestion of taking the book; the moment they took the book, they felt guilty and responded to the second suggestion: give money. We are all conditioned that if someone gives us something, we have to give them something in return--in that case, it was money. While watching this hustler, I was close enough to notice that many of the people he stopped exhibited an outward sign of alpha--their eyes were actually dilated.

Subliminal Programming

Subliminals are hidden suggestions that only your subconscious perceives. They can be audio, hidden behind music, or visual, airbrushed into a picture, flashed on a screen so fast that you don't consciously see them, or cleverly incorporated into a picture or design.

THE BRAINWASHING OF AMERICA

Most audio subliminal reprogramming tapes offer verbal suggestions recorded at a low volume. I question the efficacy of this technique--if subliminals are not perceptible, they cannot be effective, and subliminals recorded below the audible threshold are therefore useless. The oldest audio subliminal technique uses a voice that follows the volume of the music so subliminals are impossible to detect without a parametric equalizer. But this technique is patented and, when I wanted to develop my own line of subliminal audiocassettes, negotiations with the patent holder proved to be unsatisfactory.

My attorney obtained copies of the patents which I gave to some talented Hollywood sound engineers, asking them to create a new technique. They found a way to psycho-acoustically modify and synthesize the suggestions so that they are projected in the same chord and frequency as the music, thus giving them the effect of being part of the music. But we found that in using this technique, there is no way to reduce various frequencies to detect the subliminals. In other words, although the suggestions are being heard by the subconscious mind, they cannot be monitored with even the most sophisticated equipment.

If we were able to come up with this technique as easily as we did, I can only imagine how sophisticated the technology has become, with unlimited government or advertising funding. And I shudder to think about the propaganda and commercial manipulation that we are exposed to on a daily basis. There is simply no way to know what is behind the music you hear. It may even be possible to hide a second voice behind the voice to which you are listening.

The series by Wilson Bryan Key, Ph.D., on subliminals in advertising and political campaigns well documents the misuse in many areas, especially printed advertising in newspapers, magazines, and posters.

The big question about subliminals is: do they work? And I guarantee you they do. Not only from the response of those who have used my tapes, but from the results of such programs as the subliminals behind the music in department stores. Supposedly, the only message is instructions to not steal: one East Coast department store chain reported a 37 percent reduction in thefts in the first nine months of testing.

A 1984 article in the technical newsletter, "Brain-Mind Bulletin," states that as much as 99 percent of our cognitive activity may be "non-conscious," according to the director of the Laboratory for Cognitive Psychophysiology at the University of Illinois. The lengthy report ends with the statement, "these findings support the use of subliminal approaches such as taped suggestions for weight loss and the therapeutic use of hypnosis and Neuro-Linguistic Programming."

Mass Misuse of Subliminal Programming

I could relate many stories that support subliminal programming, but I'd rather use my time to make you aware of even more subtle uses of such programming.

I have personally experienced sitting in a Los Angeles auditorium with over ten thousand people who were gathered to listen to a current charismatic figure. Twenty minutes after entering the auditorium, I became aware that I was going in and out of an altered state. Those accompanying me experienced the same thing. Since it is our business, we were aware of what was happening, but those around us were not. By careful observation, what appeared to be spontaneous demonstrations were, in fact, artful manipulations. The only way I could figure that the eyes-open trance had been induced was that a 6- to 7-cycle-per-second vibration was being piped into the room behind the air conditioner sound. That particular vibration generates alpha, which would render the audience highly susceptible. Ten to 25 percent of the population is capable of a somnambulistic level of altered states of consciousness; for these people, the suggestions of the speaker, if non-threatening, could potentially be accepted as "commands."

THE BRAINWASHING OF AMERICA

Vibrato

This leads to the mention of vibrato. Vibrato is the tremulous effect imparted in some vocal or instrumental music, and the cycle-per-second range causes people to go into an altered state of consciousness. At one period of English history, singers whose voices contained pronounced vibrato were not allowed to perform publicly because listeners would go into an altered state and have fantasies, often sexual in nature.

People who attend opera or enjoy listening to singers like Mario Lanza are familiar with this altered state induced by the performers.

Extra-low Frequency Vibrations (ELFs)

Now, let's carry this awareness a little farther. There are also inaudible ELFs (extra-low frequency waves). These are electromagnetic in nature. One of the primary uses of ELFs is to communicate with our submarines. Dr. Andrija Puharich, a highly respected researcher, in an attempt to warn U.S. officials about Russian use of ELFs, set up an experiment. Volunteers were wired so their brain waves could be measured on an EEG. They were sealed in a metal room that could not be penetrated by a normal signal.

Puharich then beamed ELF waves at the volunteers. ELFs go right through the earth and, of course, right through metal walls. Those inside couldn't know if the signal was or was not being sent. And Puharich watched the reactions on the technical equipment: 30 percent of those inside the room were taken over by the ELF signal in six to ten seconds.

When I say "taken over," I mean that their behavior followed the changes anticipated at very precise frequencies. Waves below 6 cycles per second caused the subjects to become very emotionally upset, and even disrupted bodily functions. At 8.2 cycles, they felt very high...an elevated feeling, as though they had been in masterful meditation, learned over a period of years. Eleven to 11.3 cycles induced waves of depressed agitation leading to riotous behavior.

The Neurophone

Dr. Patrick Flanagan is a personal friend of mine. In the early 1960s, as a teenager, Pat was listed as one of the top scientists in the world by "Life" magazine. Among his many inventions was a device he called the Neurophone--an electronic instrument that can successfully program suggestions directly through contact with the skin. When he attempted to patent the device, the government demanded that he prove it worked. When he did, the National Security Agency confiscated the neurophone. It took Pat two years of legal battle to get his invention back.

In using the device, you don't hear or see a thing; it is applied to the skin, which Pat claims is the source of special senses. The skin contains more sensors for heat, touch, pain, vibration, and electrical fields than any other part of the human anatomy.

In one of his recent tests, Pat conducted two identical seminars for a military audience--one seminar one night and one the next night, because the size of the room was not large enough to accommodate all of them at one time. When the first group proved to be very cool and unwilling to respond, Patrick spent the next day making a special tape to play at the second seminar. The tape instructed the audience to be extremely warm and responsive and for their hands to become "tingly." The tape was played through the neurophone, which was connected to a wire he placed along the ceiling of the room. There were no speakers, so no sound could be heard, yet the message was successfully transmitted from that wire directly into the brains of the audience. They were warm and receptive, their hands tingled and they responded, according to programming, in other ways that I cannot mention here.

Technological Tools for Mass Manipulation

The more we find out about how human beings work through today's highly advanced tech-

THE BRAINWASHING OF AMERICA

nological research, the more we learn to control human beings. And what probably scares me the most is that the medium for takeover is already in place. The television set in your livingroom and bedroom is doing a lot more than just entertaining you.

Before I continue, let me point out something else about an altered state of consciousness. When you go into an altered state, you transfer into right brain, which results in the internal release of the body's own opiates: enkephalins and Beta-endorphins, chemically almost identical to opium. In other words, it feels good...and you want to come back for more.

Recent tests by researcher Herbert Krugman showed that, while viewers were watching TV, right-brain activity outnumbered left-brain activity by a ratio of two to one. Put more simply, the viewers were in an altered state...in trance more often than not. They were getting their Beta-endorphin "fix."

To measure attention spans, psychophysicologist Thomas Mulholland of the Veterans Hospital in Bedford, Massachusetts, attached young viewers to an EEG machine that was wired to shut the TV set off whenever the children's brains produced a majority of alpha waves. Although the children were told to concentrate, only a few could keep the set on for more than 30 seconds!

Most viewers are already hypnotized. To deepen the trance is easy. One simple way is to place a blank, black frame every 32 frames in the film that is being projected. This creates a 45-beat-per-minute pulsation perceived only by the subconscious mind--the ideal pace to generate deep hypnosis.

The commercials or suggestions presented following this alpha-inducing broadcast are much more likely to be accepted by the viewer. The high percentage of the viewing audience that has somnambulistic-depth ability could very well accept the suggestions as commands--as long as those commands did not ask the viewer to do something contrary to his morals, religion, or self-preservation.

The medium for takeover is here. By the age of 16, children have spent 10,000 to 15,000 hours watching television--that is more time than they spend in school! In the average home, the TV set is on for six hours and 44 minutes per day--an increase of nine minutes from last year and three times the average rate of increase during the 1970s.

It obviously isn't getting better...we are rapidly moving into an alpha-level world--very possibly the Orwellian world of "1984"--placid, glassy-eyed, and responding obediently to instructions.

A research project by Jacob Jacoby, a Purdue University psychologist, found that of 2,700 people tested, 90 percent misunderstood even such simple viewing fare as commercials and "Barnaby Jones." Only minutes after watching, the typical viewer missed 23 to 36 percent of the questions about what he or she had seen. Of course they did--they were going in and out of trance! If you go into a deep trance, you must be instructed to remember--otherwise you automatically forget.

In Closing...

I have just touched the tip of the iceberg. When you start to combine subliminal messages behind the music, subliminal visuals projected on the screen, hypnotically produced visual effects, sustained musical beats at a trance-inducing pace . . . you have extremely effective brainwashing. Every hour that you spend watching the TV set you become more conditioned. And, in case you thought there was a law against any of these things, guess again. There isn't! There are a lot of powerful people who obviously prefer things exactly the way they are. Maybe they have plans for...?

May be freely copied and reproduced complete with all graphics.

THE BRAINWASHING OF AMERICA

Neither the editor nor the publisher know the current whereabouts of Dick Sutphen. Please conduct searches for the author through the usual channels.

How to Detect Mind Control

Name Calling

This can include being called negative names (used inappropriately) like liar, psychotic, paranoid, crazy, communist, etc. The purpose, intentional or unintentional, of the usage of these names is to discredit the person they are being used on, without discussing the facts of the debate or topic. Sometimes names are used to shock the listener, which may put the listener into a more susceptible mind state and not critically think about the topic but simply accept the negative name or opinion subliminally.

Glittering Generalities

Democracy, capitalism or other ideas are often discussed in these terms. These terms may be described positively without a critical analysis of all sides of the issue.

The important thing is to look at the ideas behind the terms and analyze them critically. A group may also only discuss the positives of the organization, ignoring any negative criticism about the group. The important thing is to check out any group or organization as completely as possible before joining. But I believe it is also important to trust people when they are safe, so that we can recover by sharing and connecting.

Exaggeration

A user of propaganda may use terms like "many," "a lot," "numerous," or "a few" without backing up these numbers or statistics. The usage of these words may make a person or organization look better or worse without data or substantial proof.

Emotional Manipulation

Sometimes it is important to look at the argument(s) with as little emotion as possible, and try to see the facts only.

From <http://carmen.artsci.washington.edu/propaganda/fear.htm>, "...there are four elements to a successful fear appeal: 1) a threat, 2) a specific recommendation about how the audience should behave, 3) audience perception that the recommendation will be effective in addressing the threat, and 4) audience perception that they are capable of performing the recommended behavior." Groups may also use these techniques on their members. They may say, "If you don't do this, then the world will end, we will close, etc." For members that are very needy or attached to the organization or person making the statement, this threat may be very difficult to ignore.

In E-mail, this may be caused by the use of capital letters or other techniques. The writer may say things like, "apples are always red," and then, "apples are always blue," to cause confusion in the reader and make them more susceptible to the ideas in the E-mail. While the mind is trying to figure out which statement is true, the reader's mind may become more susceptible to the suggestion or idea.

Sutphen in his article talks about "Shock and Confusion," how people go into a meditative state when scared and are more likely to be compliant to the second suggestion. If people are made to feel guilty that they were given something, they are more likely to follow the next command, like give money, etc.

For survivors, I think the important thing is to realize when these techniques are being used on us. To fight the second suggestion and not follow it blindly. This may entail leaving the area immediately and going to a safe spot. Online this may mean reading certain E-mails with support people present. And to avoid those that may use these suggestions on us whenever possible. Learning how to develop safe support systems and safe resources can help with this. I

THE BRAINWASHING OF AMERICA

believe it is dangerous to believe that we can't be MC'ed.

Guilt may also be used as a technique, especially on survivors. Making people feel like they haven't done enough for a particular group or organization, asking people to do things without considering all sides of the issue or their own needs.

Neediness can also be used. Survivors may be looking for approval, acceptance and a place to discuss their feelings. So they may not be able to critically decide what support systems may be the safest for them. Groups will first be very nice or overly nice to them (love bombing), but this will often disappear later and emotional manipulation and threats or guilt may be used to try to cause the desired behavior.

Subliminal Commands

The techniques used to create subliminal commands can vary. I believe they usually create a meditative state in the individual. I have heard that TV can cause these states. "Glassy eyed stares" or "being spaced out" are often used to describe this state. Shock or fear or other extreme emotional states may also be used to create meditative states. These commands may help the writer bypass the reader's conscious mind.

Specific triggers may be used on survivors. These may sound like the ideas of those that do not believe in the existence of recovered memory or ritual abuse. These can include calling a person paranoid, psychotic or crazy (see "name calling") and allude to the fact that a person's paranoia is connected to a psychotic disorder, which, I believe, usually isn't the case. This can be used to try and get the survivor to doubt their own reality and the reality of their memories. (See SMART issue #27 for the low rate (less than 5 percent) of "false" memories.)

Subliminal triggers may also be used intentionally or unintentionally to remind a survivor of a specific ritual or past program. Repeated use (or the one time use) of certain terms, that could be triggering for survivors, could qualify. The writer may be using these terms to scare or trigger the reader.

A colleague of mine wrote me and told me that she uses three criterion to determine online if a person may be a perpetrator of MC.

- 1) If the person uses guilt.
- 2) If the person tells them to "f_ off." (Could be considered a technique to shock the reader.)
- 3) Using lots of triggers to control their actions.

I think the one thing that all 3 above have in common is they entail some sort of emotional manipulation and/or trigger.

Changing the Topic

Rather than deal with the specific topic, a group or person may try to change the topic, or discredit the other side, rather than deal with the criticisms or arguments in the debate. A variety of propaganda techniques may be used to try and do this. This technique has occasionally been used by politicians and others.

Repetition

One way of remembering something is to constantly repeat it. This is one way we learn to remember new words and songs. Rather than debating the points of the debate, a debater may simply continue calling a person a liar or crazy or a traitor, etc. (see "name calling") without backing up their statements. How often is an idea in an argument presented without a source or logical backing. This is one place in a debate or argument where a debater may show their "true colors." Are they interested in debating the points of the argument or are they using propaganda and mind control techniques?

Testimonials

Individuals that are not qualified to discuss the particulars (the specific facts) of a debate or

THE BRAINWASHING OF AMERICA

product may join the debate or ad campaign and make statements that may have little or no logical backing or factual basis. Organizations and companies may use a variety of techniques to encourage such participation.

Band Wagon

The user of propaganda may encourage people to join the cause without asking them to think about the facts and other side of the argument. This may include a kind of hero worship, including fancy clothes, high expenditures, claims of a large following, etc. I think the most important thing is to follow your instincts and recovery, not someone else. Other people may have valid and helpful things to say, but I believe our recovery has to be our own.

Logical Fallacies

These will be intentionally used by the user of propaganda to manipulate opinion.

Example: John likes apples.

Hitler liked apples.

John likes Hitler.

This can be used in politics. Equating communism to fascism because one or several communist governments may have been fascist is an example of this. A person may agree with someone on one topic and disagree with the same person on another topic. The user of propaganda may try to lump the two people or a group of people together that disagree with them, suggesting a conspiracy, when it may only be people agreeing on a certain topic.

You might hear that we can't trust anyone if certain people aren't safe. This is a logical fallacy and isn't true. It may take time for the survivor to trust again, but I think we need to keep trying to trust safe people, so we can heal.

Unwarranted Extrapolation

This is another logical fallacy. A person receiving a criticism may claim that a critique of themselves or their group may cause divisiveness in society or their movement. ("Love it or leave" is an example of this.) The repetition of this idea may reinforce the idea in the reader's mind. An alternative way of looking at this is that the same critique could also make the movement stronger, by encouraging people to think about their choices and use caution before making those choices. It may encourage all those in the movement to become healthier, making the movement even stronger.

In all logical fallacies, and in terms of propaganda in general, try to see the other possible conclusions of the argument, not simply those presented by the user of propaganda.

How to Avoid Blindly Accepting Propaganda and Being Mind Controlled

(Please note: these are only suggestions. You may want to analyze each of them to see if they have any value to you and if necessary, add some of your own.)

"The subjects easiest to influence are usually young, trusting, gullible, and non-critical people from protective backgrounds or people who may be particularly vulnerable because of some recent unsettled transition (my note: survivors may also fit in this category)...the rejects are likely to be individuals who have easy access to accurate, critical, or counterbalancing information. Insolent, self-centered, street-wise, highly critical or recalcitrant individuals are generally culled out..." Though everyone is susceptible to some degree.

1) Try to find out both sides of the story.

2) Learn about propaganda and mind control techniques and learn how to recognize them. If necessary, learn to avoid those using these techniques (this may be online or offline.) The media and advertisements may be a good place to start either learning about these techniques or avoiding them. At times, advertisements don't even discuss the product or its attributes at all.

3) When in a potential situation where you can be MC'ed or propagandized, learn how to

THE BRAINWASHING OF AMERICA

recognize the feelings of going into a meditative state and learn some of the techniques for getting out of these states. (Details are at "Conference trigger management and safety" are available via E-mail, snail mail (for \$1.00 US only) or at <http://members.aol.com/smartnews/page5/NBpresentation99.htm>) I believe that avoidance of these situations is usually the best way to keep from being MC'ed or propagandized.

4) The user of propaganda or mind control techniques may exhibit a "lack of morals," lying and/or disregarding the rules of the debate, list, group or society. This is similar to the "us vs them" or may be justified by "the ends justify the means" arguments organizations may use, see SMART #29 (Cult Information Article.)

5) Try to use your gut feelings. If something doesn't feel right, step back or remove yourself from the situation. I believe that a legitimate group or organization will give an individual the time and room to make their own choices (see "Emotional Manipulation" above).

I believe the following statement also applies to being MC'ed and/or fooled by propaganda. From FactNet, "No one "joins a cult." People recruited into destructive groups think they are doing something else, something beneficial and worthwhile. Anyone can be recruited given the right sales pitch and the right conditions in one's life. We are all potential victims." While I believe it is necessary to learn from our mistakes, I think that feeling too much guilt doesn't help. It may be necessary to make an amends when safe. This may be simply by getting healthy and possibly educating others.

As always, please use your own judgement and try to research everything as fully as possible. Don't accept anything anyone says simply because they say it or claim to be an expert or whatever. Try to check it out for yourself. I am not an expert, and I am continually learning new things about myself and the above topics.

Neil Brick

Sources

Please note: These sources are listed for educational information only. We are not necessarily recommending them as resources for survivors.

"The Battle for Your Mind," by Dick Sutphen, "Persuasion and Brainwashing Techniques Being Used on the Public Today," is at

<http://www.magnet.ch/serendipity/sutphen/brainwsh.html>

"Propaganda Techniques," by Aaron Delwiche and linked pages at <http://carmen.artsci.washington.edu/propaganda/contents.htm> (pictures may be triggering)

"Q & A on mind control," FactNet, Inc., <http://www.factnet.org/rancho2.htm#one> (Please note: at http://www.factnet.org/cris_xpt.htm (which may be triggering) FactNet lists names on their cult experts page, SMART has heard allegations about a couple of these people and several may not be pro-survivor.)

THE BRAINWASHING OF AMERICA

PART THREE

The War on Consciousness

by Paul Levy, June, 2007

Last Updated: Thursday, June 14, 2007 04:55:48 AM

We are truly in a war. It is not the war we imagine we are in, which is the way our true adversaries want it. It is not a foreign war against a foreign enemy. It is a war on consciousness, a war on our own minds. The global war on terror that is being fought around the world is an embodied reflection in the material world of a deeper, more fundamental war that is going on in the realm of consciousness itself.

We have the most criminal regime in all of our history wreaking unspeakable horror on the entire planet, while simultaneously waging war on the consciousness of its own citizens - US. If we aren't aware of this, we are unwittingly playing into, supporting and complicit in the evil that is being perpetrated in our name.

A government's war on the consciousness of its own citizens is by no means unique to the Bush administration. Abusing power over others so as to limit their freedom is an archetypal process that has been endlessly re-enacted by governments throughout history in various forms. With the Bush administration, however, the pathological aspect of this process has become so exaggerated and amped up to such a degree that it is just about impossible not to notice its staggering malignancy. With the Bush administration, the underlying evil that has played out in our government over many years is becoming overwhelmingly obvious for all to see. With the Bush administration, the underlying evil that informs systems of government that are based on "power over" instead of "liberty for" is coming out from hiding in the shadows. Instead of being acted out underground, our government is acting out this evil above ground, in plain sight for all who are courageous enough to look.

Impeaching Bush and Co. ultimately won't change anything unless we deal with the corrupt powers which control and direct them. George Bush is just a finger-puppet of the hidden hand which animates him. Bush only has apparent power, as he himself is a minion of far more powerful predator-like forces whose nefarious interests he serves. Whether we call it the illuminati, the global elite, a shadow government, or a secret cabal, there is no doubt that there are darker, self-serving forces that have insinuated themselves into and taken over our government. The terrorists that we should be worried about are domestic terrorists who are actually implement-

THE BRAINWASHING OF AMERICA

ing their agendas from deep within our very system of government itself.

The United States Government itself has become a “front” for the underlying military-industrial-financial crime syndicate that animates it. This is not to say that there aren’t many good, well-meaning people in our government – they are simply prohibited by the very nature of the corrupt system they are in from reforming it. Our system of government is rigged in such a way so that there is no way to transform the system within the system itself.

The underlying core of our government has become rotten such that the entire operation simply feeds into and is an expression of the same underlying corruption. All of the scandals continually coming out are like the superficial skin rash of a much deeper systemic disease, like a cancer that is infecting the greater body politic. Citizens who are not aware of our government’s insidious intrusions into our lives are unwittingly feeding the corruption they are looking away from in their very act of looking away.

The “powers” that have taken over our government have become concentrated and centralized in just a few elite hands, proving how easy it is for the few to control the many. They almost control all the levers of power: financial, political and judicial. In this war on consciousness, these powers-that-be are using the most advanced mind-control technology that our world has ever known to make its takeover complete. The essence of mind-control is information control, which is one thing our overly secretive current administration is very good at.

Mind-Control

The private interests that control our government have an incredible mind-control/propaganda machine at their disposal in the form of the mainstream media, which if not quite fully owned and controlled, is certainly under their “influence” enough to serve their underlying self-serving agenda. George Orwell once said that omission is the greatest form of lie – this perfectly describes the corporate owned media of today which is nothing other than the propaganda organ of the state. The corporate world and our government are becoming indistinguishable, which is one of the hallmarks of fascism, or more accurately – corporatism.

In addition to information, our government is adept at putting out dis-information, whose intention is to create distractions and confusion so as to cover its tracks and hide its true intentions. It will purposely leak stories that are not true simply to cover-up what it is really doing. By putting out misleading information, the government hides behind its self-generated smokescreen like an octopus squirting ink.

Quite often, right at the moment when people’s focus is moving towards some area of criminality in the White House, the administration will even create a diversionary event for the public to put their attention on. Memories of those color-coded terror alerts that always seemed to happen right when something bad was starting to happen for the Bush administration come to mind. In creating distractions, our government is able to steer our collective attention in directions that allow it to successfully accomplish its malevolent goal of grabbing all the power it can get.

In a diabolical ploy, the administration will even feed stories to a compliant press, and then reference these stories as justification for enacting its pre-planned agenda. One glaring example is when the administration fed Judith Miller of the New York Times stories about Iraq’s weapons of mass destruction. Once this propaganda appeared on the front page of the Times, the administration was only too happy to use it as evidence for why we should go to war.

WMD could easily stand for “Weapons of Mind Deception”, as our own government is continually trying to “Deceive” our “Minds”, which is the battlefield in which the war on consciousness is being fought. We are all on the front lines in the war on consciousness, whether we know it or not. Instead of shooting us, our government is using cutting-edge mind-control technology

THE BRAINWASHING OF AMERICA

to psychically emasculate us. In order to be able to deal with the evil that the Bush regime is perpetrating, we first have to become acquainted with that very same potential evil in ourselves so as to be able to recognize it in the outside world. The way to vanquish our adversary is to be found hidden within the very nature of our own awareness, which contains the key to its own freedom.

The corporate-mainstream media “captivates” our attention, capturing a part of our self-reflective, discriminative awareness, thereby restricting the range of our conscious awareness, which is what hypnotism is all about. Once the attention of the masses becomes entranced, the corporate/government media can then “play with” our mind. This unholy trinity of corporate/government/media can create an obsessive fixation on certain superficial events that “seize” the collective psyche. For example, it feeds the masses sensationalized stories such as Anna Nicole Smith ad nauseam so as to divert our attention from the evil that is being done behind the scenes in our name.

Ex-CIA director Allen Dulles used to say that the most effective way to disguise a secret is to pretend to openly share information. The Bush administration isn’t interested in solving problems as much as creating good PR (Public Relations) for itself. With one hand the Bush administration will try to appear like it is openly sharing information and being transparent, while with its other hand it will be actively obstructing the very process it is seemingly supporting. A vivid example is the government’s 9/11 commission, whose aim was allegedly to shed light on what happened on 9/11, while covertly – behind the scenes – the Bush administration was doing everything it could to hinder the commission’s inquiries (see, for example, 9/11 Commission Report: Omissions and Distortions, by David Ray Griffin). All one has to do is investigate the numerous ties to the core cabal of the neocon Bush administration that the members of the 9/11 commission have and the degree to which it was a deliberate operation to obscure the truth becomes apparent. It was as if the White House was investigating itself; the foxes truly guarding the henhouse. The 9/11 commission and its report, just like the Warren Commission and its report on the Kennedy assassination, was a façade, a show, a display in which it appeared like our government was giving us what we wanted, while actually being part of a deceptive game of smoke-and-mirrors. It is like a magician has hypnotized us, and is stealing what’s in our pockets while they have us under their trance in which we believe they are serving us.

As if by a perverse Jedi mind-trick, the Bush administration has bewitched us into believing that it controls the national dialogue, when in a democracy the opposite is actually true. One of many examples – when confronted with overwhelming evidence that we have been torturing our adversaries, Bush responds by saying he “rejects” that claim, and the conversation stops right there and moves on to other, more superficial topics. Our government is supposed to represent us, which is to say that they are our employees. Bush has turned this around and put himself in the role of the dictator with us as his subjects. And somehow we have allowed him to get away with this. There is no escaping our individual and collective complicity in this sad state of affairs.

One difference between what is happening in our country and the state-controlled media of the old Soviet Union, is that in the Soviet Union, most people were quite aware that what was being presented to them by their corrupt government as news was nothing but mind-warping propaganda. Many Americans have fallen so under the spell of the Bush regime’s criminal lies that they don’t even know they are being lied to. It is like we are living in a land of state-controlled zombies who think they are free citizens of a free country.

It is as if millions of our fellow citizens have fallen asleep, as if they have become hypnotized and brainwashed by the powers-that-be’s incessant “managing” and “massaging” of reality.

THE BRAINWASHING OF AMERICA

These powers simply manipulate an already gullible and highly suggestible public into a game of “divide and conquer.” They get rich off of other’s blood - they incite conflict, and covertly support both sides, as they themselves reap the benefit of the conflict.

The corporate war machine, which is co-dependently entangled with our government, profits wildly from our invading other sovereign countries. The government-military-industrial complex’s solution to the very problem that they created by instigating wars – more war! It’s completely sick and totally insane. And we, in our dulled denial – like hypnotized sheep - simply go along and allow the whole parasitic enterprise to be fed by offering our sons and daughters as fodder. To the extent that we are not shedding light on the utter criminality and insanity of what the Bush administration is doing and saying “No,” we are all complicit in feeding our own genocide.

Bush and our Congressional leaders are mouthpieces for the advertising campaign of distortion and falsehood that is being “bomb-arded” into our psyches on a daily basis. Our “leaders” repetitive slogans and incantations brand and imprint themselves deep into our unconscious, where many who do not have enough psychic resistance fall under the spell. (please see Chapter 8 – “Breaking Bush’s Spell”, in my book *The Madness of George W. Bush: A Reflection of our Collective Psychosis*). People’s ability to discern truth from fiction has been rendered inoperative by our own government’s pattern of routinely taking liberty with the truth. Government propaganda has inverted the perception of what is actually happening, as lies are presented as truths, and up is portrayed as down in a truly Orwellian universe of confounding doublespeak. Through the “Big Lie” – which is based on that the bigger the lie, the harder it is for people to see the truth - the government has transformed myth into seeming fact, and has achieved its goal of muddling our minds so as to dis-empower us.

Many of us haven’t developed the psychic immunity to be able to fully ward off the toxic effects of our government’s covert, fear-based psychological warfare. An expression of the success of our government’s psy-ops against US is the fact that there’s so little awareness about the government’s assault on our minds that it’s hardly even a part of our national dialogue. The insidiousness of the government’s covert manipulation of our minds is even found in the very term “Global War on Terror”. “The Global War on Terror” is a crazy-making, self-contradictory statement, as we can never stop terror with a war – on the contrary, wars induce terror! This term carries with it a false and self-negating premise that if we accept we’ve already given away our power. If we leave this underlying assumption unquestioned, we unwittingly allow them to frame the agenda on their terms. We have then already fallen under their spell without knowing it, as our capacity to think and respond creatively is undermined. Our inability to creatively respond to the war on our consciousness is an expression of being immobilized in fear as if frozen in trauma. The war on terror is really a war on our psyche. The war on terror is ultimately about control – control of our minds.

What Bush and our Congressional leaders are doing is so morally outrageous that it is literally off the charts of accepted, “normal”, ethical, sane human behavior. In the words of French poet Andre Chenier, Bush and Co. are committing “crimes that make the laws tremble,” as they are covertly undermining our very legal and political system itself. The corruption that has infected our body politic is like a virus that is exploiting weaknesses in our political immune system so as to feed and spread its pathology.

Those of us who are somewhat sane can easily lack the imagination for the depth of depravity that the Bush administration regularly acts out in the world. Our lack of imagination works to the government’s advantage, as it allows them to continue to act out the darkness in a manner which is incomprehensible to us. This is why the great doctor of the soul C. G. Jung counseled

THE BRAINWASHING OF AMERICA

us to develop an “imagination for evil,” as being able to imagine the scope of evil that human beings can fall prey to and act out empowers us to see it clearly and thereby deal with it more effectively.

Our government’s lying and criminality is so pervasive that we have become desensitized to their corruption. Their evil has become so “normalized,” that just like someone watching TV becomes numb and anesthetized to the violence, we have become desensitized to the horror of what Bush and his cronies are doing right in front of our very eyes day after day. We’ve learned – or, shall I say, become programmed - to accept the fact that the Bush administration is almost always lying, for, as we are told “All governments lie”.

Defrauding us of the Truth

Bush and Co., with the help of the US Supreme Court and the approval of Congress, rigged the 2000 and 2004 elections (see, for example, *Fooled Again* by Mark Crispin Miller). Then, with the help of the corporate media which is dependent on the good graces of military and government budgets and operations, Bush and Co. put out mind-numbing propaganda that no such hostile takeover had even taken place, to the point where after a little while most people forgot that anything out of the ordinary had occurred. The government’s propaganda machine plays with our minds, putting us in a somnambulistic state so that we eventually begin to accept the version of reality (in our example, that Bush has been “elected” to be our president) that serves its underlying agenda.

Once the office of “perception management” convinces a critical mass of people of a particular viewpoint, there is a “consensus” or “agreement” that is reached among the masses as to what is objectively true. The agreed upon version of reality takes on a “weight” and becomes the established dogma of what is collectively imagined to be really happening. Like a “religious” truth, it is irrationally believed like an act of faith by its card-carrying members, even if overwhelming evidence points to the contrary. Anyone who doesn’t buy into the arbitrarily established story is marginalized and demonized, and either called crazy, a conspiracy theorist, or even a terrorist (“You’re either with us or you’re with the enemy”).

If only one person believed the propaganda-created consensus version of reality, they’d be thought of as crazy. If a small group of people believed it, they’d be thought of as a cult. When a certain critical mass of people irrationally believe this fictionalized version of reality (in our case, that Bush has been “elected” by the people) to be objectively true, however, they are considered normal.

Mass psychology then becomes the order of the day, as our species, animated and inspired by fear – which Bush and his regime are only too happy to cultivate - reverts to the primitive psychology of the herd. A collective amnesia ensues, continually fed by a self-generating web of endless denial, as the manufactured consent is recreated anew every moment. A field of force which literally resists conscious reflection becomes conjured up around those who have fallen under the seductive spell of the agreed upon and artificially constructed consensus reality. Anyone reflecting back their unconscious condition is considered to be the enemy. Dissociating from their own darkness, they fight with it outside of themselves as it is projected into and reflected back by the world. Believing the agreed-upon fantasy, they collectively fall into their unconscious together and reinforce each other’s delusions in a self-perpetuating feedback loop, which is another way of saying that they have fallen into a collective psychosis.

Bush was not elected by the people. The military-industrial-financial crime syndicate’s minions and operatives had already insinuated themselves into key positions of power so as to accomplish their long-planned for covert takeover of the government. Some of their cronies had already infiltrated the Supreme Court, where they literally derailed the democratic pro-

THE BRAINWASHING OF AMERICA

cess and decided, with no basis in law, to unconstitutionally invest themselves with the authority of bestowing the election upon Bush. Bush's seeming "election by the people" was in fact a strategically implemented political coup d'état. Very few even noticed this act of violence because of the criminal syndicate's control of the mainstream media. Their propaganda machine succeeded in managing our perceptions just the way they wanted, which is a polite way of saying they successfully pulled the wool over most of our eyes, or pulled the rug out from under us without too many of us even noticing.

In a diabolical feedback loop, the underlying crime syndicate, by putting out propaganda (that Bush has been elected president) creates the very situation (Bush becoming president) which confirms the truth of their propaganda, like in a self-fulfilling prophecy. Being in a position of power, they are tapping into how they can shape the world in their own image, which they are imposing on the world through forceful means. They have in some perverse way begun to access how they can seemingly manipulate and create "reality".

Because of their position of power, these sick few can control the masses by manipulating events in the world, as well as playing with our perceptions. They are tapping into how in managing our perceptions, they can literally create events, and in creating events, they can manage our perceptions. This is a divine secret, but in tapping into it with an impure heart, where power is prioritized over love, it is always destined for failure. In the end, these black magicians will ultimately self-destruct, there is no question about this whatsoever. It is simply a question of mitigating the disaster as they create their own ruin.

Another example of our government's attack on our consciousness: After the 9/11 attacks, there is only one thing certain – the official story put out by our government, itself a conspiracy theory, is not true. There is no question about this to any thinking person who has even minimally studied the evidence. (see, for example, 911truth.org). The fact that our own government is not telling the truth to us about what happened on 9/11, as well as actively obstructing any investigation into what actually did happen, is a huge red flag – why would our own government be lying, and covering up their lie? Who knows (maybe the shadow?) at this point whether 9/11 was a false flag operation, covertly perpetrated by our own government against us, or whether they knew about it beforehand but simply allowed it to happen so as to gain political advantage? Something's very fishy about the whole thing. The fact that our country, except on the margins, is not even having an open discussion about what really happened on 9/11 – the official version put out by the government is blindly accepted by millions of people as the objective truth - is another expression of our government shaping our dialogue, both nationally and within our own minds. The government's distorted story about what happened on 9/11 is itself an expression of the deeper and more general underlying conspiracy of our government to defraud us of the truth.

The last thing this criminal enterprise wants is for us to see what it is doing. These criminal war lords want us to believe that we live in a democracy. For example, in a diabolical sleight of hand, we are given the illusory stage-show of free elections, while there is overwhelming evidence that the elections were rigged. Even to be in a position to run for president you have to be able to raise hundreds of millions of dollars – this itself is the entrance fee to the game. In addition, the only people who would be allowed by these robber barons to be in a position of power such as "Commander-in-Chief" is someone they control. Barack or Hillary? It's an illusion of choice, a stage-managed distraction from what's really going on. We are left with the appearance, and a misguided belief, that we live in a government run "by the people and for the people." In a very real sense, the Democrats and Republicans are simply various factions who are fighting for the right to represent the underlying military-industrial-financial crime

THE BRAINWASHING OF AMERICA

syndicate that owns and operates our government. Those who control “our” government want to keep their operations covert, beneath our conscious awareness. For if enough of us become conscious of the evil and depravity that they are perpetrating in our name on the entire planet, their gig is up.

How to Achieve Victory in the War on Consciousness

The powers that have taken over our country will do anything in their sorcerer’s bag of tricks to distract us and keep up the illusion that they are protecting us so as to maintain power. These banking and corporate pirates are willing and more than ready to intimidate, buy off, or destroy any and all critics. It is important for us to realize the depth of evil we are dealing with here – they are willing to kill as many people as needed to accomplish their aims. It is shocking to realize that the very entity that is supposed to be protecting us – our government – is the very thing from which we need protection. It is shattering to realize that our leaders are genuine psychopathic criminals who are trying to take over our planet, impose full-spectrum dominance, enact a new world order and centralize power and control. Instead of this being a conspiracy theory, the evidence is all around us, as it is everywhere we look if we have the eyes to see beyond the carefully crafted and disseminated spell that is being perpetually woven all around us.

What is happening in our world has more the “feeling” of an invasion from a parallel universe than a physical coup d’etat. This is because the intrusion is taking place on the plane of mind, and only secondarily on the physical plane. If we could stop this covert incursion into our minds it would be much easier to mitigate the outer wars that plague our world.

These criminals clearly have way more power than we do in terms of guns, tanks, media and technology, but they are no match for us if we activate the inherent brilliance of our consciousness – a force with unlimited potential. Part of the spell they are casting is that there’s nothing we can do, that we are powerless to stop them from doing whatever they want, like when Cheney mentioned it doesn’t make a difference what Congress or the American people want, this administration is not going to be stopped from sending more troops to Iraq.

The Bush regime’s worst nightmare is for us to wake up to how we’ve been manipulated, hoodwinked and played by them like fools. The last thing they want is for us to access the natural intelligence inherent in being consciously aware, and connect with each other through the open-heart of lucidity. The powers-that-be’s greatest fear is for us individually, as well as collectively, to connect with our intrinsic God-given power to create.

Once we clearly see what is being perpetrated in our name, we can come together and “conspire to co-inspire” so as to awaken – and mobilize – our collective genius, which is a power greater than any weapon of mass destruction. In actuality, our connecting in shared lucidity is the antidote to all WMD’s – it is what I call a WMC – a “Weapon of Mass Consciousness”. It is what becomes activated when enough of us come together and see (C – i.e., become conscious of) what is happening.

Connecting with each other is crucially important, as the more of us that consciously associate with each other - as if re-membering (putting our “members” back together to form a unified body) - the stronger the field of unified force that we are able to generate. Once enough of us sync up, we become more able to collectively invoke and channel through our expanded awareness a power that is able to dis-arm any WMD: the power of consciousness infused with wisdom and compassion. Genuine compassion can be very fierce, however, as it both demands and empowers us to come together and say “No” to the evil being done in our name. We can step out of the fear-based reality in which we appear to exist separately from each other in any moment and consciously connect with each other through the open-heart of lucidity. When we

THE BRAINWASHING OF AMERICA

are truly serving what is best for the whole – for everyone – a world-changing power becomes available to us.

The solution to winning the war on consciousness is for us to RECOGNIZE the nature of the war we are in, which can only happen through the agency of our consciousness. Realizing that the true war we are in is an assault on our own minds is the expansion of consciousness which is itself simultaneously the solution. From a deeper, more expansive perspective, the war on consciousness is itself the very catalyst and instrument for consciousness to awaken to itself.

It is our turn to come together so as to render powerless these sick criminals who have been terrorizing us. We can help each other to access our intrinsic heart-centered power and collectively turn the light of truth upon them so that they have no where to hide from their lies and corruption. For “truth”, to quote the infamous Nazi minister of propaganda Joseph M. Goebbels, is “the greatest enemy of the state.” Bush and the private interests who keep him in power and profit richly from his actions are absolutely terrified of one thing - the truth. As the late Supreme Court Justice Louis Brandeis said, “Sunshine is the best disinfectant.” Like pouring water on the Wicked Witch of the West in “The Wizard of Oz”, when the true light of awareness is shed on what Bush and the real powers behind him are doing, their illegitimate power over us is dispelled as the illusion it always was.

THE BRAINWASHING OF AMERICA

PART FOUR

THE NEW WORLD ORDER:

Twilight of the Psychopaths

by Dr. Kevin Barrett for "The Agora Cosmopolitan"

Dr. Kevin Barrett

Our society is run by insane people for insane objectives. I think we're being run by maniacs for maniacal ends and I think I'm liable to be put away as insane for expressing that. That's what's insane about it." – John Lennon, before his murder by CIA mind-control subject Mark David Chapman.

When Gandhi was asked his opinion of Western civilization he said it would be a good idea. But that oft-cited quote, is misleading, assuming as it does that civilization is an unmitigated blessing.

Civilized people, we are told, live peacefully and cooperatively with their fellows, sharing the necessary labour in order to obtain the leisure to develop arts and sciences. And while that would be a good idea, it is not a good description of what has been going on in the so-called advanced cultures during the past 8,000 years.

Civilization, as we know it, is largely the creation of psychopaths. All civilizations, our own included, have been based on slavery and "warfare." Incidentally, the latter term is a euphemism for mass murder.

The prevailing recipe for civilization is simple:

1. Use lies and brainwashing to create an army of controlled, systematic mass murderers;
2. Use that army to enslave large numbers of people (i.e. seize control of their labour power and its fruits);
3. Use that slave labour power to improve the brainwashing process (by using the economic surplus to employ scribes, priests, and PR men). Then go back to step one and repeat the process.

Psychopaths have played a disproportionate role in the development of civilization, because they are hard-wired to lie, kill, injure, and generally inflict great suffering on other humans without feeling any remorse. The inventor of civilization — the first tribal chieftain who successfully brainwashed an army of controlled mass murderers—was almost certainly a genetic psychopath. Since that momentous discovery, psychopaths have enjoyed a significant advantage

THE BRAINWASHING OF AMERICA

over non-psychopaths in the struggle for power in civilizational hierarchies — especially military hierarchies.

Political Satire

Military institutions are tailor-made for psychopathic killers. The 5% or so of human males who feel no remorse about killing their fellow human beings make the best soldiers. And the 95% who are extremely reluctant to kill make terrible soldiers — unless they are brainwashed with highly sophisticated modern techniques that turn them (temporarily it is hoped) into functional psychopaths.

In *On Killing*, Lt. Col. Dave Grossman has re-written military history, to highlight what other histories hide: The fact that military science is less about strategy and technology, than about overcoming the instinctive human reluctance to kill members of our own species. The true “Revolution in Military Affairs” was not Donald Rumsfeld’s move to high-tech in 2001, but Brigadier Gen. S.L.A. Marshall’s discovery in the 1940s that only 15-20% of World War II soldiers along the line of fire would use their weapons: “Those (80-85%) who did not fire did not run or hide (in many cases they were willing to risk great danger to rescue comrades, get ammunition, or run messages), but they simply would not fire their weapons at the enemy, even when faced with repeated waves of banzai charges” (Grossman, p. 4).

Marshall’s discovery and subsequent research, proved that in all previous wars, a tiny minority of soldiers — the 5% who are natural-born psychopaths, and perhaps a few temporarily-insane imitators—did almost all the killing. Normal men just went through the motions and, if at all possible, refused to take the life of an enemy soldier, even if that meant giving up their own. The implication: Wars are ritualized mass murders by psychopaths of non-psychopaths. (This cannot be good for humanity’s genetic endowment!)

Marshall’s work, brought a Copernican revolution to military science. In the past, everyone believed that the soldier willing to kill for his country was the (heroic) norm, while one who refused to fight was a (cowardly) aberration. The truth, as it turned out, was that the normative soldier hailed from the psychopathic five percent. The sane majority, would rather die than fight.

In Greed We Trust

The implication, too frightening for even the likes of Marshall and Grossman to fully digest, was that the norms for soldiers’ behaviour in battle had been set by psychopaths. That meant that psychopaths were in control of the military as an institution. Worse, it meant that psychopaths were in control of society’s perception of military affairs. Evidently, psychopaths exercised an enormous amount of power in seemingly sane, normal society.

How could that be? In *Political Ponerology*, Andrzej Lobaczewski explains that clinical psychopaths enjoy advantages even in non-violent competitions to climb the ranks of social hierarchies. Because they can lie without remorse (and without the telltale physiological stress that is measured by lie detector tests) psychopaths can always say whatever is necessary to get what they want. In court, for example, psychopaths can tell extreme bald-faced lies in a plausible manner, while their sane opponents are handicapped by an emotional predisposition to remain within hailing distance of the truth. Too often, the judge or jury imagines that the truth must be somewhere in the middle, and then issues decisions that benefit the psychopath. As with judges and juries, so too with those charged with decisions concerning who to promote and who not to promote in corporate, military and governmental hierarchies. The result is that all hierarchies inevitably become top-heavy with psychopaths.

So-called conspiracy theorists, some of whom deserve the pejorative connotation of that much-abused term, often imagine that secret societies of Jews, Jesuits, bankers, communists,

THE BRAINWASHING OF AMERICA

Bilderbergers, Muslim extremists, papists, and so on, are secretly controlling history, doing dastardly deeds, and/or threatening to take over the world. As a leading “conspiracy theorist” according to Wikipedia, I feel eminently qualified to offer an alternative conspiracy theory which, like the alternative conspiracy theory of 9/11, is both simpler and more accurate than the prevailing wisdom: The only conspiracy that matters is the conspiracy of the psychopaths against the rest of us.

Political Satire

Behind the apparent insanity of contemporary history, is the actual insanity of psychopaths fighting to preserve their disproportionate power. And as that power grows ever-more-threatened, the psychopaths grow ever-more-desperate. We are witnessing the apotheosis of the overworld—the criminal syndicate or overlapping set of syndicates that lurks above ordinary society and law just as the underworld lurks below it. In 9/11 and the 9/11 wars, we are seeing the final desperate power-grab or “endgame” (Alex Jones) of brutal, cunning gangs of CIA drug-runners and President-killers; money-laundering international bankers and their hit-men, economic and otherwise; corrupt military contractors and gung-ho generals; corporate predators and their political enablers; brainwashers and mind-rapists euphemistically known as psy-ops experts and PR specialists—in short, the whole sick crew of certifiable psychopaths running our so-called civilization. And they are running scared. It was their terror of losing control that they projected onto the rest of us by blowing up the Twin Towers and inciting temporary psychopathic terror-rage in the American public.

Why does the pathocracy fear it is losing control? Because it is threatened by the spread of knowledge. The greatest fear of any psychopath is of being found out. As George H. W. Bush said to journalist Sarah McClendon, December 1992, “If the people knew what we had done, they would chase us down the street and lynch us.” Given that Bush is reported to have participated in parties where child prostitutes were sodomized and otherwise abused, among his many other crimes, his statement to McClendon should be taken seriously.

Psychopaths go through life knowing that they are completely different from other people. They quickly learn to hide their lack of empathy, while carefully studying others’ emotions so as to mimic normalcy while cold-bloodedly manipulating the normals.

Today, thanks to new information technologies, we are on the brink of unmasking the psychopaths and building a civilization of, by and for the normal human being — a civilization without war, a civilization based on truth, a civilization in which the saintly few rather than the diabolical few would gravitate to positions of power. We already have the knowledge necessary to diagnose psychopathic personalities and keep them out of power. We have the knowledge necessary to dismantle the institutions in which psychopaths especially flourish — militaries, intelligence agencies, large corporations, and secret societies. We simply need to disseminate this knowledge, and the will to use it, as widely as possible.

Above all, we need to inform the public about how psychopaths co-opt and corrupt normal human beings. One way they do this, is by manipulating shame and denial — emotions foreign to psychopaths but common and easily-induced among normals.

Consider how gangs and secret societies (psychopaths’ guilds in disguise) recruit new members. Some criminal gangs and satanist covens demand that candidates for admission commit a murder to “earn their stripes.” Skull and Bones, the Yale-based secret society that supplies the CIA with drug-runners, mind-rapists, child abusers and professional killers, requires neophytes to lie naked in a coffin and masturbate in front of older members while reciting the candidate’s entire sexual history. By forcing the neophyte to engage in ritualized behaviour that would be horrendously shameful in normal society, the psychopaths’ guild destroys the candidate’s nor-

THE BRAINWASHING OF AMERICA

mal personality, assuming he had one in the first place, and turns the individual into a co-opted, corrupt, degraded shadow of his former self — a manufactured psychopath or psychopath's apprentice.

This manipulation of shame has the added benefit of making psychopathic organizations effectively invisible to normal society. Despite easily available media reports, American voters in 2004 simply refused to see that the two major-party presidential candidates had lain naked in a coffin masturbating in front of older Bonesmen in order to gain admission to Skull and Bones and thus become members of the criminal underworld. Likewise, many Americans have long refused to see that hawkish elements of the underworld, operating through the CIA, had obviously been the murderers of JFK, MLK, RFK, JFK Jr., Malcolm X, ChÈ, AllendÈ, Wellstone, Lumumba, Aguilera, Diem, and countless other relatively non-psychopathic leaders. They refuse to see the continuing murders of millions of people around the world in what amounts to an American holocaust. They refuse to see the evidence that the psychopaths' guilds running America's most powerful institutions use the most horrific forms of sexualized abuse imaginable to induce multiple-personality-disorder in child victims, then use the resulting mind-control slaves as disposable drug-runners, prostitutes, Manchurian candidates, and even diplomatic envoys. And of course they refuse to see that 9/11 was a transparently obvious inside job, and that their own psychopath-dominated military-intelligence apparatus is behind almost every major terrorist outrage of recent decades.

All of this psychopathic behaviour at the top of the social hierarchy is simply too shameful for ordinary people to see, so they avert their gaze, just as wives of husbands who are sexually abusing their children sometimes refuse to see what is happening in plain view. If deep, deep denial were a river in Egypt, American citizens' wilful blindness would be more like the Marianas Trench.

But thanks to the power of the internet, people everywhere are waking up. The only obvious non-psychopath among Republican presidential candidates, Ron Paul, also happens to be the only candidate in either party with significant grassroots support.

If "love" is embedded in the Revolution Ron Paul heralds, that is because Dr. Paul — a kindly, soft-spoken physician who has delivered more than 4,000 babies — implicitly recognizes that government is the invention and tool of psychopaths, and therefore must be strictly limited in scope and subjected to a rigorous system of checks and balances, lest the psychopath's tools, fear and hatred, replace love as the glue that binds society together.

The decline in militarism since World War II in advanced countries, the spread of literacy and communications technology, and the people's growing demands for a better life, together represent a gathering force that terrifies the pathocracy, (those alternately competing-then-cooperating gangs of psychopaths who have ruled through lies, fear and intimidation since the dawn of so-called civilization).

Since nuclear weapons have made war obsolete, the pathocracy is terrified that its favourite social control mechanism — ritualized mass slaughter — is increasingly unavailable. And if war was the great human tragedy, the pathocrats' pathetic attempt at a war-substitute — the transparently phoney "war on terror" — is repeating it as sheerest farce.

Truly, we are witnessing the twilight of the psychopaths. Whether in their death throes they succeed in pulling down the curtain of eternal night on all of us, or whether we resist them and survive to see the dawn of a civilization worthy of the name, is the great decision in which all of us others, however humbly, are now participating.

THE BRAINWASHING OF AMERICA

PART FIVE

GOVERNMENT MIND CONTROL

- * Electromagnetic Weapons
- * Microwave Weapons
- * Non-Lethal Weapons
- * ELF (Extremely Low Frequency) Weapons
- * Directed Energy Weapons
- * Acoustic Weapons
- * Psychotronic Weapons
- * RF (Radio Frequency) Weapons
- * Soft Kill Weapons
- * Less-Than-Lethal Weapons

Hundreds of people in the US and Europe claim their government is experimenting on them using electromagnetic and neurological devices. This is a concerted effort of all technologically advanced countries to ultimately gain total control of every person on earth.

The evidence presented herein speaks for itself. However, I wish to testify also, as a victim and eye-witness to the atrocities visited upon selected human targets by these "secret" technologies.

Since mid-February 1992, I have experienced a number of startling effects:

- Sensations of heat and cold on various parts of my body.
- Manipulation of sense of taste. For instance, my food and drink can be made to taste altogether different, or to be totally tasteless.
- Manipulation of vision. My eyesight can be "made" blurry, or seem as if I were seeing through a fog.
- Manipulation of sense of touch. Various parts of my body can be made to tingle, vibrate or become entirely numb.
- Frequent pain: abdominal pain, headaches, earaches, toothaches that linger for several hours or that come and go in a minute's time. A stinging pain in my eyes.
- Sleep deprivation, or the feeling of being "wired."
- Vivid dreams.

THE BRAINWASHING OF AMERICA

- Memory and concentration are continuously severely affected.
- Control of emotional states, i.e., feelings of anger, anxiety, lethargy, peace, numbness, exhilaration, etc.

That these experiments, social punishment, behavior modification, or whatever, are cruel, unusual and lawless is beyond dispute. As the evidence continues to accumulate, and interest increases about this bizarre assault system, some form of action and investigation will ensue. That is the detailed purpose of this website.

Take a look at the list of articles below and make up your own mind.

Wonder Weapons

The Pentagon's Quest for Nonlethal Weapons is Amazing. But is it Smart? A US News and World Report by Douglas Pasternak, 07-07-97.

CNN Interview with Dr. Steven Aftergood

David Mattingly interviews Dr. Steven Aftergood from the Federation of American Scientists. On the Need for New Criteria of Diagnosis of Psychosis in the Light of Mind Invasive Technology

Carole Smith, Journal of Psycho-Social Studies , Vol 2 (2) No 3 2003 .

Microwaves and Behavior

by Don Justesen, American Psychologist, March 1975, pp. 391-401.

Sensation of Hearing in Electromagnetic Fields

Clyde E. Ingalls, N Y State J Med, 1967 Nov 15;67(22):2992-7.

Human Auditory Response to Pulsed EM Energy

by Allan Frey, J. Appl. Physiol., Vol. 17, No. 4, pp. 689-692 (1962)

Human Perception of Illumination with Pulsed Ultrahigh-Frequency Electromagnetic Energy

by Allan Frey, Science, Vol. 181, 27 July 1973, pp. 356-358.

Physical Control of the Mind

Portions of José Delgado's book - incomplete.

Decoding Minds, Foiling Adversaries

From Oct 2001 Signals Magazine, Sharon Berry

Mechanising the Mind: Brave New World of ESB

Excerpt from As Man becomes Machine, The Evolution of the Cyborg, by David Rorvik, 1973.

Project L.U.C.I.D.

Excerpts from author Texe Marrs book, Project L.U.C.I.D.

Interview with Igor Smirnov

Russian Scientist Tries to Rewire the Brain, a Newsweek article by Dorinda Elliott and John Barry, Aug. 22, 1994.

Interview with John Norseen

Reading Your Mind - And Injecting Smart Thoughts, a U.S. News & World Report by Douglas Pasternak, Jan. 2000.

Thought Control

By Stanley N. Wellborn, a U.S. News & World Report, Dec. 1983.

Amplified Mind Power Research In The Former Soviet Union

By Martin Ebon.

The Invisible Third World War

By W.H. Bowart and Richard Sutton.

Background On The Aviary

From Nexus magazine.

Cybergods

THE BRAINWASHING OF AMERICA

Robert Naeslund, Lennart Lindqvist and Evamarie Taylor.

The Mind Has No Firewall

By Timothy L. Thomas. From Parameters, US Army War College Quarterly, Vol. XXVIII, No. 1, Spring 1998.

Nonlethal Weapons: Terms and References

By Robert J. Bunker, USAF.

An Appraisal of the Technologies of Political Control

An Omega Foundation Summary & Options Report For the European Parliament, 6 Jan 1998.

Mind Control & MK-ULTRA

By Richard G. Gall.

Police State of Mind

A Fortean Times article by David Guyatt.

Radio Waves & Life

By Tom Jaski. Electronics magazine, Sept 1960.

New World Order and Psychotronic Tyranny

By C.B. Baker, Youth Action Newsletter, Dec 1994.

"A nation can survive its' fools, and even the ambitious. But it cannot survive treason from within. An enemy at the gates is less formidable, for he is known and he carries his banners openly. But the traitor moves among those within the gate freely, his sly whispers rustling through all the galleys, heard in the very hall of government itself. For the traitor appears not a traitor-- He speaks in the accents familiar to his victims, and wears their face and their garment, and he appeals to the baseness that lies deep in the hearts of all men. He rots the soul of a nation--he works secretly and unknown in the night to undermine the pillars of a city--he infects the body politic so that it can no longer resist. A murderer is less to be feared." Cicero, 42 B.C., Roman Statesman, orator, and author.

Maxwell's Silver Hammer

Chapter 15 of Dr. Robert Becker's 1985 book entitled "The Body Electric."

Mind Control and the Secret State

By Daniel Brandt.

The Soviet Art of Brainwashing

A synthesis of the Russian Textbook on Psychopolitics.

US Military Non-Lethal Weapons

By Lyn McCloskey, 11-10-97.

Congress Asleep at the Switch

An article from The Phoenix Letter, Vol. 14, No. 8.

Electromagnetics and the Mind

By Greg Harrison, Oct. 26, 1997.

Psychotronics Weapons Letter to Senate Committee

Julianne McKinney's letter to chairman John Glenn.

Microwave Technology And Its Use Against Humanity

A collection of articles from Orvotron, The Bimonthly Newsletter.

Mind-Control Part 1: Canadian and U.S. Survivors Seek Justice

By Arlene Tyner, from the March-April 2000 issue (Vol. 7 No. 3) issue of Probe Magazine.

CIA: Bastion of Integrity

A Glimpse Into The Heart of the Great Satan?

Star Wars, Star Trek and Killing Politely

THE BRAINWASHING OF AMERICA

By Nick Begich.

Killing Me Softly

By Doc Hambone.

Brain Zapping

By Doc Hambone.

Doc Hambone's Anathema Research website

Electromagnetic Spectrum and Low-Intensity Conflict - Part 1

By Captain Paul E. Tyler, Medical Commandant, U.S. Navy.

Electromagnetic Spectrum and Low-Intensity Conflict - Part 2

By Captain Paul E. Tyler, Medical Commandant, U.S. Navy.

Electromagnetic Spectrum and Low-Intensity Conflict - Part 3

By Captain Paul E. Tyler, Medical Commandant, U.S. Navy.

Mike Coyle's MindNet index

Electromagnetic Warfare

By Leading Edge International Research Group.

Major Electromagnetic Mind Control Projects

By Leading Edge International Research Group.

John St. Clair Akwei vs. NSA, Ft.Meade, MD

Lawsuit against the National Security Agency in Ft. Meade, MD.

Leading Edge International Research Group website

THE BRAINWASHING OF AMERICA

PART SIX

MKULTRA: CIA Mind Control

By Parascope.

Some Aspects of Anti-Personnel Electromagnetic Weapons

A three part series about electromagnetic weapons written by David Guyatt.

Parascope website

MK Ultra, The Bush's and World-Wide Deception:

Prophecy Unfolding as The World is Enslaved

By Eric Jewell

editor@endtimezwarriorz.com

<http://pub33.ezboard.com/bendtimezwarriorz>

03/01/03

Permission for anyone to print or post this is granted under the condition nothing is added to it or removed from it... Of course comments following the article do not apply to this.

A History Of MK Ultra

2Thes.2 [11] *And for this cause God shall send them strong delusion, that they should believe a lie:*

This is a cursory but fact filled work concerning the atrocities of mind control perpetrated by the darker elements of US Government in the last half century to this present day. The subject is so detailed, documented and widespread, that it would take several books to tackle this subject exhaustively, but my hope is that this work will educate the reader and arm them with enough fact they can easily do further study on the subject. The intent is to document the subject in areas that prove the existence of this program used on an individual scale and in a mass scale being used worldwide.

A History Of MK Ultra

During the late 1940's the CIA produced and played starring role in what was then known as "Operation Paperclip". Operation Paperclip hinged on a misdirection campaign. The Misdirection was simple. The United States led the world to pursue many of the Nazi military officers who committed gross atrocities against their prisoners in an attempt to convict them of war crimes. This was highly publicized with a media fervor. Behind the scenes however, US Intelligence

THE BRAINWASHING OF AMERICA

communities were recruiting Nazi scientists and renowned concentration camp medical doctors and psychiatrists. These men were all high ranking Nazi SS officers, who were guilty of committing grizzly and sometimes mind bending offenses that surpassed all else done in the war. Many of these men being recruited to work for us were the very men who were responsible for the horrors at Auschwitz and other camps. They received the option to either come work for us in such labs as Los Alamos for much more money than they received from the Germans, or be prosecuted to the fullest extent of the law for their crimes. Of course the decision for most was almost instant.

MK Ultra is not just a conspiracy theory. The projects it encompassed came about expanding on the works of the Nazi doctors and scientists recruited from operation paperclip.

It is a fact that the CIA proposed and conducted mind control experimentation from the mid 1940's on, using the German scientists courted by our nation. In a large degree it is a matter of public record and was a matter of Senate Committee investigation. What actually is revealed is certainly stranger and more frightening than fiction.

In 1975, during the first senate committee meeting concerning MK Ultra it was said; "From its beginning in the early 1950s until its termination in 1963, the program of surreptitious administration of LSD to unwitting non-volunteer human subjects demonstrates a failure of the CIA's leadership to pay adequate attention to the rights of individuals and to provide effective guidance to CIA employees.

Though it was known that the testing was dangerous, the lives and sanity of test subjects were placed in jeopardy and ignored.... Although it was clear that the laws of the United States were being violated, the testing continued."

The CIA, 2 years later in 1977, found itself again before the Senate and key men were questioned concerning their role in conducting these and other tortuous and mind killing "experiments". In 1975-1976 however George H.W. Bush was appointed director of the CIA, and senate hearings have revealed that a massive amount of paperwork concerning Mlk ultra projects has been destroyed. It should be noted that the official story claimed that the majority of the paperwork was destroyed in 1972. US interest in mind control and manipulation can be traced back to Dr. A. Newton Richards in 1941. This was the year that the Chemical Warfare Service merged with the Committee on Medical Research. Richards was the progressive liberal director who had concluded there was a necessity to progress certain studies to the human level of experimentation.

Because of the horror and public outrage that would be raised, and in order to be able to run without obstacle, this sort of operation of course would later come to be known as a black operation.

In 1942 Richards contacted War Secretary Henry Stimson requisiting approval to use military personnel for experimentation involving poisonous gasses. Ultimately many multiple thousands of servicemen suffered such "experimentation".

In March 1943, Vannevar Bush approved a Richard's plan to perform secret "medical" experimentation on prisoners at the federal penitentiary in Terre Haute Indiana.

The National Academy of Sciences has estimated that since the 1940's over 60,000 servicemen were subjected to similar life threatening and life-shortening experiments. It is further estimated that perhaps as many as 20,000 servicemen and their dependents were intentionally exposed to radium. Consider too that these figures only include admitted experimentation. The 80,000 US servicemen were not alone in this. "Experimentation" was also performed on inmates, prostitutes, and the mentally unsound citizens of the United States. Poor whites and blacks were irradiated and developed cancerous growths, in what is known as "terminal ex-

THE BRAINWASHING OF AMERICA

perimentation"... experimentation to the death.

In 1953 "paperclip" began producing fruit with several new programs sanctioned under then CIA director Allan Dulles. Operation Paperclip evolved into project "Bluebird" (1949), project Naomi (1950, and project "artichoke" (1951), and then MK Ultra (1953) became the officially designated cover-all name for this multifaceted project, which operated as it willed without restraint or any human regard. Just a bare 24 years later the CIA would find itself summoned to answer for some of these projects before Senate committees, unfortunately it was glossed over, covered up and later forgotten, but not before certain facts escaped.

The MK-Ultra program entailed a very wide range of projects, all concerning themselves with mind control. Documentation reveals at least 149 sub-projects. Everything from brainwashing and repatriotization, to creating unwitting couriers of classified information, to turning the average Joe into an assassin without ever knowing they were even being manipulated, was looked into in a "how can we do this?" sort of way. This was accomplished by way of a steady diet of drugs hypnosis and trauma.

There were several Nazi "Specialists"... medical officers working to manufacture genetics to create the perfect race, and others specializing in breaking men down, while others actually developed hypnotically prepared "average Joes" as time-bombs to be set off to accomplish pre programmed covert goals.

Dr. Joseph Mengele

Joseph Mengele began his studies in philosophy, medicine, and anthropology at Munich University in 1930. During this time the Nazi party was the second most popular political party in the Germany. It was during this time that Munich was under the spell of the fiery passionately Anglo-loving, minority hating, hypnotically captivating speeches of Adolph Hitler. Mengele wasted no time embracing Nazism and in 1931 joined The Steel Helmets.

After distinguishing himself in battle, Mengele arrived at Auschwitz to study genetics. Working as an officer of the sinister SS, his works included experimentation in removing defective or inferior genes and replace them with superior genes and visa versa. One of the ultimate goals of his work was to discover the genetic formula to create a super race. This superior race was to be genetically engineered to be the master race, while at the same time creating a slave race that would do the menial less glamorous tasks.

One of his very first acts as an SS officer making his mark upon arriving at Auschwitz, was to order the deaths of 1000 Jewish men women and children.

He was recruited by the CIA at the end of the war, and worked largely out of Brazil. Despite his gross abominable reign at the infamous death camp, and the massive amount of evidence against him, he was never seriously persued as a war criminal.

Sidney Gottlieb

Gottlieb was in imported German scientist who had very strong US intelligence ties, one of which was Richard Helms, who was the CIA's deputy director of covert ops. After being recruited to the United States at the end of WWII, Gottlieb also headed MK Ultras Chemical Division.

Gottlieb was for a while the Superior of Joseph Mengele at Auschwitz. After being recruited to the United States, Gottlieb replaced Willis Gibbins to over see MK Ultra.

He worked extensively with LSD, even experimenting personally with it. At one point in his CIA career he slipped large doses of the mind-bending drug to 6 of his unsuspecting colleagues. Dr. Frank Olson had a violently bad trip and required hospitalization. Shortly after an examination by a Dr. Harold Abramson Olson met him in a hotel room. Abramson claims that he poured Olson a bourbon and gave him Benzedrine and that Olson then became delusional again and

THE BRAINWASHING OF AMERICA

leapt from the 10th floor window to his death.

An Intimate look into some past MK Ultra Projects

The following declassified CIA document from 1955 blatantly shows the various brainwashing agendas of MK Ultra types of experimentation. The devaluation of human lives is clear. Also from this following document and from further testimony from researchers who worked this area, and the information concerning the "fathers" of modern psychiatry, we can see that these practices have followed through to modern day psychiatric wards. It is also seen that part of the experimentation included publicly discrediting individuals at will. This was likely to be used upon those who were attempting to stand in the way of New World Order agenda, exposing such things as the dubious MK Ultra program.

[Document begins]

DRAFT

[Deleted]

5 May 1955

A portion of the Research and Development Program of TSS/Chemical Division is devoted to the discovery of the following materials and methods:

1. Substances which will promote illogical thinking and impulsiveness to the point where the recipient would be discredited in public.
2. Substances which increase the efficiency of mentation and perception.
3. Materials which will prevent or counteract the intoxicating effect of alcohol.
4. Materials which will promote the intoxicating effect of alcohol.
5. Materials which will produce the signs and symptoms of recognized diseases in a reversible way so that they may be used for malingering, etc.
6. Materials which will render the indication of hypnosis easier or otherwise enhance its usefulness.
7. Substances which will enhance the ability of individuals to withstand privation, torture and coercion during interrogation and so-called "brainwashing".
8. Materials and physical methods which will produce amnesia for events preceding and during their use.
9. Physical methods of producing shock and confusion over extended periods of time and capable of surreptitious use.
10. Substances which produce physical disablement such as paralysis of the legs, acute anemia, etc.
11. Substances which will produce "pure" euphoria with no subsequent let-down.
12. Substances which alter personality structure in such a way that the tendency of the recipient to become dependent upon another person is enhanced.
13. A material which will cause mental confusion of such a type that the individual under its influence will find it difficult to maintain a fabrication under questioning.
14. Substances which will lower the ambition and general working efficiency of men when administered in undetectable amounts.
15. Substances which will promote weakness or distortion of the eyesight or hearing faculties, preferably without permanent effects.
16. A knockout pill which can surreptitiously be administered in drinks, food, cigarettes, as an aerosol, etc., which will be safe to use, provide a maximum of amnesia, and be suitable for use by agent types on an ad hoc basis.
17. A material which can be surreptitiously administered by the above routes and which in very small amounts will make it impossible for a man to perform any physical activity whatever.

THE BRAINWASHING OF AMERICA

The development of materials of this type follows the standard practice of such ethical drug houses as [deleted. but possibly Eli Lilly who had previously helped with such experimentation]. It is a relatively routine procedure to develop a drug to the point of human testing. Ordinarily, the drug houses depend upon the services of private physicians for the final clinical testing. The physicians are willing to assume the responsibility of such tests in order to advance the science of medicine. It is difficult and sometimes impossible for TSS/CD to offer such an inducement with respect to its products. In practice, it has been possible to use the outside cleared contractors for the preliminary phases of this work. However, that part which involves human testing at effective dose levels presents security problems which cannot be handled by the ordinary contractor.

The proposed facility [deleted] offers a unique opportunity for the secure handling of such clinical testing in addition to the many advantages outline in the project proposal. The security problems mentioned above are eliminated by the fact that the responsibility for the testing will rest completely with the physician and the hospital. [Deleted] will allow TSS/CD personnel to supervise the work very closely to make sure that all tests are conducted according to the recognized practices and embody adequate safeguards.

[Document ends]

Next we have a memo from Dr Sidney Gottlieb from 1953 which outlines the MK Ultra projects utilizing hypnosis.

[Document begins]

DRAFT-SG/111 11 May 1953

MEMORANDUM FOR THE RECORD

SUBJECT: Visit to Project [deleted]

1. On this day the writer spent the day observing experiments with Mr. [deleted] on project [deleted] and in planning next year's work on the project (Mr. [deleted] has already submitted his proposal to the [deleted]).

2. The general picture of the present status of the project is one of a carefully planned series of five major experiments. Most of the year has been spent in screening and standardizing a large group of subjects (approximately 100) and the months between now and September 1 should yield much data, so that these five experiments should be completed by September 1. The five experiments are: (N stands for the total number of subjects involved in the experiment.)

Experiment 1 - N-18 Hypnotically induced anxieties to be completed by September 1.

Experiment 2 - N-24 Hypnotically increasing the ability to learn and recall complex written matter, to be completed by September 1.

Experiment 3 - N-30 Polygraph response under Hypnosis, to be completed by June 15.

Experiment 4 - N-24 Hypnotically increasing ability to observe and recall a complex arrangement of physical objects.

Experiment 5 - N-100 Relationship of personality to susceptibility to hypnosis.

3. The work for next year (September 1, 1953 to June 1, 1954) will concentrate on:

Experiment 6 - The morse code problem, with the emphasis on relatively loser I.Q. subjects than found on University volunteers.

Experiment 7 - Recall of hypnotically acquired information by very specific signals.

[deleted] will submit detailed research plans on all experiments not yet submitted.

4. A system of reports was decided upon, receivable in June, September and December 1953, and in March and June, 1954. These reports besides giving a summary of progress on

THE BRAINWASHING OF AMERICA

each of the seven experiments, will also include the raw data obtained in each experiment. At the completion of any of the experiments a complete, organized final report will be sent to us.

5. After June 1, [deleted] new address will be:

[deleted]

6. A new journal was observed in [deleted] office:

Journal of Clinical and Experimental Hypnosis

published quarterly by the Society for CF. & E.H.

publisher is Woodrow Press, Inc.

227 E. 45th Street

New York 17, N.Y.

Price is \$6.00

To date two numbers issued, Vol. 1 #1 January 1953, and Vol. 1 #2 April 1953.

7. A Very favorable impression was made on the writer by the group. The experimental design of each experiment is very carefully done, and the standards of detail and instrumentation seems to be very high.

Sidney Gottlieb

Chief Chemical Division, TSS

Original Only.

[Document ends]

Next we have an interview with Dr. George Estabrooks. The Following are excerpts from a 1971 interview. This was more than a year before governmental records concerning MK Ultra were reportedly destroyed.

Hypnosis Comes Of Age

Science Digest, April 1971 George H. Estabrooks, Ph.D., Harvard graduate (1926) and Rhodes Scholar

One of the most fascinating but dangerous applications of hypnosis is its use in military intelligence. This is a field with which I am familiar through formulating guidelines for the techniques used by the United States in two world wars.

Communication in war is always a headache. Codes can be broken. A professional spy may or may not stay bought. Your own man may have unquestionable loyalty, but his judgment is always open to question. The "hypnotic courier," on the other hand, provides a unique solution. I was involved in preparing many subjects for this work during World War II. One successful case involved an Army Service Corps Captain whom we'll call George Smith.

Captain Smith had undergone months of training. He was an excellent subject but did not realize it. I had removed from him, by post-hypnotic suggestion, all recollection of ever having been hypnotized.

First I had the Service Corps call the captain to Washington and tell him they needed a report of the mechanical equipment of Division X headquartered in Tokyo. Smith was ordered to leave by jet next morning, pick up the report and return at once. Consciously, that was all he knew, and it was the story he gave to his wife and friends. Then I put him under deep hypnosis, and gave him - orally - a vital message to be delivered directly on his arrival in Japan to a certain colonel - let's say his name was Brown - of military intelligence. Outside of myself, Colonel Brown was the only person who could hypnotize Captain Smith. This is "locking." I performed it by saying to the hypnotized Captain: "Until further orders from me, only Colonel Brown and I can hypnotize you. We will use a signal phrase 'the moon is clear.' Whenever you hear this phrase from Brown or myself you will pass instantly into deep hypnosis." When Captain Smith

THE BRAINWASHING OF AMERICA

re-awakened, he had no conscious memory of what happened in trance. All that he was aware of was that he must head for Tokyo to pick up a division report.

On arrival there, Smith reported to Brown, who hypnotized him with the signal phrase. Under hypnosis, Smith delivered my message and received one to bring back. Awakened, he was given the division report and returned home by jet. There I hypnotized him once more with the signal phrase, and he spied off Brown's answer that had been dutifully tucked away in his unconscious mind. The system is virtually foolproof. As exemplified by this case, the information was "locked" in Smith's unconscious for retrieval by the only two people who knew the combination. The subject had no conscious memory of what happened, so could not spill the beans. No one else could hypnotize him even if they might know the signal phrase. Not all applications of hypnotism to military intelligence are as tidy as that. Perhaps you have read *The Three Faces of Eve*. The book was based on a case reported in 1905 by Dr. Morton Prince of Massachusetts General Hospital and Harvard. He startled everyone in the field by announcing that he had cured a woman named Beauchamp of a split personality problem. Using post-hypnotic suggestion to submerge an incompatible, childlike facet of the patient, he'd been able to make two other sides of Mrs. Beauchamp compatible, and lump them together in a single cohesive personality. Clinical hypnotists throughout the world jumped on the multiple personality bandwagon as a fascinating frontier.

By the 1920's, not only had they learned to apply post-hypnotic suggestion to deal with this weird problem, but also had learned how to split certain complex individuals into multiple personalities like Jeckyl-Hydes. The potential for military intelligence has been nightmarish. During World War II, I worked this technique with a vulnerable Marine lieutenant I'll call Jones. Under the watchful eye of Marine Intelligence I split his personality into Jones A and Jones B. Jones A, once a "normal" working Marine, became entirely different. He talked communist doctrine and meant it. He was welcomed enthusiastically by communist cells, was deliberately given a dishonorable discharge by the Corps (which was in on the plot) and became a card-carrying party member.

The joker was Jones B, the second personality, formerly apparent in the conscious Marine. Under hypnosis, this Jones had been carefully coached by suggestion. Jones B was the deeper personality, knew all the thoughts of Jones A, was a loyal American, and was "imprinted" to say nothing during conscious phases.

All I had to do was hypnotize the whole man, get in touch with Jones B, the loyal American, and I had a pipeline straight into the Communist camp. It worked beautifully for months with this subject, but the technique backfired. While there was no way for an enemy to expose Jones' dual personality, they suspected it and played the same trick on us later. The use of "waking hypnosis" in counter intelligence during World War II occasionally became so involved that it taxed even my credulity. Among the most complicated ploys used was the practice of sending a perfectly normal, wide awake agent into enemy camp, after he'd been carefully coached in waking hypnosis to 'act' the part of a potential hypnotism subject. Trained in autosuggestion, or self-hypnosis, such a subject can pass every test used to spot a hypnotized person. Using it, he can control the rate of his heartbeat, anesthetize himself to a degree against pain of electric shock or torture.

In the case of an officer we'll call Cox, this carefully prepared counterspy was given a title to indicate he had access to top priority information. He was planted in an international cafe in a border country where it was certain there would be enemy agents. He talked too much, drank a lot, made friends with local girls, and pretended a childish interest in hypnotism. The hope was that he would blunder into a situation where enemy agents would kidnap him and try to

THE BRAINWASHING OF AMERICA

hypnotize him, in order to extract information from him. Cox worked so well that they fell for the trick. He never allowed himself to be hypnotized during seances. While pretending to be a hypnotized subject of the foe, he was gathering and feeding back information.

[End of interview]

More Experimentation

In 1942 Dr. Winfred Overholser of the OSS, the predecessor of the CIA, began research seeking a truth serum using mescaline, a drug derived from the peyote cactus. This proved ineffective as a truth serum and they began experimenting with highly potent concentrated liquid doses of Marijuana. The US government during WWII grew marijuana by the tons. The official story was that it was used for rope, and indeed the stalk was used to make rope, sacks, etc, but the bud and leaf was concentrated to create this tasteless and odorless "truth serum". In some instances this was very effectively used during interrogation of suspected double agents and even among the scientists themselves producing the product. Its produced reactions however proved to be unstable gaining varied results among many of the test subjects so at this point again other means were sought.

1944 saw the first United States efforts to recruit Nazi scientists actively in the nuclear and medical fields.

1950 saw the CIA join forces with the Pentagon and a behavior modification program was initiated called "Operation Bluebird". North Korean prisoners of war were filled with barbiturates, Benzedrine, and hypnotized before interrogation. Another goal of this program was to induce amnesia in the test subjects so that they would not recall the processes of drugging and torture. Electroshock Therapy also became a part of the mix.

1953 saw transformation the OSS into the CIA. By now they had imported many of the Nazi doctors who had headed mind control and brain washing programs along with some records from the death camps which had failed to be destroyed. According to these records the Germans had obtained good results using mescaline so once again the CIA went back to the drawing board. Project Naomi had been a CIA mind control project using LSD 25. It was at this point that Project Naomi was renamed to the now infamous "MK Ultra". MK Ultra was now the umbrella operation involving mind control, behavior modification, and interrogation. Its methods were a blending of psychosurgery, electroshock therapy, various powerful mind altering drugs, and hypnosis, while at the end producing amnesia so that the test subjects were completely unsuspecting.

1967 At McGill University Dr Ewen Cameron performed experimentation for MK Ultra using Electro-shock therapy, LSD, and sensory deprivation.

1974 a Defense Department contractor, J. Scapitz, sought to combine MK Ultra technology with microwave technology to produce mass effects on the world's populace. In 1994, just 20 years later, the Department of Justice began to oversee new work conducted in Alaska for a project called HAARP. HAARP is in fact a huge microwave array. The array was again extensively upgraded in 1998.

In 1988 the United States government finally settled an 8-year lawsuit brought against them by Washington Attorneys Joseph L. Rauh, Jr., and James C. Turner. The suit was settled out of court for the meager sum of \$750,000.00 and was on the behalf of 8 Canadian citizens who were victimized and survived MK Ultra experimentation conducted by Ewen Cameron, who also achieved notoriety as the president of the American AND Canadian Psychological Association. It was settled out of court in the interest of "national security".

THE BRAINWASHING OF AMERICA

ENTER THE BUSHES

G.W. Bush's grandfather, Prescott Bush, and his father in law, George Herbert Walker, initially made their fortune supplying the Nazi War Machine as it rolled its way through in conquest of Europe. Bush money supplied Nazi steel, gas, materials, ammo, and on and on until Prescott was charged with the trading with the enemy act. The Bush family had invested heavily in the politics and policy of the third Reich.

"The Bush family fortune came from the Third Reich."-John Loftus, former US Justice Dept. Nazi War Crimes investigator and President of the Florida Holocaust Museum quoted in the Sarasota Herald-Tribune 11/11/2000

The Bush Family is tied in financially with the Carlyle group, a Bin Laden front company which has enriched its investors through buying out defense contractors. Its average annual yield for investors has been 34%, and, specializing in weaponry and defense apparatus, they are enriched financially by every major military action.

When George H.W. Bush became CIA director in 1975, according to his official bio, he was the very first CIA outsider to ever be appointed director. Indeed this was a very critical time for the CIA and a very critical time for the NWO as its plans for mass mind control were about to be put to practical use, and papers were being leaked out concerning the existence of MK Ultra. Not to mention that several of the doctors involved in it had already spoken publicly concerning these diabolical deeds. This certainly was not a time for a novice, so is this part of his official bio truthful? Not according to a memo from J Edgar Hoover who referred to a, "Mr. George Bush of the CIA" who was an agent involved with Cuban exiles who later became involved in the now infamous Bay of Pigs fiasco. George Bush has publicly denied being this man. He does recall being in Texas at the time, but denies further recollection. So in all likelihood, the CIA was not at all in the hands of a novice, but possibly one of the greatest agents to have ever served it.

Since Bush was the CIA's man over the Cuban exiles that were pulled together in the failed Bay of Pigs debacle, this put him, in direct opposition to JFK and his plans for tearing down the CIA. Had Kennedy suddenly created for himself a very lethal enemy in George H.W. Bush? If so then there is much irony to all this. JFK wrote and implemented State Department Publication #7277, which is a basic 40-year blueprint to the NWO. History since then has proven that we have implemented and followed Kennedy's plan to the ninth degree. If Bush was instrumental in the killing of JFK, then the architect of the NWO was in reality assassinated by the man that sprung it upon the world. On numerous occasions throughout his presidency, George H.W. Bush referred proudly to the New World Order and took credit for ushering it in.

Former President Bush can be linked too with another assassination attempt, and there are some very intriguing details associated with the one we are about to look into.

Ronald Reagan was running for his first term as President of the United States of America, of course on the republican ticket. His #1 republican opponent was George H.W. Bush, and there seemed at the time to be a certain animosity between the two. Reagan had stated publicly that he would never take Bush as his vice-presidential running mate. Of course Reagan was much more electable. He was charismatic and handled the press well. He became known as the great communicator. According to Lt. Col. "Bo" Gritz, after receiving the republican nod for presidential candidate, Reagan was invited to a meeting with the Rockerfellers in New York City where he was told,

"If you do not take my head of the Trilateral Commission" (George Bush was then head of the CFR, which has for decades been working to lead us into the NWO) "as your running mate, the only way you'll see the inside of the White House is as a tourist."

Of course Reagan accepted Bush as his vice-presidential running mate, and it was only about

THE BRAINWASHING OF AMERICA

2 months after his inauguration, on March 30th, 1981, Reagan was shot. When the first shot rang out a secret service agent shoved Reagan into the vehicle, and we saw no wincing pain on his face, but James Brady received a shot to the head and 2 other aids were shot as well. The presidential limousine sped off and an ambulance left the scene several minutes later heading to the same hospital carrying Brady. Somehow the limousine arrived at the hospital 15 minutes after Brady arrived.

According to Kitty Kelly's biography on Nancy Reagan.

"It is safe to say that Nancy Reagan hated Vice President George Bush--the ambitious CIA spy and former CIA director who seized the presidency without an election. This hatred was certainly a motivation as effective as any truth serum. (Former CIA director Richard Helms, one of twenty Reagan/Bush White House officials convicted in the Iran-Contra cocaine-for-guns/NATO-stockpiles-for-cash scandal, testified to Congress the CIA successfully completed over 60,000 assassinations. Mind-controlled assassins (MK-ULTRA torture/psychology program) were just one of the CIA's many underhanded specialties. Reagan and Bush's Costa Rican embassy staff--including the U.S. ambassador--was expelled from that nation for the crime of importing cocaine into the USA. As head of the CIA, Bush was certainly one of America's more ruthless government employees.)"

According to Reagan himself, he never felt any pain at all standing on the sidewalk, but it was only after being shoved in the limousine, out of the line of fire, that he felt the injury. Lt. Col. Bo Gritz, who was the man responsible for breaking the stand off between US Law enforcement and Randy Weaver who was at one time under his command, relates Reagan's own words, as well as a few more very little known facts.

"I knew I had been hurt, but I thought that I'd been hurt by the Secret Service man landing on me in the car. As it was, I must say it was the most paralyzing pain. I've described it as if someone hit you with a hammer. But the sensation, it seemed to me, came after I was in the car and so I thought that maybe his gun or something had broken a rib. I sat up on the seat, and the pain wouldn't go away and suddenly, I found I was coughing up blood."

It is interesting that Lt. Col. Gritz specifies that Reagan was not shot with a bullet but with a thin planchet. This certainly was inconsistent with the weapon specified as being used by Hinkley. Another interesting fact concerns the connection between John Hinkley and psychiatric wards. Remember that psychiatric wards were widely utilized by the Governments to conduct such experimentation. We should also note the present day practices in these wards and their widespread use of mind-bending drugs with these past cruel and deadly experiments are STRIKINGLY familiar. Hinkley had been in and out of these wards several times. Add to this the connection between the Hinkley family and the Bush family, who DID benefit from the attempted assassination, and we have some very seriously sadistic and evil implications.

Hinkley's father was a very wealthy man and a very large contributor to the Bush Campaigns. They were socially interactive with one another. On the day Hinkley supposedly shot Reagan, his brother was to have dinner with Neil Bush, brother to G.W. Bush and son of George H.W. Bush. Alone this is simply suspicious and a possible coincidence, but when connected with the rest of the facts there is more circumstantial evidence than convicts many people in a court of law. At this point can it be said the facts go far beyond the circumstantial?

This incident (Reagan's attempted assassination) in effect gave George H.W. Bush the presidency, and indeed it was after this event that he, Ollie North and others concocted the guns for drugs deals. It was a very likely MK Ultra victim that became the obvious patsy.

In the 1940s, Eli Lilly pharmaceuticals oversaw MK Ultra experiments using mescaline and LSD. George Bush has been a director of Eli Lilly as well as director of the CIA at a time when

THE BRAINWASHING OF AMERICA

much paperwork concerning MK Ultra accidentally surfaced.

Did the MK Ultra legacy pass from father to son? There is an interesting tie concerning G.W. Bush. While Governor of Texas, he oversaw the execution of 130 inmates.

Karla Faye Tucker was an abused wife who had murdered her husband, served several years, gave her life to Christ and had a very effective prison ministry. Christians all over the nation were pleading for her life... even Pat Robertson tried to intervene and asked GW for a stay of execution for her. It did no good, she was executed and GW publicly made fun of her in a television interview. The truth is that GW only handed out 1 stay of execution during his tenure as Texas Governor despite all of the legitimate claims of innocence involving several of those who were executed. The ONLY stay of execution he granted was to Henry Lee Lucas, who was a PROVEN mass murderer, and was linked to well over 300 murders. Lucas claimed that these were hits and that he was part of a ring who murdered, kidnapped, cannibalized and practiced Satanism, and that top politicians were involved. It is very likely that Lucas too was a victim of MK Ultra technology. Lucas claims the Central Intelligence Agency was involved. The truth is when one compares the facts of MK Ultra as given by the vermin involved, with the life of Henry Lee Lucas we see very chilling similarities in the mode of operation, which is similar too to the experiences of John Hinkley. Lucas was in and out of mental institutions several for years of his life. There were times when he was tied down in bed and drugged for weeks at a time to the point that he has no memory of the events that transpired during his stay. These were the very techniques used, along with hypnosis, in order to create assassins, as was stated by the very doctors who conducted the "programs".

Who these "top politicians" were that he worked for (and who also were closet Satan worshippers) he never publicly stated, but G.W. Bush DID give Henry Lee Lucas the ONLY pardon he ever handed out in a sudden uncharacteristic display of his new found compassionate conservatism. It seems though that just as suddenly as he found this compassion, he immediately lost it again after Lucas' execution, as the executions were resumed at a frenzied pace. Also G.W., being a Skull and Bonesman is no novice to satanic activity.

The facts concerning kidnapped victims being taken to Matamoros and Juarez Mexico revealed by Lucas were established in later years when at an abandoned farm located just outside that city, the US government began digging up bodies of men and women who had been tortured and killed. There seems too to have been strange privileges granted to Lucas during his incarceration. According to Jim Boutwell, Sheriff of Williamson County, Texas, "Henry is an unusual prisoner. He's been given a high security cell and a few special amenities..."

Lucas had served 10 years in prison on a prior account of murder, and was released in 1970. He claims that then he was recruited and trained at a paramilitary camp located in the Florida Everglades. Perhaps adding weight to his story, in addition to the facts of MK Ultra and how these same techniques were documented to be used on him, we have this testimony from Lt. Commander Thomas Narut taken from Harry V. Martin and David Caul, "Mind Control", Napa Valley Sentinel, August-November 1991."

"The information was divulged at an Oslo NATO conference of 120 psychologists from the eleven nation alliance ... The Navy provided all the funding necessary, according To Narut. Dr. Narut, in a question and answer session with reporters from many nations, revealed how the Navy was secretly programming large numbers of assassins. He said that the men he had worked with for the Navy were being prepared for commando-type operations, as well as covert operations in U.S. embassies worldwide. He described the men who went through his program as 'hit men and assassins' who could kill on command. Careful screening of the subjects was accomplished by Navy psychologists through the military records ... and many were convicted

THE BRAINWASHING OF AMERICA

murderers serving military prison sentences."

[End of Article]

Another interesting fact that seems to verify the information given by Lucas concerning kidnapping, murder and mind control experimentation being conducted in Matamoros and Juarez Mexico, involves Rafael Resendez-Ramirez. He had stalked the railway systems in America's west in the 1980's murdering viscosly and randomly as he terrorized all those whom lived near a railroad in California. He fit perfectly the scenario given by Lucas. Ramirez was openly a Satan worshipper, and a very cold-blooded murderer. He was amazingly born in Matamoros Mexico and crossed the border into the U.S. from Juarez Mexico, the 2 very cities Lucas claimed dark elements of our Government performed these despicable deeds. According to Ramirez' mother, "strangers" at a farm outside Matemorus raised him. By taking the facts of the Lucas story and comparing it with the facts of the Ramirez story, it seems we have much more than coincidence. Certainly according to today's standards, enough evidence to indite our government for cruel and unusual punishment and conspiracy to murder among several other charges.

This brings us from Operation Paperclip in the 1940s to MK Ultra type manipulation no matter the project name, through the 1980s and into the 90's. It also shows the high level involvement of the US intelligence agencies including inditing such men as G.H.W. Bush and likely as well his son G.W..

THE BRAINWASHING OF AMERICA

PART SEVEN

Bringing It Up To Date With MASS Mind Control

Thus far we have examined a condensed history of individual mind control projects conducted by the U.S. government. Now we should ask the question, "What about MASS mind control?"

Let me submit that individual mind manipulation has served dark elements of our government well, and has only served to create confusion and anxiety in our society throughout recent decades. This in turn has caused the U.S. population to cry out for more and more called for more government intervention, which seems to be the effect worked and hoped for by those who would lead us into the New World Order. Add to this SDP #7277 authored by President Kennedy in 1959 when he was then a Senator, and it is apparent that bringing in the New World Order is not at all a foreign agenda, but an American government agenda. We should also see that the CFR, the TLC, the League of Nations, the UN and such are ALL American government creations. In order to bring in these nefariously well-laid plans to fruition however it would seem that more is necessary. Something must be done beyond the individual level, and even beyond the national level. Some of the objectives may be.

A. People of the world and in each individual nation should be segregated into smaller groups that can be easily manipulated by various means of psychological techniques. For instance separating black from white, rich from poor, protestant from catholic, democrat from republican, etc.

B. These smaller groups much be further divided to create even more division, which will allow for distraction of the masses as a whole and to keep them from banding together in order to stand against New World Order agenda.

C. Finding a way to stress out the masses in order to keep them distracted from real events in their pursuit to simply survive.

D. Finding a way to further lull the masses into a state preventing them from thinking on their own and actually examining situations around them and in the world.

These are just a few main points of problems that have had to be addressed and overcome, though this is simply a minuscule example. It is the writer's hope however to show the reader that these problems have not only been addressed, but that they have already been tackled and the "world community", especially citizens of the United States, are in actuality now nothing more than a sleeping brainwashed society.

THE BRAINWASHING OF AMERICA

Enter HAARP

HAARP is an acronym for "HIGH FREQUENCY ACTIVE AURORAL RESEARCH PROGRAM". According to the government's official web site concerning HAARP, it is a research station located on 30+ acres of land owned by the U.S. Department of Defense. We are also strangely informed by the same official site, "Technical expertise and procurement services as required for the management, administration and evaluation of the program are being provided cooperatively by the Air Force (Air Force Research Laboratory) and Navy (Office of Naval Research and Naval Research Laboratory). Since HAARP consists of many individual items of scientific equipment, both large and small, there is a considerable list of commercial, academic and government organizations."

One might ask, "What is a research facility intended to simply study our atmosphere doing on DoD property?" The answer may well lie in revealing what HAARP's actual functions. HAARP consists of a phased array of 180 towers placed 80' apart in a 1000' by 1200' grid. 2 antennas that transmit ELF and VLF waves, ranging from 2.8 to 7 MHz (VLF) and from 7 to 10 MHz, (ELF) into the atmosphere top each tower. The array is powered from 30 shelters, each responsible for powering 6 towers. Each shelter contains 6 pairs of 10 kW Transmitters, allowing for a 3600 kW transmission from the array. The signal can be focused strongly to a single area or dispersed over a wide range. There are several such sites placed around the world elf wave transmitting sites worldwide.

Most who are familiar with HAARP however, are usually only familiar with the one Alaskan facility, thinking it to be the sole such facility. Nearly no one is today aware of the many other sites such as the ones located in Puerto Rico, South Africa, and the several in the former Soviet Union. It is an interesting side-note that the project was conceived and experimented with beginning in the 1950's according to our own government. Not coincidentally this is the time frame that MK Ultra was operating *carte blanche* and in full swing. What is the significance of this (HAARP) in respect to mass mind control? The answer lies in the effect of ELF waves on both the human brain and the human body.

To understand the effect of elf waves on the human brain, we need to understand first a little bit concerning the differing patterns and wavelengths, which we as humans normally function in.

DELTA brainwaves are in the 0.5 to 4 cycles per second range, and are generated from the forward part of the brain. This pattern is normally associated with very deep sleep and some eastern mystics achieve this state while awake but in a very deep meditation.

THETA brainwaves are in the range of 4 to 7 cycles per second. This pattern is associated with light sleep and deep rest. Creativity and inspired thought often accompany this state. How often have you almost been asleep and an idea or solution suddenly hit?

ALPHA brainwaves are almost non existent in children under 10 years of age. This wave pattern is generating at 7 to 12 cycles per second. This is a very interesting pattern. It is a pattern, which prevents concentration. It is highly susceptible to suggestibility. In other words a person operating in this pattern is easily led, even against their will. It can be pleasant and even euphoric. For some reason these days most men and women are operating throughout their waking hours in the alpha wave state.

BETA brainwaves run a wide range from 13 to 27 cycles per second. These waves should seemingly be the optimum pattern for humans to walk and work in during their waking hours. These patterns allow us to analyze things and situations and more readily allow the human brain to focus on external stimulation. It is associated with alert mental activity.

GAMMA brainwaves are sometimes called hyper-beta waves and operate above 27 cycles

THE BRAINWASHING OF AMERICA

per second. These can be associated with hyperactivity or quick sudden bursts of physical activity.

Bearing these in mind, it is important to know that both the brain and the body become effected by outside ELF stimuli. Differing frequencies have differing effects as well from a feeling of euphoria, to extreme dizziness and sickness and confusion, to the accelerated growth of cancerous cells, sometimes as much as 6X or more. One of the more interesting effects is the fact that frequencies between 8 and 12 Hz can actually "entrain" the human brainwave.

What is meant by the "entraining" of one's brain? If one's brain is operating at 15 cycles per second, we saw that they are operating in the "Beta" brainwave pattern. This also as we saw it the optimum pattern for analysis and thinking and examining outside stimuli. If this normally operating brain is then exposed to elf waves in the frequency of 8 to 12 cycles per second, as a chameleon changes its color, so too does the brainwave change from Beta patterns to an Alpha pattern, exactly matching the pattern of the outside source. This change takes place in some brains immediately upon outside contact.

What is the significance of these findings?

The brain should normally work in the Beta pattern through normal working hours. However an outside source emitting ELF waves can throw it into an Alpha pattern which is a pattern which disallows concentration and focus and deep examination, throwing the subject into a state that is very easy to lead by suggestion. In other words a person in this state is easily brainwashed. They cannot focus on the realities of the things that are going on about them and scrutinize them. One living in this state lives a shallow life of eat drink and be merry, are easily entertained and distracted. Some sit in front of the television soaking up any and all propaganda they are fed. The live a mentally shallow life and do not even realize it because it becomes a norm.

The HAARP transmitters, as well as similar transmitters worldwide transmit varying frequencies. The frequencies most used are within the range that would effect the brain throwing it from the Beta state to the Alpha. To see the effect all we need do is to look at the easily influenced zombified society we live in. Another interesting side-note. Many of the readers will remember the old commercial about marijuana, where we see EEG results being displayed. We see high consistent spikes and hear the words, "This is your brain".

Next we see the spikes level off until all we see is nearly a straight line as we hear the ominous words, "This is your brain on Marijuana". What is NOT being explained is the TRUE effects of marijuana on the human brainwave patterns. What we see being displayed in that commercial are ALPHA waves. ***According to ALL reputable studies from the likes of Cornell University and many many more, marijuana does lower the Alpha pattern BUT it throws the brain back into BETA where it performs its BEST thinking and in-depth examination. It allows for deeper scrutiny.***

(Which is exactly why the government has declared it to illegal).

It has also been shown to improve the malignant effects of lower frequency ELF wave on the human body such as in the fact it is a cancer retardant.

Many questions are raised by these facts. Why has the US and Russia built these transmitters worldwide? Knowing these are great men of science are we to believe that they are unaware of the brainwashing effects of the ELF waves they are producing? .Or is this pattern effecting our minds to the point we will not even ask the question or look into it further or simply not care? Marijuana has been proven not to work as we saw earlier in brainwashing techniques. It was tried and dropped by Sidney Gottlieb and others. It is proven by university research to be

THE BRAINWASHING OF AMERICA

beneficial to the body and to move the brain from an Alpha brainwave patter to its proper Beta brainwave pattern. Is this the reason what has been labeled by leading university research, as being the safest and most beneficial drug on earth has been deemed illegal?

Conclusion

By putting these facts and questions in their proper place alongside the facts of the MK Ultra program we can see that US intelligence has sought for over half a century to learn how to manipulate and brainwash and use mankind. This has been accomplished stunningly on both the individual level and on the masses of mankind as a whole, worldwide.

The effects of all this has been astounding. Violent hit men have been created to terrorize this nation and indeed the world through drugs and modern psychological efforts. These same men have been released time and again back into the streets because the powers that be have flooded our prison system with lesser and non-violent offenders and therefore created an excuse for early releases. Mass murderers such as Henry Lee Lucas, who has PROVEN links to MK Ultra experimentation and high level politicians, have been frankly pardoned. Add to this that society is programmed to live in the Alpha brainwave pattern and not the Beta by use of HAARP transmitters worldwide. They cannot think to deeply examine, and are open to suggestion, so when we see the violence in the streets, and staged events such as the 9-11 tragedy, instead of looking at the glaring facts they receive the suggestion of the media's brainwashing and call out for more government control.

They allow acts such as the Homeland Security acts and the Patriot acts to pass, stripping us of all our civil rights in the name of security from the things created by their very own government. What is the motivation of our high level politicians who ARE in the know? State Department Publication #7277, authored by Senator JFK in 1959 and enacted as US policy under his presidency in 1961 prove that the official US agenda is worldwide domination through use of building up the United Nations. This is allowing for the steam-rolling agenda for the bringing in of the New World Order to proceed unchallenged, all the while brainwashing and manipulating the people into calling for it in the name of peace and security.

Indeed as was prophesied, we have perpetrated upon the world, a great delusion causing the world's populations to receive and believe lies.

THE BRAINWASHING OF AMERICA

PART EIGHT

Legalized Child Abuse

by Butler Shaffer

"If you could push a magic button that would get rid of just one political program, which one would it be?" I am occasionally asked this question. I am not attracted to the idea of pushing buttons – magic or otherwise – as a way of resolving the messes we have generated through politics. It is for this reason that I long ago abandoned any interest in "reforming" the political system through political action of any kind. Still, if I were to awake one morning to be told that one political institution had forever vanished into a "black hole," learning that it was the governmental school system would give me more satisfaction than the loss of any other program.

The wars, riots, inter-group conflicts, and other political and social upheavals that have become commonplace, are the products of our individual thinking. Most of us are so enmeshed in mass-mindedness that it is difficult to imagine an alternative to politicized conflicts and disorder that is not premised on some collective process of change. A focused reflection should convince you that the state's very existence depends upon men and women who are convinced that [a] the world is too complex for themselves to have any effective control over their lives, [b] only collectivized efforts can be effective in overcoming such individual limitations, and [c] such collective responses to a complex world demands the exercise of centralized authority by wise and knowledgeable persons.

The government school system has been the principal instrument for conditioning our minds along such collectivist premises. From their earliest years, students are taught the importance of centralized authority, be it in the form of the state-certified duce at the front of the classroom; or the state, through the ever-present American flag to whom each is expected to daily recite his or her allegiance. Students come to accept that others will select what is of interest to learn, when and how they will learn, and will judge the value of what they learn.

In the process, students are slowly conditioned in the importance of obedience to authority, and without daring to question the sufficiency of their claim to such authority. Students learn to sit in rows, to march in straight lines, to speak only when permitted to do so and, above all else, to remain compliant with the teacher's expectations. Various punishments are meted out to those who fail to meet these demands and, for the student who persists in pursuing his or her own agenda, the ultimate stigma is attached to their very person: they are labeled "hyperac-

THE BRAINWASHING OF AMERICA

tive," or suffering from "attention deficit disorder," and drugged into quietude with Ritalin, Prozac, anti-anxiety drugs or other medications.

Just a few days ago, I was driving by one of our neighborhood government schools. Two young boys were standing inside a fenced-in schoolyard, looking into the street at their basketball that had gone over the fence and into the street in front of me. They waved at me and asked if I could throw the ball back into the schoolyard, which I did. I then noticed that they had been unable to retrieve the ball themselves because the gate on this fence had been padlocked. These boys didn't appear to be criminal types at all, and yet the school was treating them as such, locking them up in what is little more than a state penitentiary for children.

At a time when so much concern is expressed about the evils of child abuse, it is remarkable that so few people have directed their attentions to the government school system as constituting the very essence of child abuse! Children have a proclivity for learning; they eagerly seek to understand the world about them; and they pursue it with the same inner spirit and excitement they bring to all their activities. By their nature, children – meaning you and I – are naturally disposed to be self-directed, self-motivated learners, so that we may live as independent but cooperative individuals.

It has been the purpose of government schools to change all that; to bring children into that condition of intellectual submission that will make it easier for them to be controlled by the state. In the words of Ivan Illich, "[s]chool is the advertising agency which makes you believe that you need the society as it is." It is little wonder that so many students regard school as either an undesired cost or a form of punishment.

Lest you dismiss all of this as hyperbole, consider the words of the Los Angeles County government, in declaring that children must be taught "that we are all part of one big social system," and "must learn how to participate effectively in the system." Or, pay attention to what is implicit in the explicit words of another school district, stating that "all pupils shall . . . submit to the authority of the teachers of the schools"; that "every pupil shall . . . conform to the regulations of the school; obey promptly all the directions of his teacher and others in authority." Those who have "wilfully defied the valid authority of supervisors, teachers, or administrators" are subject to suspension, while "pupils who are continually disobedient may be referred to the juvenile court." All of this was necessary, the district went on, to further the schools' "responsibility of seeking to correct the pupils' maladjustments and/or re-channeling pre-delinquent tendencies."

Do you see the vicious nature of the game being played, by the state, against those least able to resist, i.e., small children? Is it any wonder that children who were bullied into subservience by a system premised upon one rule – obedience to state authority – might years later find it justifiable to join the Army in order to bully the residents of another nation into submission to the authority of their state?

You may respond that my criticism goes too far; that there are good government school systems and good teachers. I will admit that some systems are undoubtedly better than others, but all government school systems are united on the premise of subjugating the wills of children in service to state authority. If you deny this, please let me know of any government school system to the contrary.

As for teachers, I have, indeed, met many wonderful, creative, and inspiring individuals who have taught in the government schools, but many have admitted that much of what they were able to do required them to ignore school directives, or to deviate from the collectivist party line, or to use their own resources to provide learning opportunities the schools would not support. It has also been my experience, however, that such teachers are in a distinct minority,

THE BRAINWASHING OF AMERICA

many of whom get ground down by the system and eventually change careers. Like their con-script clientele, many decent teachers are caught up in a corrupt system over which they have little influence.

Fortunately, there has been a decided shift of interest away from government schools. Parents who have been able to transcend their own experiences with such schools, and who love their children more than they do the interests of the state, have been turning to private schooling and/or homeschooling by the tens of thousands.

The statisticians have greeted such changes with alarm. The initial response has been to identify "private schooling" as "elitist," something available only to the rich. But as more and more lower-income people have resorted to private schools – after all, poor people love their children, too – this Marxist-tinged argument began to collapse. In an effort to capitalize on bigotry, statisticians next tried to equate private schools and homeschooling with "religious fundamentalism." But apart from the question of whether having religious beliefs automatically disqualifies one from being able to direct the education of his or her own children, this argument by the statisticians ignores the "fundamentalist" nature of the state's position. As an agnostic, I am not that familiar with the day-to-day work at churches, but I doubt that many are more insistent in inculcating their catechisms than the state is in insisting upon its own (otherwise known as "political correctness"). If you would like to see evidence of the current crop of secular Elmer Ganttrys that are loose in the government school system, you might want to read Diane Ravitch's recent book, *The Language Police: How Pressure Groups Restrict What Students Learn*.

In one ongoing effort, the State of Massachusetts has focused its powers on a homeschooling family, insisting that the parents submit their educational plans, and subject their children to a system of standardized state testing to make certain that children are learning what the state wants them to learn. Policemen and social workers were sent to the home of this family to demand such testing, and the parents were even threatened with having their children taken from them if they did not obey. The parents have steadfastly resisted, declaring (gasp!) that it is not the business of the state to approve or disapprove of how they choose to educate their children.

If the statisticians were truly concerned with the learning quality of homeschooling – which they are not – they need look no further than some reported ACT test scores and other studies that showed homeschooled children generally performing at higher levels than government-schooled children. The statisticians might also be reminded that homeschooled children have been winners and runners-up in national "spelling bees" and "geography bees."

I recently watched the finals of the national spelling bee on television, won by a homeschooled, twelve-year-old boy whose learning obviously went far beyond his ability to spell correctly. He spoke with clarity and self-assurance and, when asked what he planned to do with his prize money, responded: "I'll probably buy some books, and put the rest away for college." Here was a young man who seemed to exude the sense of independence and self-discipline that it has been the purpose of government schools to suppress.

Shortly after watching this program, I went to the grocery store, where I saw a woman with a couple of annoying children. They didn't look like the sort of kids who could correctly spell "noumenon" or "aphelion," or would have any interest in trying to do so. The mother wore a T-shirt upon which were emblazoned, in about six inch high letters, the words "Up Yours!" I have no way of knowing, with certainty, where she or her children had been educated, but if I had to bet my life on it, I would venture that they were all products of the government school system!

THE BRAINWASHING OF AMERICA

PART NINE

How are people CONTROLLED ?

Charley Reese tells you just how

The difference between true education and vocational training has been cleverly blurred. Here are a few tips on how smart people can control other people. If any of this rings a bell - Well, then wake up!

The first principle of people control is not to let them know you are controlling them. If people knew, this knowledge will breed resentment and possibly rebellion, which would then require brute force and terror, and old fashioned, expensive and not 100 % certain method of control.

It is easier than you think to control people indirectly, to manipulate them into thinking what you want them to think and doing what you want them to do.

One basic technique is to keep them ignorant.

Educated people are not as easy to manipulate. Abolishing public education or restricting access to education would be the direct approach. That would spill the beans. The indirect approach is to control the education they receive.

It's possible to be a Ph.D., doctor, lawyer, businessman, journalist, or an accountant, just to name a few examples, and at the same time be an uneducated person. The difference between true education and vocational training has been cleverly blurred in our time so that we have people successfully practicing their vocations while at the same time being totally ignorant of the larger issues of the world in which they live.

The most obvious symptom is their absence of original thought. Ask them a question and they will end up reciting what someone else thinks or thought the answer was. What do *they* think? Well, they never thought about it. Their education consisted of learning how to use the library and cite sources.

That greatly simplifies things for the controller because with lots of money, university endowments, foundations, grants, and ownership of media, it is relatively easy to control who they will think of as authorities to cite in lieu of doing their own thinking.

Another technique is to keep them entertained. Roman emperors did not stage circuses and gladiator contests because they didn't have television. We have television because we don't have circuses and gladiator events. Either way, the purpose is to keep the people's minds focused on entertainment, sports, and peripheral political issues. This way you won't have to

THE BRAINWASHING OF AMERICA

worry that they will ever figure out the real issues that allow you to control them.

Just as a truly educated person is difficult to control, so too is an economically independent person. Therefore, you want to create conditions that will produce people who work for wages, since wage earners have little control over their economic destiny. You'll also want to control the monetary, credit, and banking systems. This will allow you to inflate the currency and make it next to impossible for wage earners to accumulate capital. You can also cause periodic deflation to collapse the family businesses, family farms, and entrepreneurs, including independent community banks.

To keep trade unions under control, you just promote a scheme that allows you to shift production jobs out of the country and bring back the products as imports (it is called free trade). This way you will end up with no unions or docile unions.

Another technique is to buy both political parties so that after a while people will feel that no matter whether they vote for Candidate A or Candidate B, they will get the same policies. This will create great apathy and a belief that the political process is useless for effecting real change.

Pretty soon you will have a population that feels completely helpless, and thinks the bad things happening to them are nobody in particular's fault, just a result of global forces or evolution or some other disembodied abstract concept. If necessary, you can offer scapegoats.

Then you can bleed them dry without having to worry overly much that one of them will sneak into your house one night and cut your throat. If you do it right, they won't even know whose throat they are cutting.

Charley Reese

osoreese@aol.com